

SUMMARY The outlook for February is for above normal to notably high river flows across eastern Scotland and southern England. Elsewhere, river flows and groundwater levels in the normal range are most likely. Above normal flows and groundwater levels in eastern Scotland and southern England are likely to persist through the February-April period. For the rest of the UK, normal flows are likely to predominate over the next three months, with normal to above normal groundwater levels.

Rainfall:

January's rainfall was above average for the UK (117%), but with strong regional contrasts. Eastern Scotland, Northern Ireland and parts of central and southern England recorded over 170% of their average January rainfall. Much of this rainfall occurred towards the end of the month from storms 'Ingrid' and 'Chandra'. In contrast, northwestern areas received below normal rainfall, with northern Scotland receiving less than two-thirds of average. The forecast (issued by the Met Office on 26.01.26) indicates the chance of widespread wet conditions in February is slightly less likely than normal, but wetter conditions over southern UK are possible. Over the next three months, the forecast indicates rainfall in the normal range is likely with chances of a wet and windy February-April close to normal.

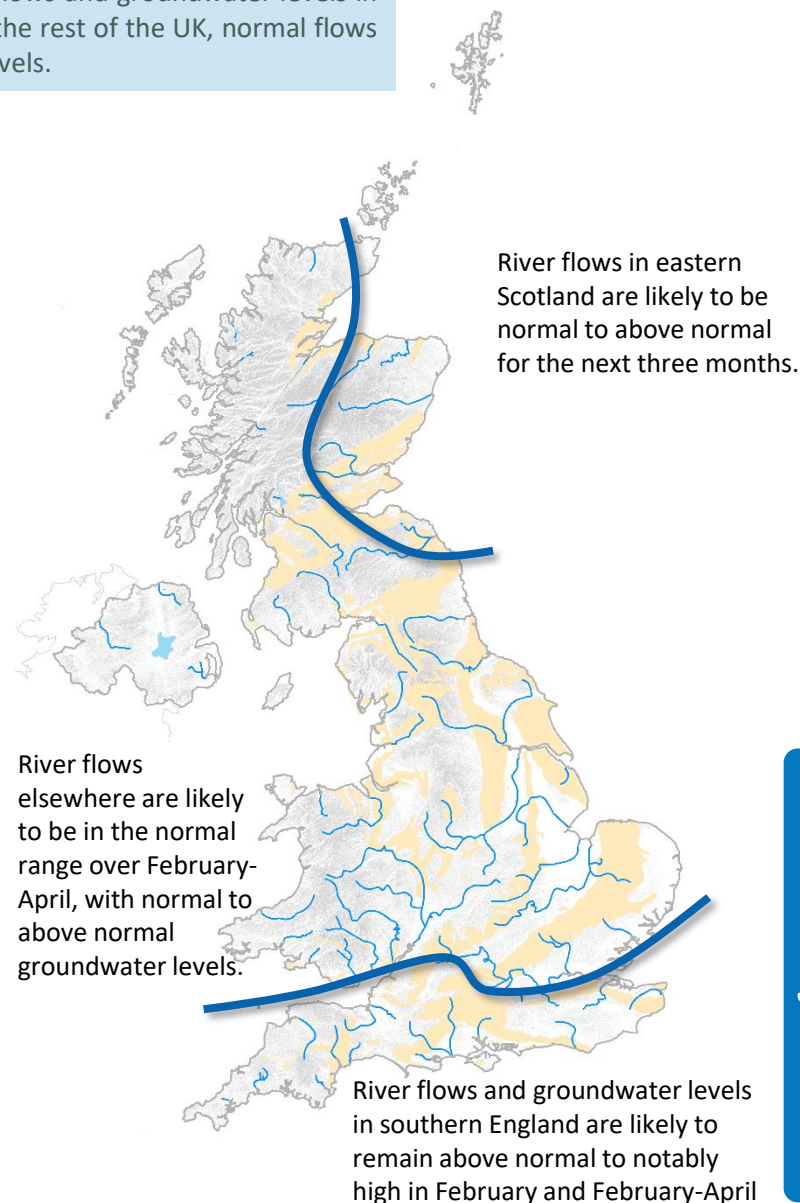
River flows:

January river flows were normal to below normal in northwestern areas but widely above normal elsewhere, with notably to exceptionally high flows in eastern Scotland, Northern Ireland and parts of southern England. River flows in groundwater-dominated areas of East Anglia remain in the normal range. Following a wet start to February for eastern Scotland and parts of southern England, the outlook is for above normal to notably high flows in these regions to persist over February. River flows elsewhere are likely to be in the normal range, except for western Scotland where normal to below normal flows are possible. The outlook for the next three months (February-April) is for normal flows to dominate across the UK, except for eastern Scotland and southern England where above normal flows are likely to persist. With wetter conditions less likely in northern areas, there is also an elevated chance of below normal flows persisting for western Scotland.

Groundwater:

Groundwater levels were mostly normal to above normal at the end of January. Notably to exceptionally high levels were registered in Northern Ireland and southern England whilst normal to below normal levels were seen in eastern Scotland and the chalk of East Anglia. The February outlook is for levels in southern England to remain notably to exceptionally high. Across the rest of the UK, levels are likely to be in the normal range, with continued below normal levels in parts of East Anglia. Over the next three months, groundwater levels are likely to stay above normal to notably high in southern England and normal to above normal elsewhere.

The UK Hydrological Outlook provides an outlook for the water situation for the United Kingdom over the next three months and beyond. For guidance on how to interpret the outlook, a wider range of information, and a full description of underpinning methods, please visit the website: www.hydoutuk.net



Shaded areas show principal aquifers

About the UK Hydrological Outlook:

This document presents an outlook for the UK water situation for the next 1-3 months and beyond, using observational datasets, meteorological forecasts and a suite of hydrological modelling tools. The outlook is produced in a collaboration between the UK Centre for Ecology & Hydrology (UKCEH), British Geological Survey (BGS), the Met Office, the Environment Agency (EA), Natural Resources Wales (NRW), the Scottish Environment Protection Agency (SEPA), and for Northern Ireland, the Department for Infrastructure – Rivers (DfIR).

Data and Models:

The UK Hydrological Outlook depends on the active cooperation of many data suppliers. This cooperation is gratefully acknowledged. Historic river flow and groundwater data are sourced from the [UK National River Flow Archive](#) and the [National Groundwater Level Archive](#). Contemporary data are provided by the EA, SEPA, NRW and DfIR. These data are used to initialise hydrological models, and to provide outlook information based on statistical analysis of historical analogues.

Climate forecasts are produced by the Met Office. Hydrological modelling is undertaken by UKCEH using the Grid-to-Grid and GR6J hydrological models. Hydrogeological modelling uses the AquilMod model run by BGS. Supporting documentation is available from the Outlooks website: <https://hydoutuk.net/about/methods>

Presentation:

The language used in the summary presented overleaf generally places flows and groundwater levels into just three classes, i.e. below normal, normal, and above normal. However, the underpinning methods use as many as seven classes as defined in the graphic to the right, i.e. the summary uses a simpler classification than some of the methods. On those occasions when it is appropriate to provide greater discrimination at the extremes the terminology and definitions of the seven class scheme will be adopted.

Percentile range of historic values for relevant month	
Exceptionally high flow	> 95
Notably high flow	87-95
Above normal	72-87
Normal range	28-72
Below normal	13-28
Notably low flow	5-13
Exceptionally low flow	< 5

Disclaimer and liability:

The UK Hydrological Outlook partnership aims to ensure that all Content provided is accurate and consistent with its current scientific understanding. However, the science which underlies hydrological and hydrogeological forecasts and climate projections is constantly evolving. Therefore any element of the Content which involves a forecast or a prediction should not be relied upon as though it were a statement of fact. To the fullest extent permitted by applicable law, the UK Hydrological Outlook Partnership excludes all warranties or representations (express or implied) in respect of the Content.

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The UK Hydrological Outlook is supported by the Natural Environment Research Council funded NC-UK (NE/Y006208/1) and [Hydro-JULES](#) (NE/S017380/1) Programmes.

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Further information:

For more detailed information about the UK Hydrological Outlook, and the derivation of the maps, plots and interpretation provided in this outlook, please visit the UK Hydrological Outlook website. The website features a host of other background information, including a wider range of sources of information which are used in the preparation of this Outlook. Dynamic access to many of the outputs of the UK Hydrological Portal are available on the [UK Hydrological Outlooks Portal](#).

Contact:

UK Hydrological Outlooks, UK Centre for Ecology & Hydrology, Wallingford, Oxfordshire, OX10 8BB
t: 01491 838800 e: <https://hydoutuk.net/contact>

Reference for the UK Hydrological Outlook:

UK Hydrological Outlook, 05 February 2026, UK Centre for Ecology & Hydrology, Oxfordshire UK, Online, <https://www.hydoutuk.net/latest-outlook/>

Other Sources of Information:

The UK Hydrological Outlook should be used alongside other sources of up-to-date information on the current water resources status and flood risk.

Environment Agency Water Situation Reports: provides summary of water resources status on a monthly and weekly basis for England: <https://www.gov.uk/government/collections/water-situation-reports-for-england>

Flood warnings are continually updated, and should be consulted for an up-to-date and localised assessment of flood risk:

- Environment Agency: <https://flood-warning-information.service.gov.uk/map>
- Natural Resources Wales: <https://flood-warning.naturalresources.wales/>
- Scottish Environment Protection Agency: <https://www.sepa.org.uk/flooding.aspx>

Hydrological Summary for the UK: provides summary of current water resources status for the UK: <https://nrfa.ceh.ac.uk/monthly-hydrological-summary-uk>

UK Met Office forecasts for the UK: <https://www.metoffice.gov.uk/>

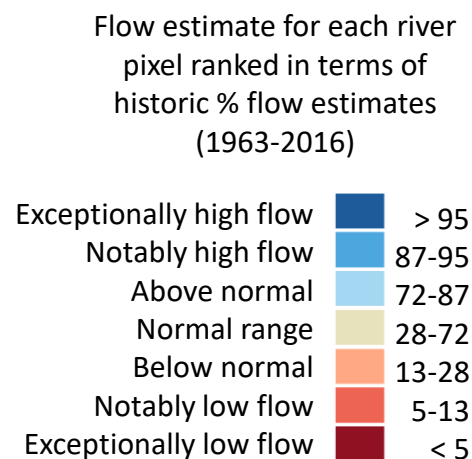
UK Water Resources Portal: monitor the UK hydrological situation in near real-time including rainfall, river flow, groundwater and soil moisture from COSMOS-UK: <https://eip.ceh.ac.uk/hydrology/water-resources/>

Issue date: 03.02.2026

This map shows the simulated monthly mean flow across Great Britain for last month, ranked in terms of 54 years of historical flow estimates (1963 – 2016).

These flows are produced by the 1km resolution Grid-to-Grid (G2G) hydrological model, which is run up to the end of each calendar month using observed rainfall and MORECS potential evaporation as input.

Note that the G2G model provides estimates of natural flows.

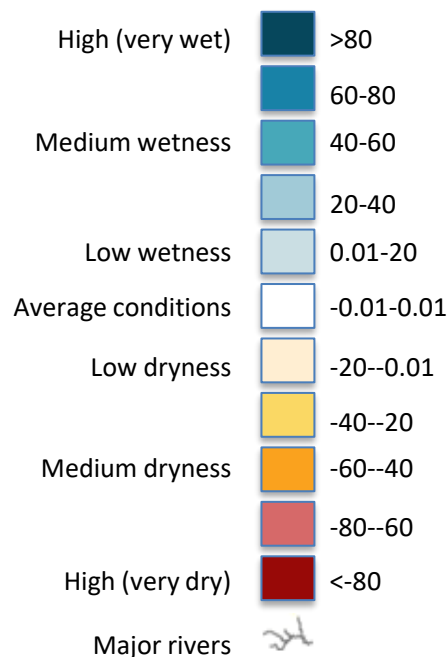


These maps are based on Grid-to-Grid (G2G) hydrological model simulated subsurface water storage (water in the soil and groundwater), expressed as an anomaly from the historical monthly mean. To highlight areas that are particularly wet or dry, the storage anomaly is presented relative to historical extremes. Rainfall in WET areas with high positive relative wetness could result in flooding in the coming days/weeks. Areas of negative relative wetness indicate locations which are particularly DRY, and little or no rain in these areas could potentially lead to (or prolong) a drought. Maps of soil moisture only are available on the next page.

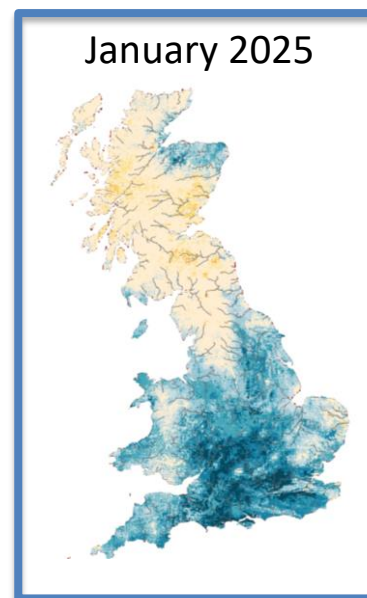
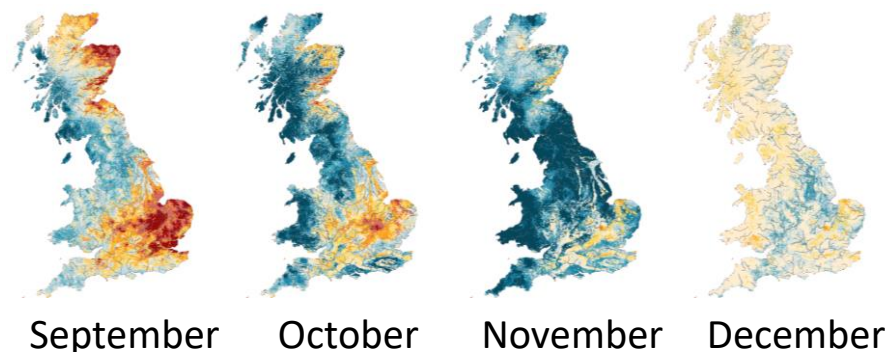
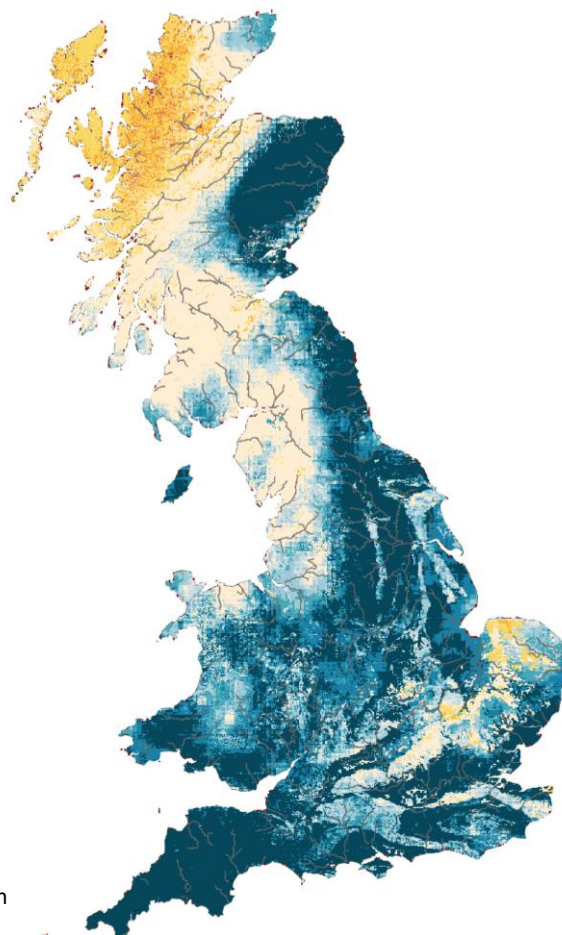
SUMMARY: Subsurface water stores are very high (wet) across much of England and eastern Scotland, but lower than usual in western Scotland and the north west of England.

Relative wetness

Water storage anomaly as a % of maximum (positive wetness) or minimum (negative wetness) storage anomaly (zero indicates average value)



Labels refer to estimated storage on final day of named month



*Example month displaying extreme positive wetness

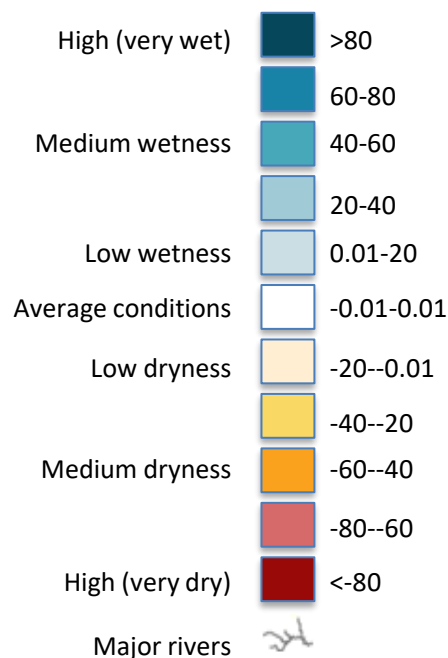
February 2026

These maps are based on Grid-to-Grid (G2G) hydrological model simulated soil moisture, expressed as an anomaly from the historical monthly mean. To highlight areas that are particularly wet or dry, the soil moisture anomaly is presented relative to historical extremes. These maps are not a forecast; rather an indication of current conditions. Soil moisture will often look similar to total storage (shown on the previous slide), since total storage comprises both soil moisture and storage in the saturated zone.

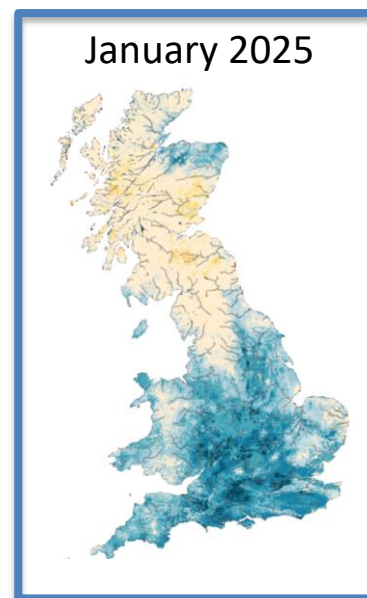
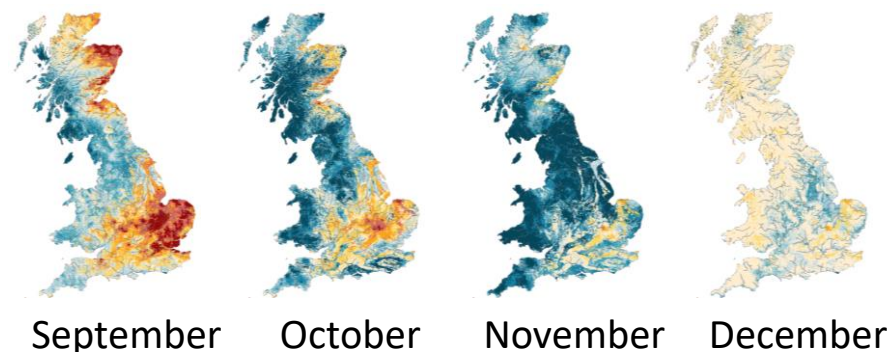
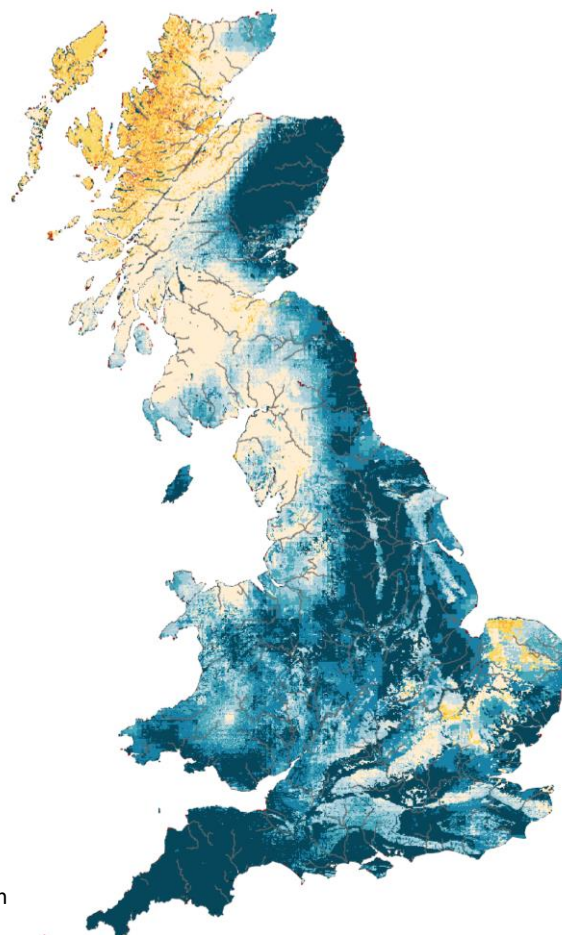
SUMMARY: Soil water stores are very high (wet) across much of England and eastern Scotland, but lower than usual in western Scotland and the north west of England.

Relative wetness

Soil moisture anomaly as a % of maximum (positive wetness) or minimum (negative wetness) storage anomaly (zero indicates average value)



Labels refer to estimated storage on final day of named month



*Example month displaying extreme positive wetness

February 2026

These maps show the Grid-to-Grid (G2G) hydrological model simulated subsurface water storage, expressed as an anomaly from the historical monthly mean (1981-2010), presented on a 1km grid and as regional means. Subsurface storage deficits, i.e. where the subsurface water storage anomaly is less than zero, are highlighted in red/pink.

The subsurface storage deficit (mm) can be interpreted as an estimate of additional rainfall that would be required in future months to overcome dry conditions (i.e. rainfall in addition to what is expected on average). Regional mean values of additional rainfall required are provided in the table below.

Regional estimate of additional rainfall required (mm)

SCOTLAND

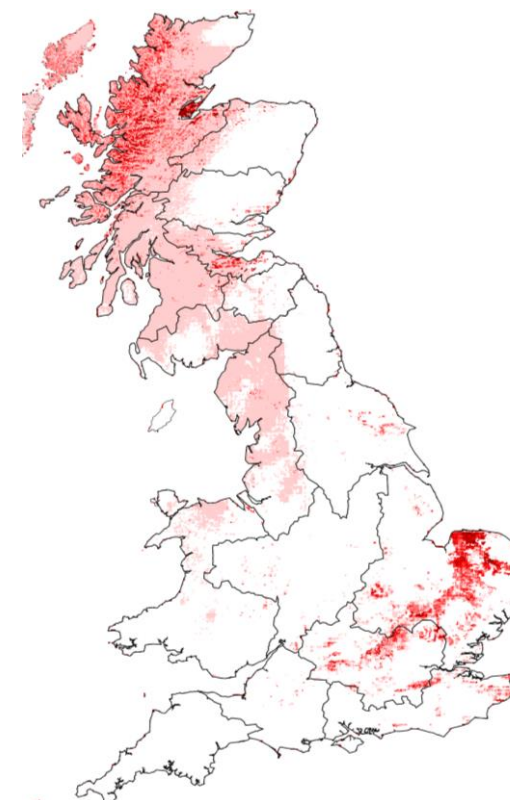
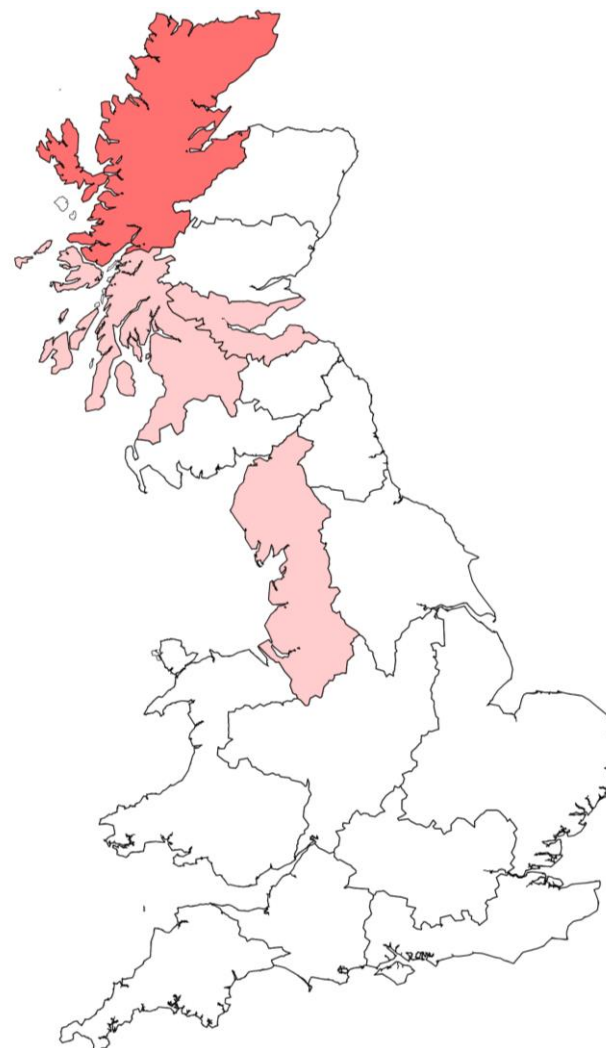
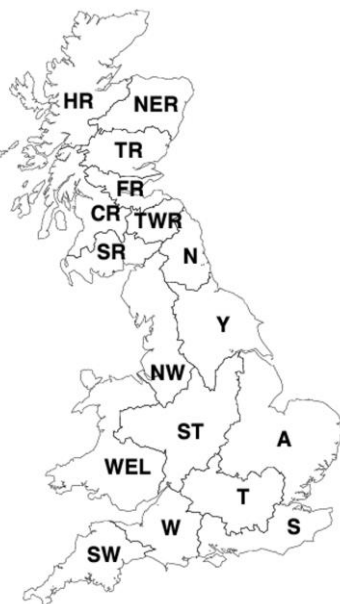
26	HR	Highlands Region
0	NER	North East Region
0	TR	Tay Region
6	FR	Forth Region
9	CR	Clyde Region
0	TWR	Tweed Region
0	SR	Solway Region

ENGLAND

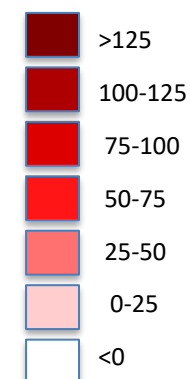
0	N	Northumbria
0	NW	North West
0	Y	Yorkshire
0	ST	Severn Trent
0	A	Anglian
0	T	Thames
0	W	Wessex
0	S	Southern
0	SW	South West

WALES

0	WEL	Welsh
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Water storage deficit (anomaly; mm)

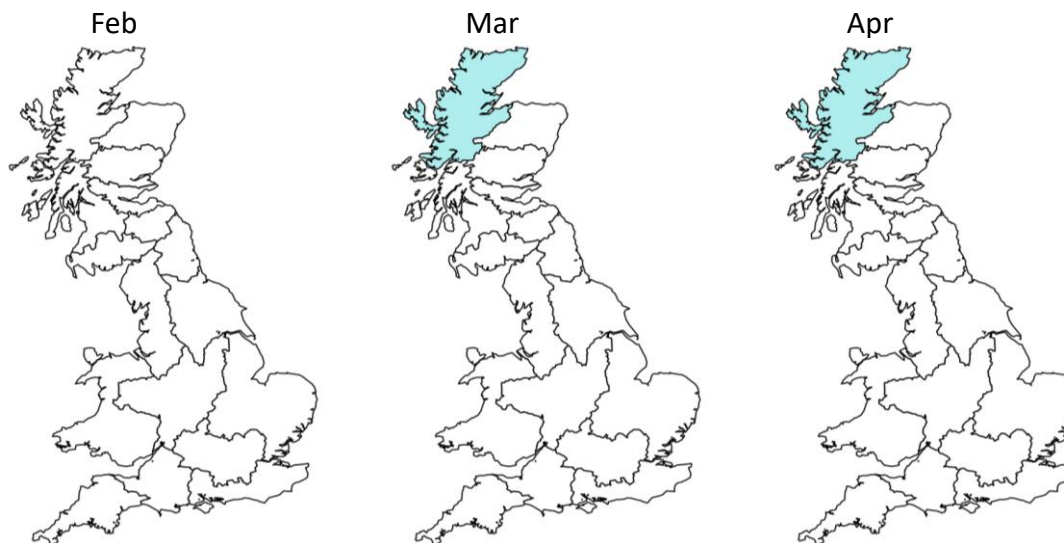


These maps show the return period of the rainfall required to overcome dry conditions simulated using the Grid-to-Grid (G2G) hydrological model. The maps are coloured according to the return period of accumulated rainfall required to overcome the estimated current subsurface water storage deficit over the next one to six months (areas with no storage deficit will always be white). These maps do not provide a drought forecast; instead they indicate whether particularly heavy rainfall would be required to return to normal conditions for the time of year.

SUMMARY:

Subsurface deficits in the Highlands are most likely to return to normal within the next month, but if they do not are unlikely to recover for a few months.

The small deficits present in other regions do not require unusually high rainfall to recover to normal for this time of year.



SCOTLAND

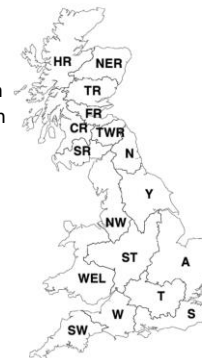
- HR Highlands Region
- NER North East Region
- TR Tay Region
- FR Forth Region
- CR Clyde Region
- TWR Tweed Region
- SR Solway Region

ENGLAND

- N Northumbria
- NW North West
- Y Yorkshire
- ST Severn Trent
- A Anglian
- T Thames
- S Southern
- W Wessex
- SW South West

WALES

- WEL Welsh



Rainfall amount (Probability)

Low (Likely) >20%

<20%

<10%

< 4%

High (Less likely) < 2%

< 1%

Extreme (Unlikely) <0.5%

Return period (years)

<5

5-10

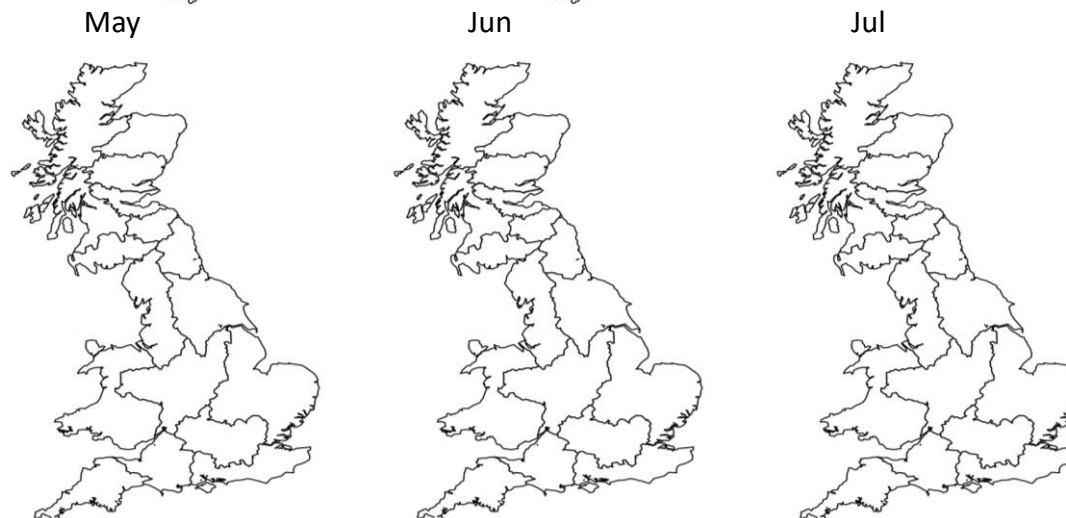
10-25

25-50

50-100

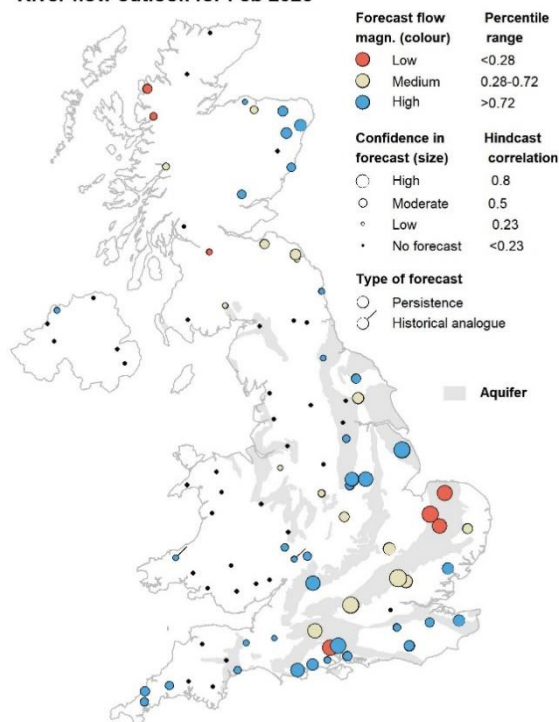
100-200

>200



SUMMARY: The outlook for February and for the February – April period indicates a mixed picture across the UK. Above normal flows are anticipated across parts of central, southern and western England, while some catchments in western Scotland and eastern England show below normal flows. Many other areas are expected to remain within the normal range for the time of year. Forecast availability is limited across parts of western Britain.

River flow outlook for Feb 2026



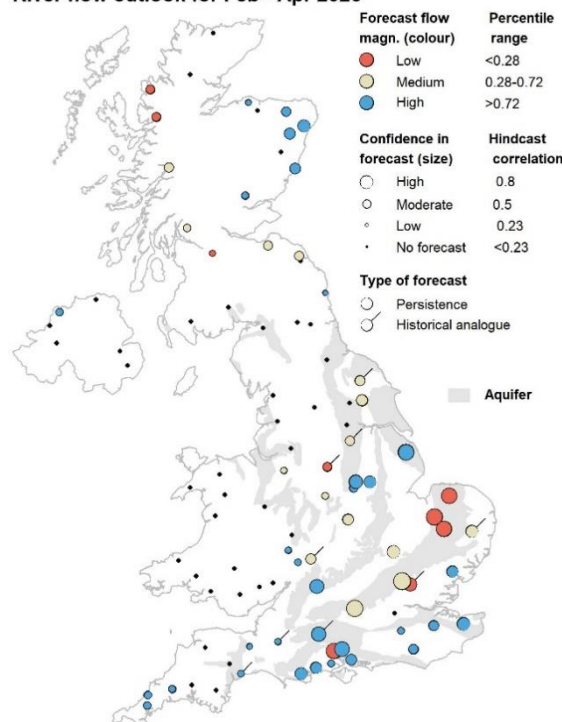
1-month flow outlook

Outlooks from hydrological analogues are based on a comparison of river flow during recent months with flows during the same months in previous years at a set of approximately 90 sites from across the UK. These sites are depicted on the two maps. Years with observed flows that most closely resemble current conditions are identified as the best analogues and the outlook is based on extrapolating from current conditions based on these analogues.

It is, however, often the case that a simpler forecast based on the persistence of river flow provides a better forecast than provided by analogy. This is particularly true for slowly responding catchments associated with aquifer outcrops.

Both methods are considered at each site and the forecast from the method with the higher confidence is presented. A simple classification of flows is used (high, medium and low) as indicated by the colours of the dots, with the confidence

River flow outlook for Feb - Apr 2026



3-month flow outlook

of the forecast being represented by the size of the dot. A tag on the dot indicates which method has been used in each instance.

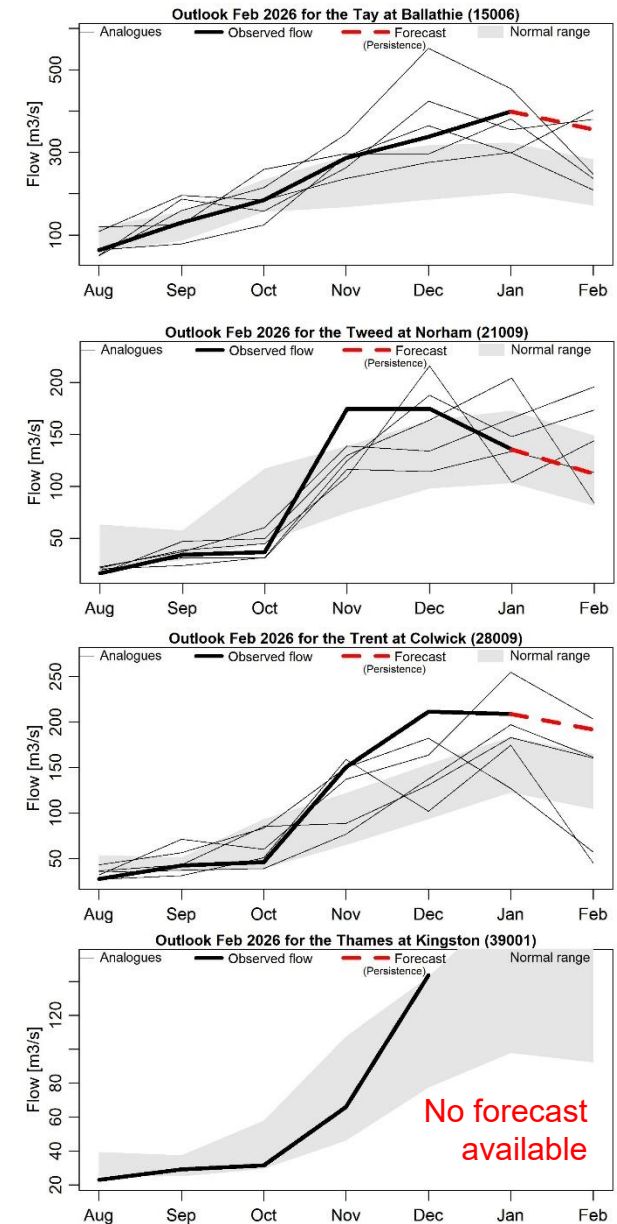
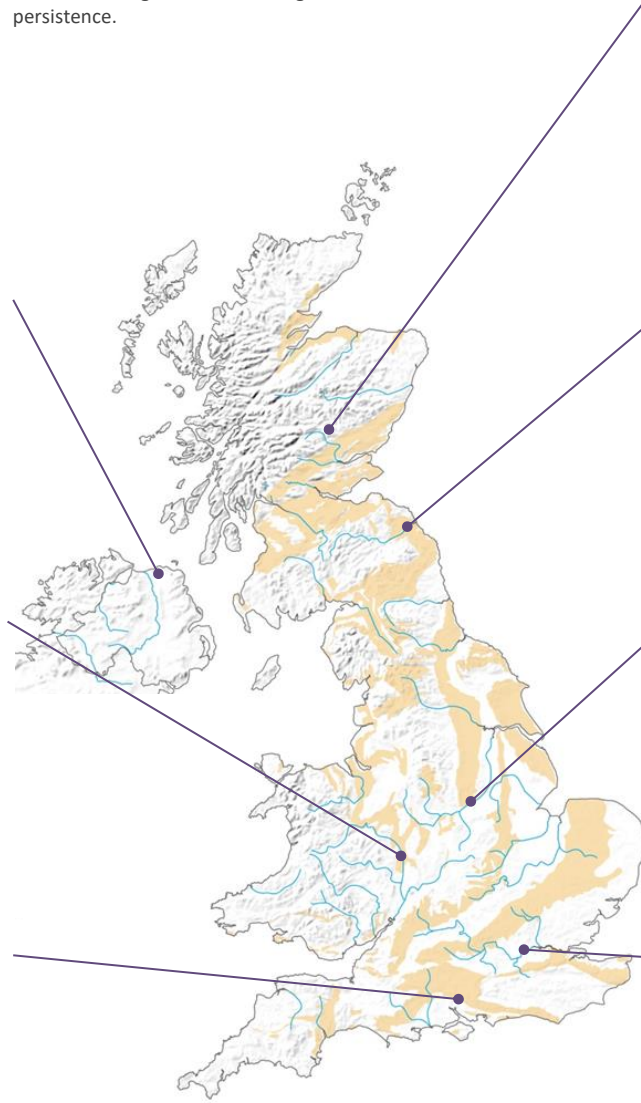
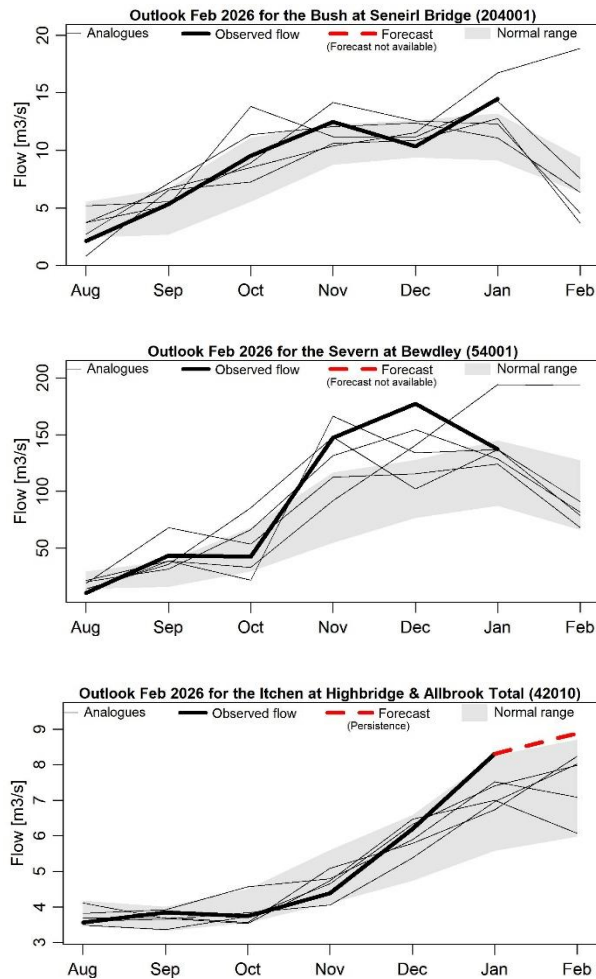
Period: February 2026

Issued on 04.02.2026 using data to the end of January 2026

These figures provide insight into the hydrological analogue methodology for a set of sites from across the UK.

In each of the time series graphs the bold black line represents the observed flow during the past six months. The grey band indicates the normal flow range (the normal band includes 44%

of observed flows in each month). The selected analogues are shown as thin lines and the trajectories that flows took in the following month are also shown. The forecast is shown as the dashed red line, and in each plot it states whether this has come from the analogues or has been generated on the basis of persistence.



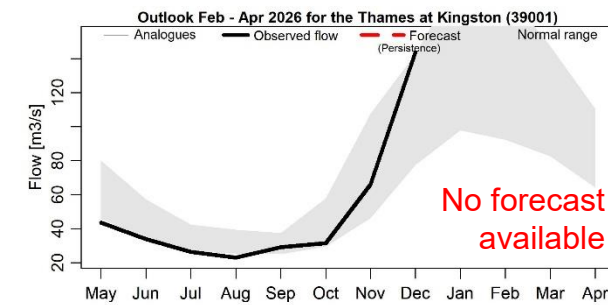
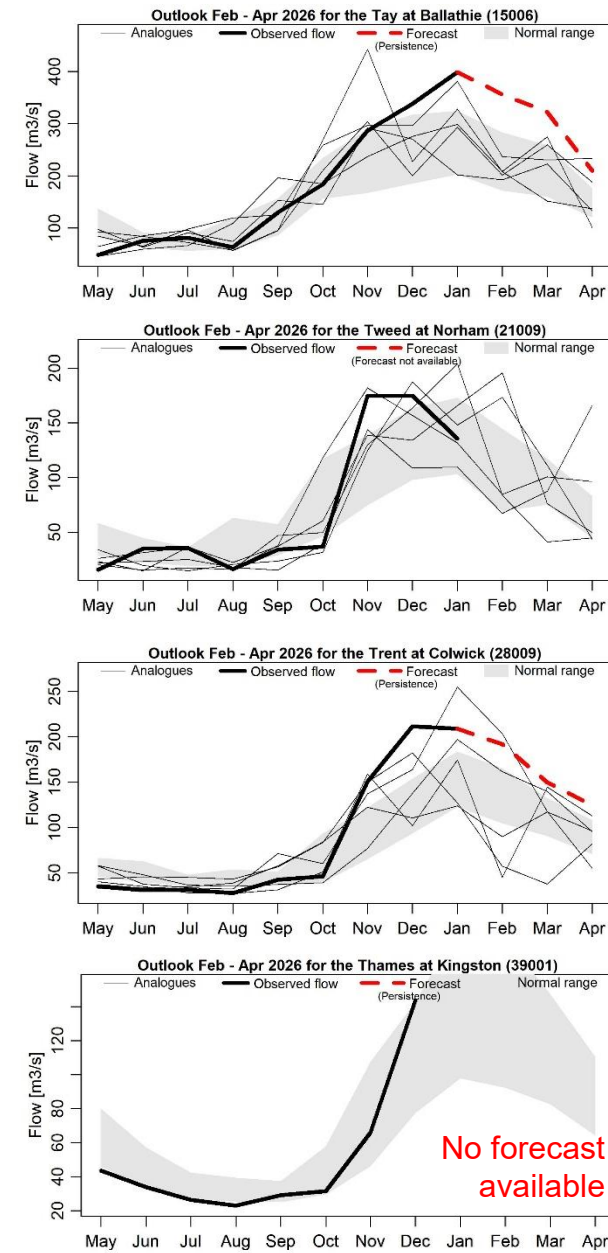
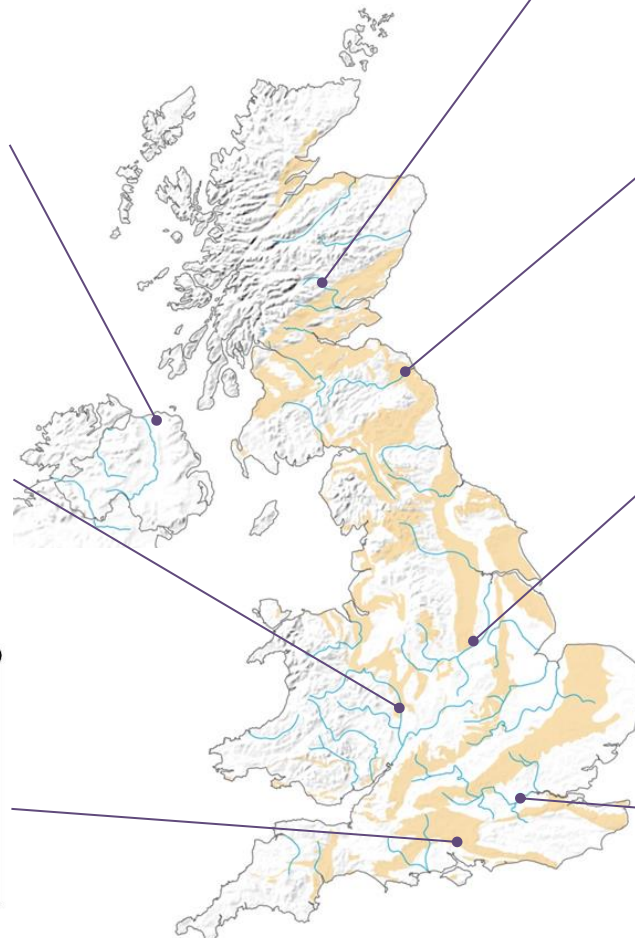
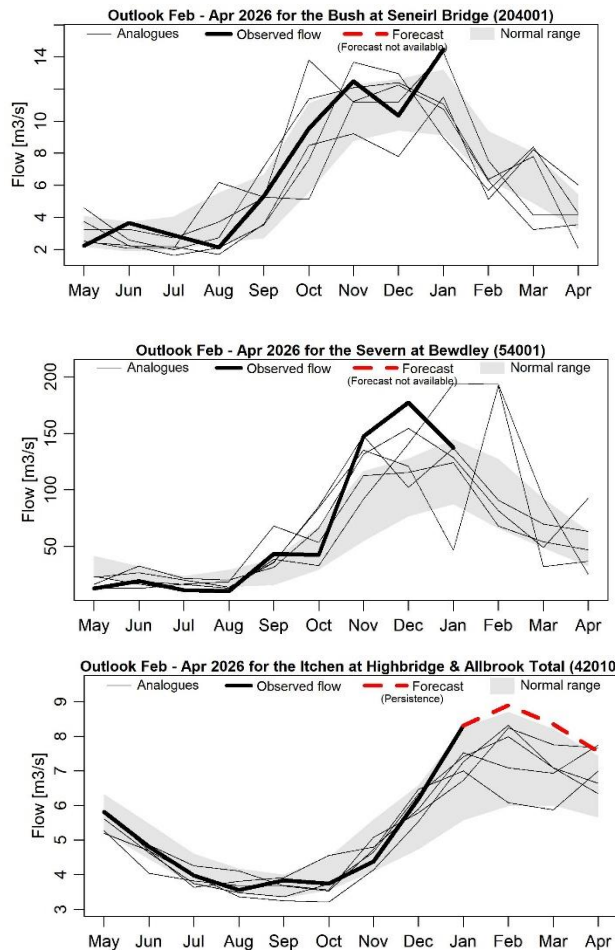
Period: February 2026 – April 2026

Issued on 04.02.2026 using data to the end of January 2026

These figures provide insight into the hydrological analogue methodology for a set of sites from across the UK.

In each of the time series graphs the bold black line represents the observed flow during the past nine months. The grey band indicates the normal flow range (the normal band includes 44%

of observed flows in each month). The selected analogues are shown as thin lines and the trajectories that flows took in the following three months are also shown. The forecast is shown as the dashed red line, and in each plot it states whether this has come from the analogues or has been generated on the basis of persistence.

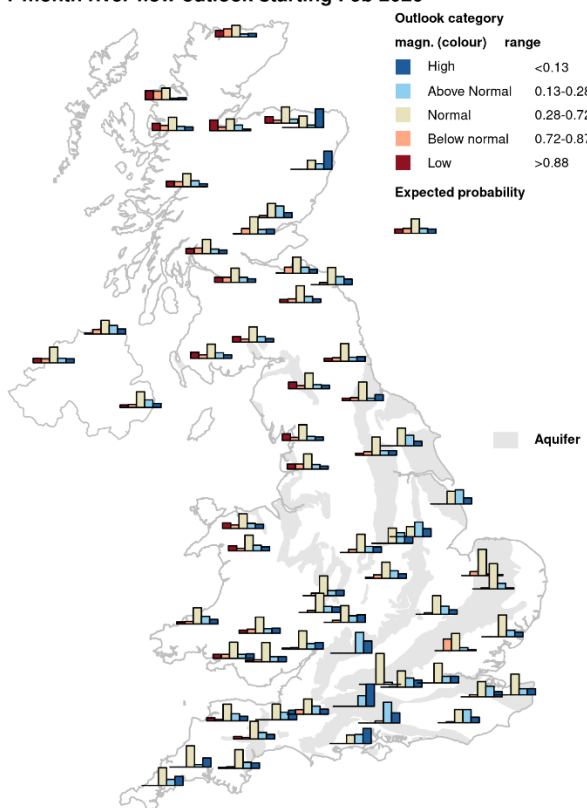


Period: February 2026 – July 2026

Issued on 03.02.2026 using data to the end of January 2026

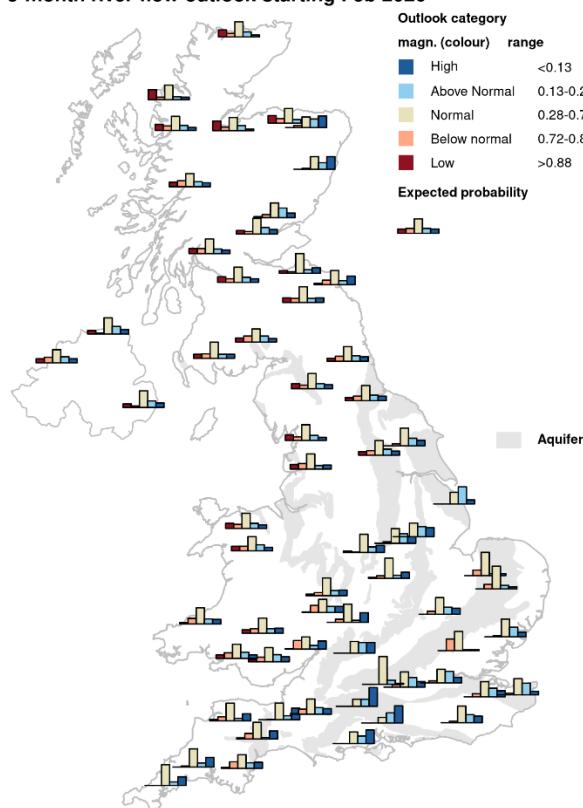
The outlook for February indicates that river flows are likely to be normal to above normal across much of the UK except for normal to below normal flows in parts of western Scotland and above normal to high flows in parts of southern England. The February to April outlook indicates a similar pattern with a shift towards more normal conditions, except for the persistence of above normal to high flows in southern England, parts of east Midlands and eastern Scotland.

1-month river flow outlook starting Feb 2026



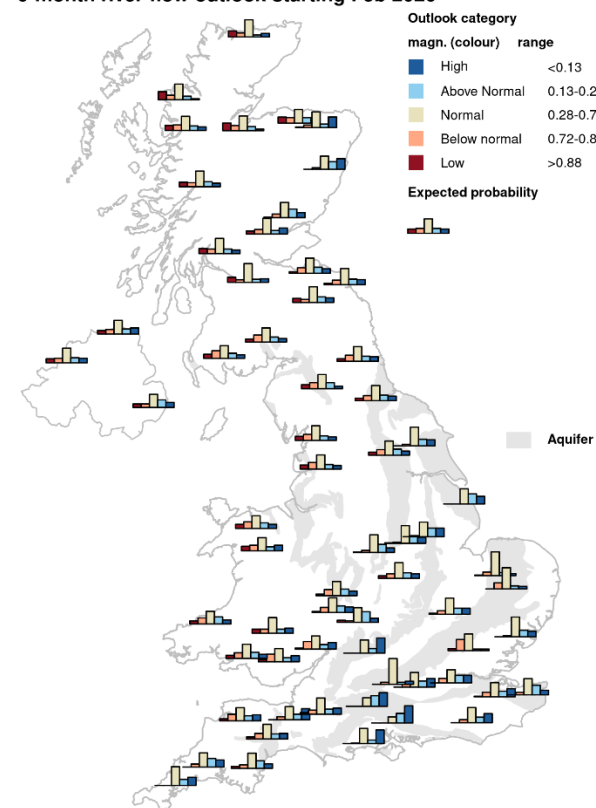
This outlook is based on monthly ensembles of historical sequences of observed climate (rainfall and potential evapotranspiration) that form input to a hydrological model. The outputs are probabilistic simulations of the average river flow over the forecast period (1 to 12 months ahead), at each location. The simulations are generated by the GR6J conceptual rainfall-runoff model from INRAE (France) calibrated on observed or naturalised flows.

3-month river flow outlook starting Feb 2026



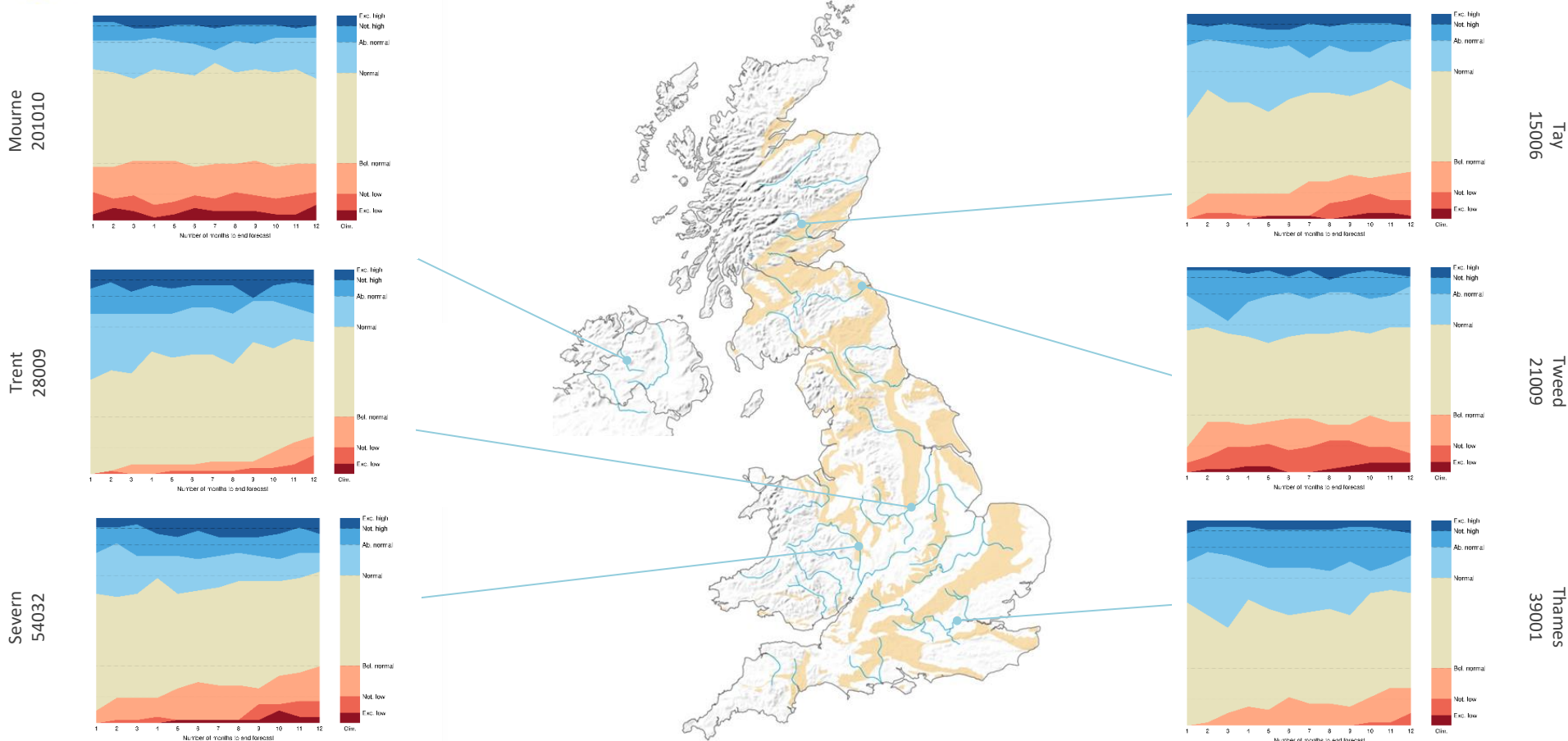
The bar plot maps show the outlook distribution for 1, 3 and 6-month period for 64 catchments across England and Wales. Each bar plot represents the probabilistic distribution of the simulated river flow compared to the historical river flow, for the same n-month period. The probabilities fall within five categories, classified as: low, below normal, normal, above normal and high.

6-month river flow outlook starting Feb 2026



This outlook is based entirely on historical sequences and therefore does not contain any knowledge of the state of the atmosphere and ocean. It is hence possible that some of the historical sequences used might be inconsistent with current large-scale atmospheric conditions and would therefore be unlikely to occur in the next few months.

Please note that *Outlooks based on modelled flow from historical climate* from October 2023 onwards were generated using GR6J model, whereas until September 2023, they were produced using GR4J model. For more details, please see the section on River flow from historical climate at this link: <https://hydoutuk.net/about/methods/river-flows>



This outlook is based on monthly ensembles of historical sequences of observed climate (rainfall and potential evapotranspiration) that form input to a hydrological model. The outputs are probabilistic simulations of the average river flow over the forecast period (1 to 12 months ahead), at each location. The simulations are generated by the GR6J conceptual rainfall-runoff model from INRAE (France) calibrated on observed or naturalised flows.

The stack diagrams show the variation over time of the outlook distribution for a number of individual catchments. Each graph represents variation over time of the number of simulated river flows, in each month ensemble, that fall within each of seven categories: exceptionally low, notably low, below normal, normal, above normal, notably high and exceptionally high. The categories represent cumulative flow conditions, e.g. For 3-month, the simulated total 3-month flow compared to the historical 3-month flow distribution. The monthly variations can be compared to the long-term average distribution of river flows (shown as columns on

the right of each timeline graph).

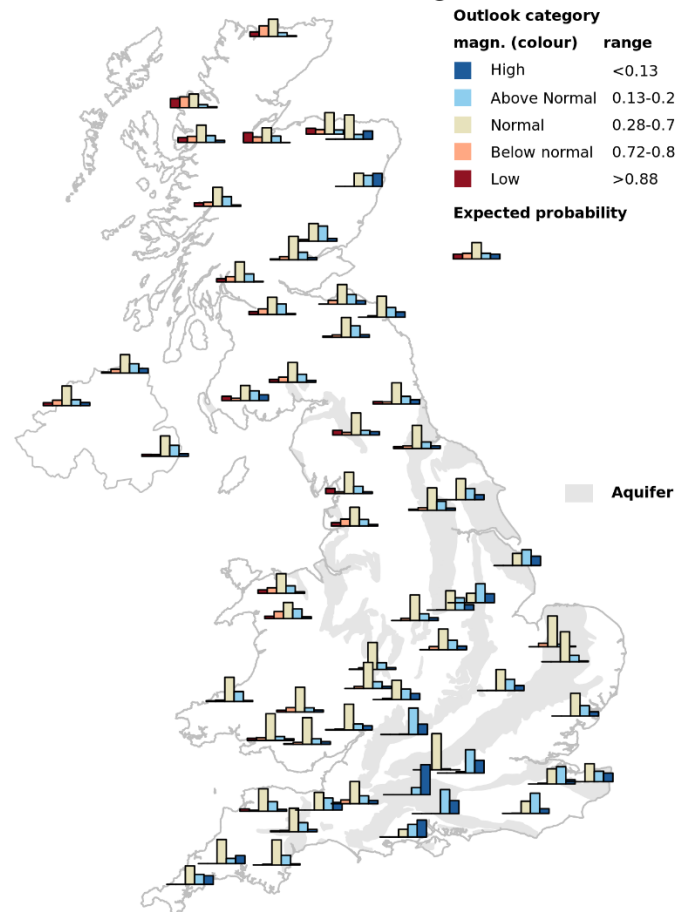
This outlook is based entirely on historical sequences and therefore does not contain any knowledge of the state of the atmosphere and ocean. It is hence possible that some of the historical sequences used might be inconsistent with current large-scale atmospheric conditions and would therefore be unlikely to occur in the next few months.

The outlook for February indicates that flows across the UK are likely to be normal to above normal, except for normal to below normal flows in northwestern Scotland and above normal to high flows for parts of southeast England. The February to April outlook suggests river flows are likely to be normal to above normal for parts of southern England, east Midlands and eastern Scotland, and in the normal range elsewhere.

The historical weather analogues method uses Met Office predictions of average weather 1 and 3 months ahead to provide inputs to a hydrological model. Like the ESP method, observed rainfall and temperature data from past years are used to drive the predictions, however, the analogue method constrains the selection of past rainfall using the weather conditions in the meteorological forecasts (which are summarised for this forecast in the Met Office likelihood of impacts blocks underneath the maps). For each member of the Met Office forecast ensemble, the 10 analogues that best match the predicted average weather pattern (surface pressure map) over the forecast period are selected. Precipitation and temperature sequences constructed from the selected analogue scenarios are corrected to account for historic trends and used as inputs to hydrological models. Here, the GR6J model is run using these inputs, creating an ensemble of hydrological forecasts.

The outputs shown in the maps are the likelihoods of different outcomes for the average river flow over the one-month and three-month forecast periods at each location. The outlooks maps show the distribution for 64 catchments across the United Kingdom. Each bar plot represents the likelihood of the simulated river flow compared to the historical river flow, for the same n-month period. The probabilities fall within five categories, classified as: low, below normal, normal, above normal and high. The expected climatological probability of ensemble members in each of these categories is shown under the legend.

1-month river flow outlook starting Feb 2026

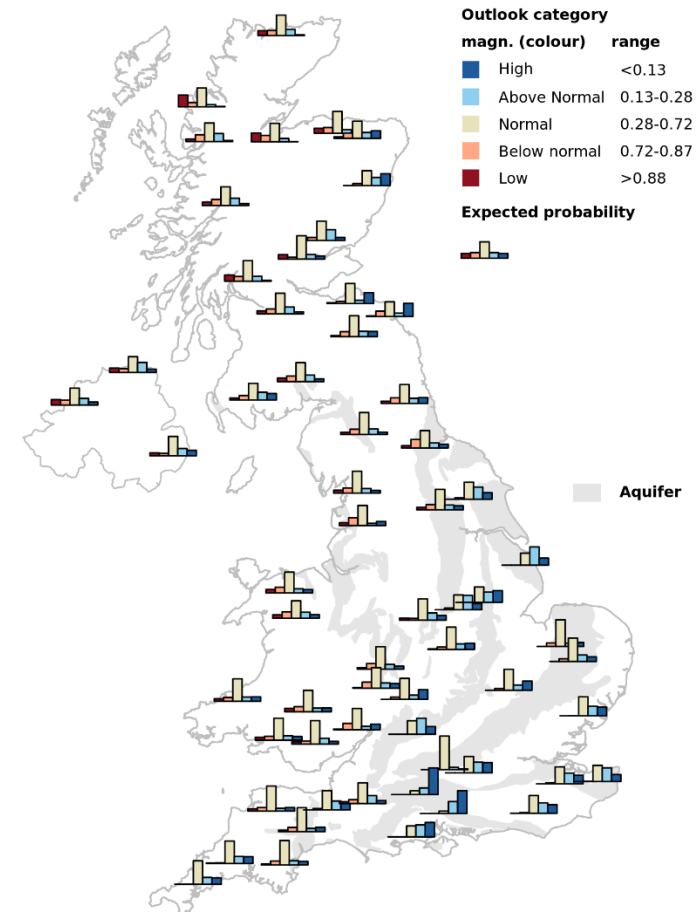


Met Office 1-month likelihood of precipitation impact



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3-month river flow outlook starting Feb 2026



Met Office 3-month likelihood of precipitation impact



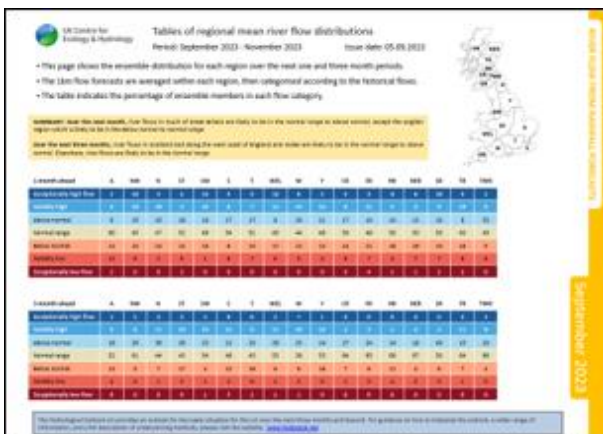
© Crown copyright, Met Office

- These (yellow edged) pages summarise river flow forecasts produced by the UKCEH Water Balance Model.
- This model uses an ensemble of rainfall forecasts provided by the Met Office and a hydrological model to forecast river flows for the next one- and three-months ahead.
- A detailed description of these forecast products can be found on the final page, and a full technical description is given in the documentation available via the Hydrological Outlook website.
- Additional forecast products are available on the Hydrological Outlook Portal, via the website.

[illegible]

- **Use these pages if you are interested in extreme conditions across multiple regions.**
- These pages summarise the risk of extremely high or low flows being observed across GB.
- The four pages show the risk for **Scotland** and for **England & Wales** over the next one and three months.
- The slides indicate the **probability of widespread extreme conditions** and which regions are most likely to experience extremely high or low flows.

The screenshot displays the 'UK Climate for Learning & Technology' website. The main heading is 'Integrating regional mean river flow distributions', dated 'Friday, September 2007, November 2007'. A sidebar on the right shows the date 'Friday, 20th September 2007' and a 'Home' link. The main content area features two maps of the United Kingdom, labeled '1 month' and '3 month', showing river flow distributions. A legend on the right indicates flow categories: 'Less than 100 m³/s', '100-200 m³/s', '200-300 m³/s', '300-400 m³/s', '400-500 m³/s', '500-600 m³/s', '600-700 m³/s', '700-800 m³/s', '800-900 m³/s', '900-1000 m³/s', '1000-1100 m³/s', '1100-1200 m³/s', '1200-1300 m³/s', '1300-1400 m³/s', '1400-1500 m³/s', '1500-1600 m³/s', '1600-1700 m³/s', '1700-1800 m³/s', '1800-1900 m³/s', '1900-2000 m³/s', '2000-2100 m³/s', '2100-2200 m³/s', '2200-2300 m³/s', '2300-2400 m³/s', '2400-2500 m³/s', '2500-2600 m³/s', '2600-2700 m³/s', '2700-2800 m³/s', '2800-2900 m³/s', '2900-3000 m³/s', '3000-3100 m³/s', '3100-3200 m³/s', '3200-3300 m³/s', '3300-3400 m³/s', '3400-3500 m³/s', '3500-3600 m³/s', '3600-3700 m³/s', '3700-3800 m³/s', '3800-3900 m³/s', '3900-4000 m³/s', '4000-4100 m³/s', '4100-4200 m³/s', '4200-4300 m³/s', '4300-4400 m³/s', '4400-4500 m³/s', '4500-4600 m³/s', '4600-4700 m³/s', '4700-4800 m³/s', '4800-4900 m³/s', '4900-5000 m³/s', '5000-5100 m³/s', '5100-5200 m³/s', '5200-5300 m³/s', '5300-5400 m³/s', '5400-5500 m³/s', '5500-5600 m³/s', '5600-5700 m³/s', '5700-5800 m³/s', '5800-5900 m³/s', '5900-6000 m³/s', '6000-6100 m³/s', '6100-6200 m³/s', '6200-6300 m³/s', '6300-6400 m³/s', '6400-6500 m³/s', '6500-6600 m³/s', '6600-6700 m³/s', '6700-6800 m³/s', '6800-6900 m³/s', '6900-7000 m³/s', '7000-7100 m³/s', '7100-7200 m³/s', '7200-7300 m³/s', '7300-7400 m³/s', '7400-7500 m³/s', '7500-7600 m³/s', '7600-7700 m³/s', '7700-7800 m³/s', '7800-7900 m³/s', '7900-8000 m³/s', '8000-8100 m³/s', '8100-8200 m³/s', '8200-8300 m³/s', '8300-8400 m³/s', '8400-8500 m³/s', '8500-8600 m³/s', '8600-8700 m³/s', '8700-8800 m³/s', '8800-8900 m³/s', '8900-9000 m³/s', '9000-9100 m³/s', '9100-9200 m³/s', '9200-9300 m³/s', '9300-9400 m³/s', '9400-9500 m³/s', '9500-9600 m³/s', '9600-9700 m³/s', '9700-9800 m³/s', '9800-9900 m³/s', '9900-10000 m³/s', '10000-10100 m³/s', '10100-10200 m³/s', '10200-10300 m³/s', '10300-10400 m³/s', '10400-10500 m³/s', '10500-10600 m³/s', '10600-10700 m³/s', '10700-10800 m³/s', 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'25800-25900 m³/s', '25900-26000 m³/s', '26000-2610



- Use these pages if you are interested in the ensemble distribution in a single region.
- The first page shows the ensemble distribution as a histogram for each region.
- The second page shows the percentage of ensemble members in each band for each region.

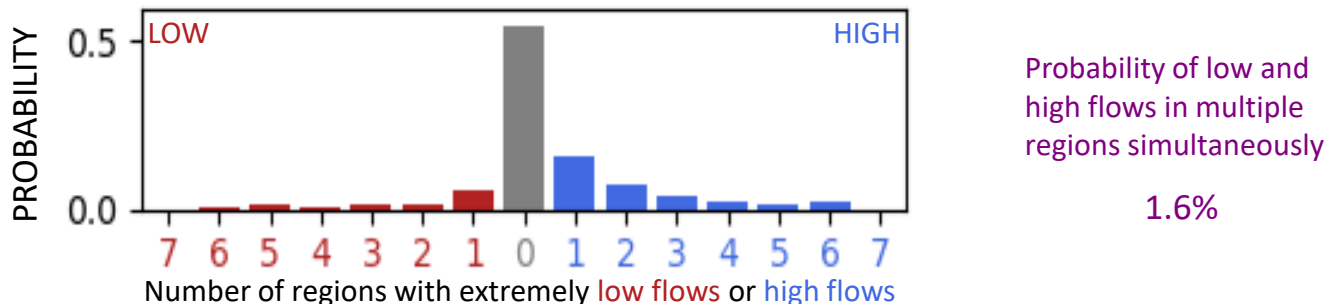
This page shows the **probability of extreme conditions in Scotland** over the next month. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

Summary

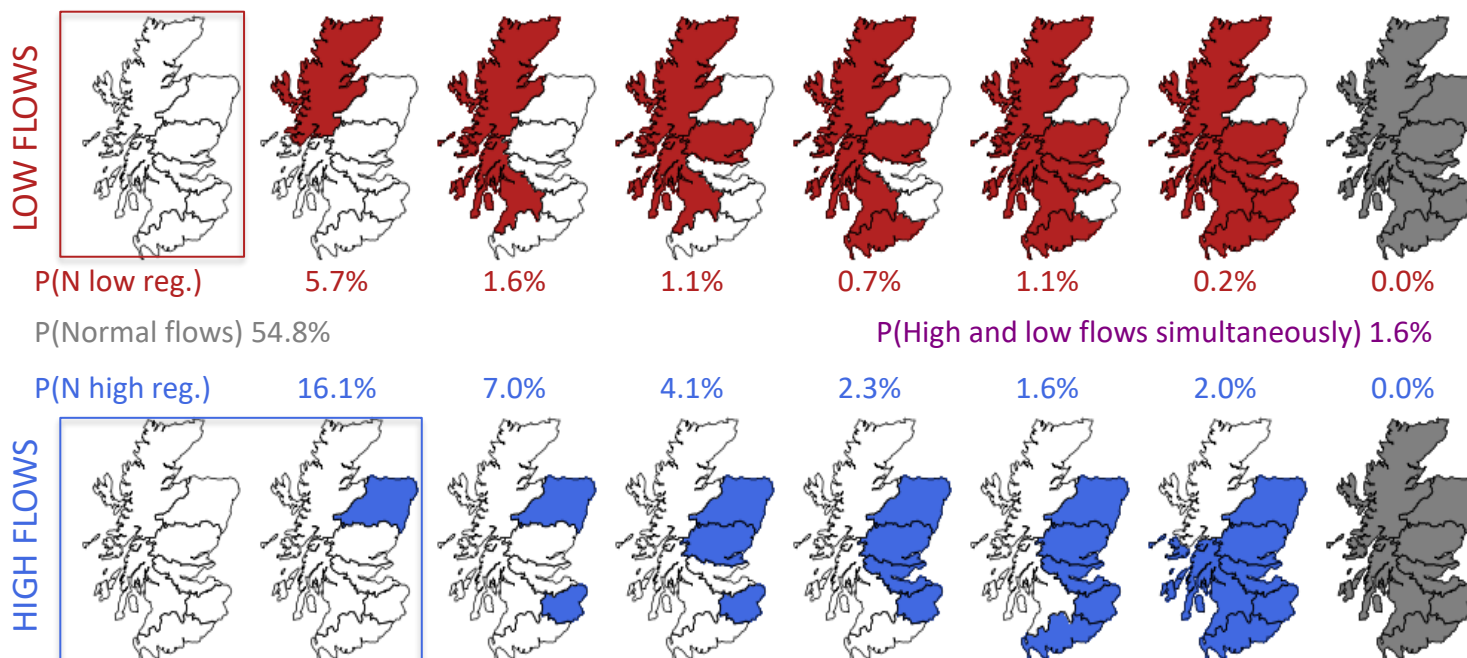
Scotland – one month

Extreme flows are not likely in Scotland over the next month.

How likely are we to experience extremely **low** or **high** flows?

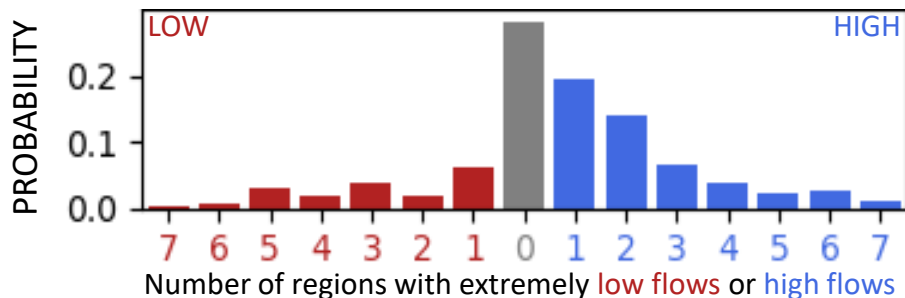


Which regions are most likely to experience extremely **low** or **high** flows?



This page shows the **probability of extreme conditions in Scotland** over the next three months. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

How likely are we to experience extremely low or high flows?



Probability of low and high flows in multiple regions simultaneously

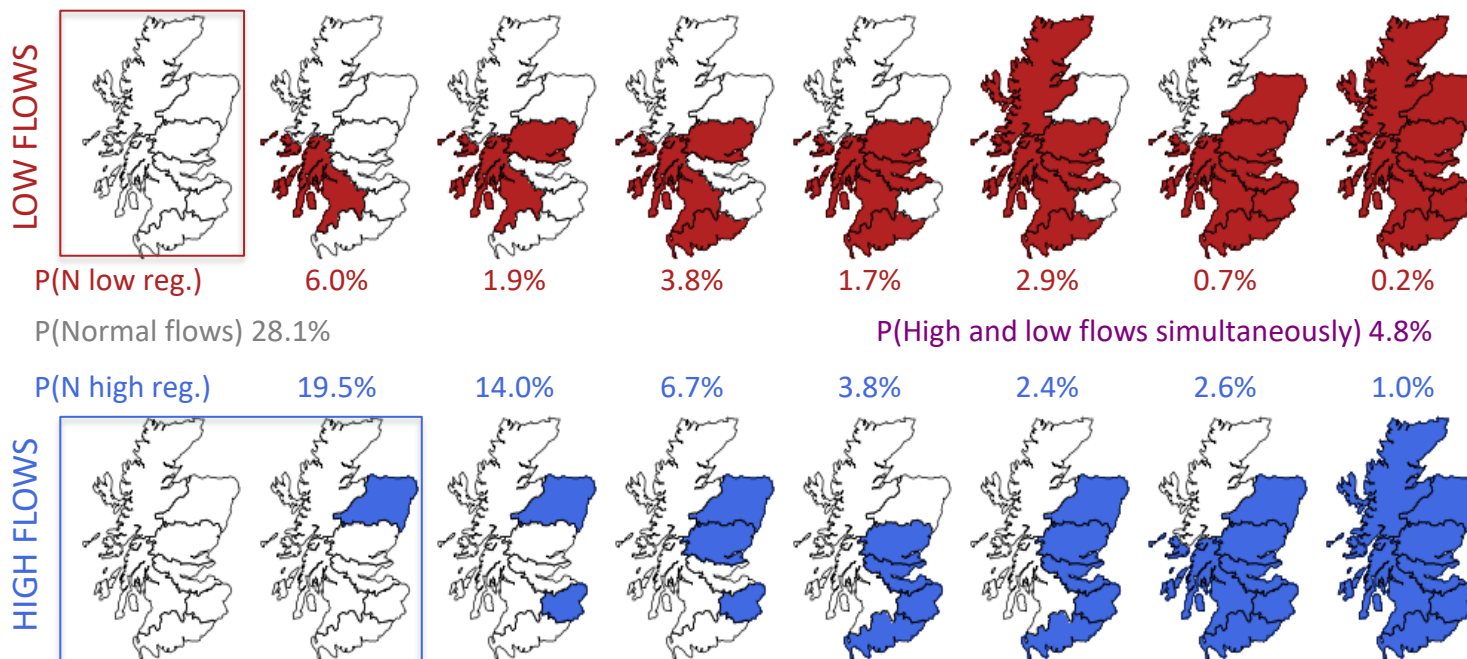
4.8%

Summary

Scotland – three months

Extremely high flows are more likely to occur than not over the next three months. They are most probable in western parts.

Which regions are most likely to experience extremely low or high flows?



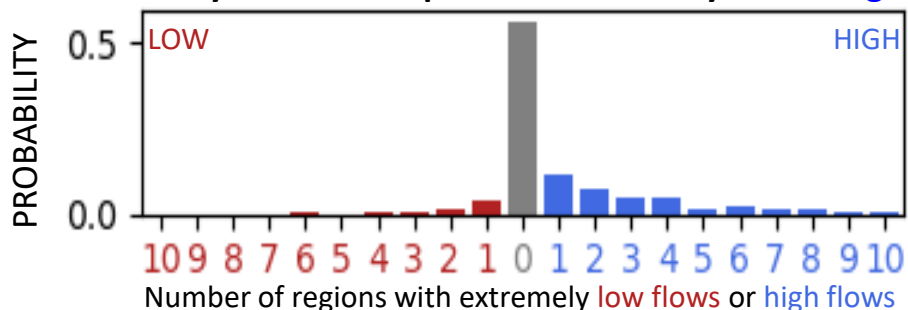
This page shows the **probability of extreme conditions in England and Wales** over the next month. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

Summary

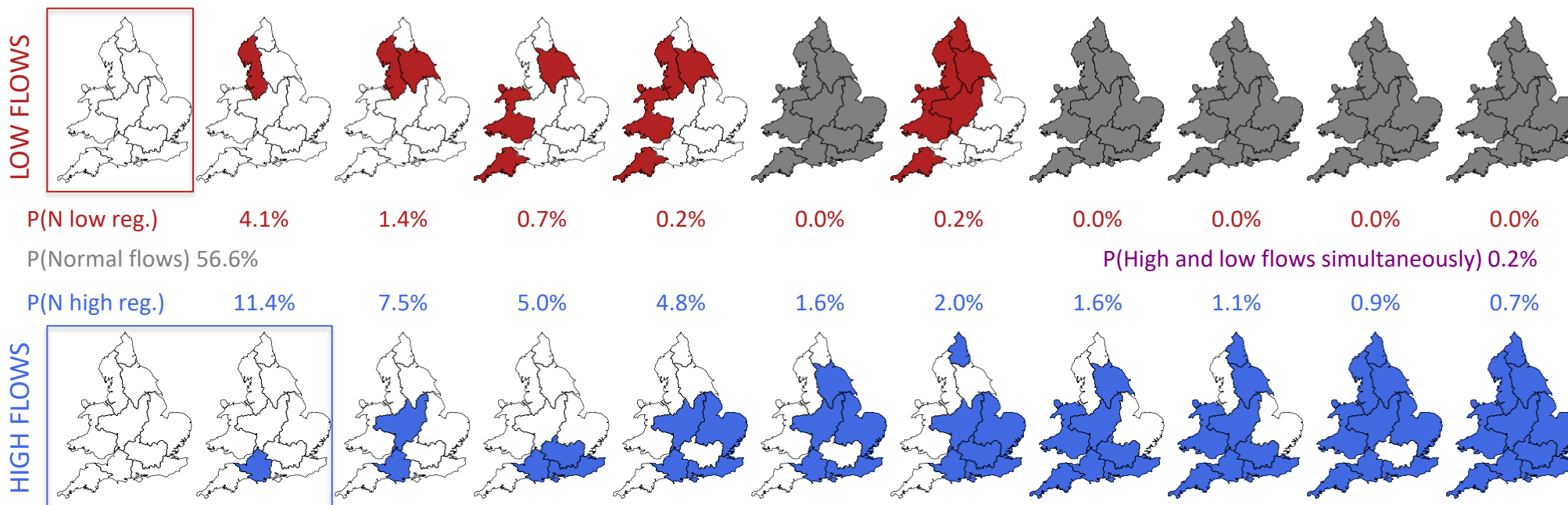
England and Wales – one month

Neither extremely high nor low flows are likely to persist across the next month.

How likely are we to experience extremely **low** or **high** flows?



Which regions are most likely to experience extremely **low** or **high** flows?



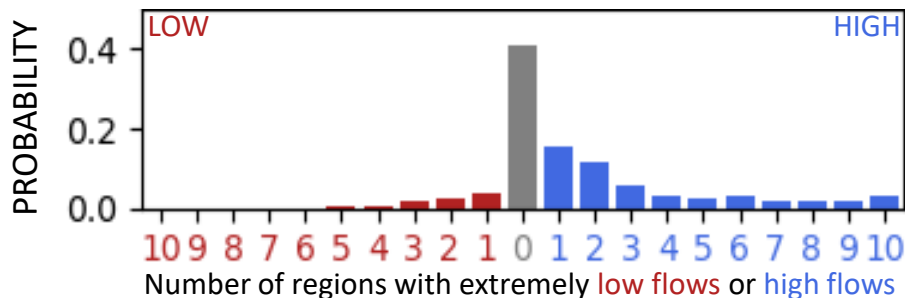
This page shows the **probability of extreme conditions in England and Wales** over the next three months. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

Summary

England and Wales – three months

Extremely high flows are more probable than low flows over the next three months.

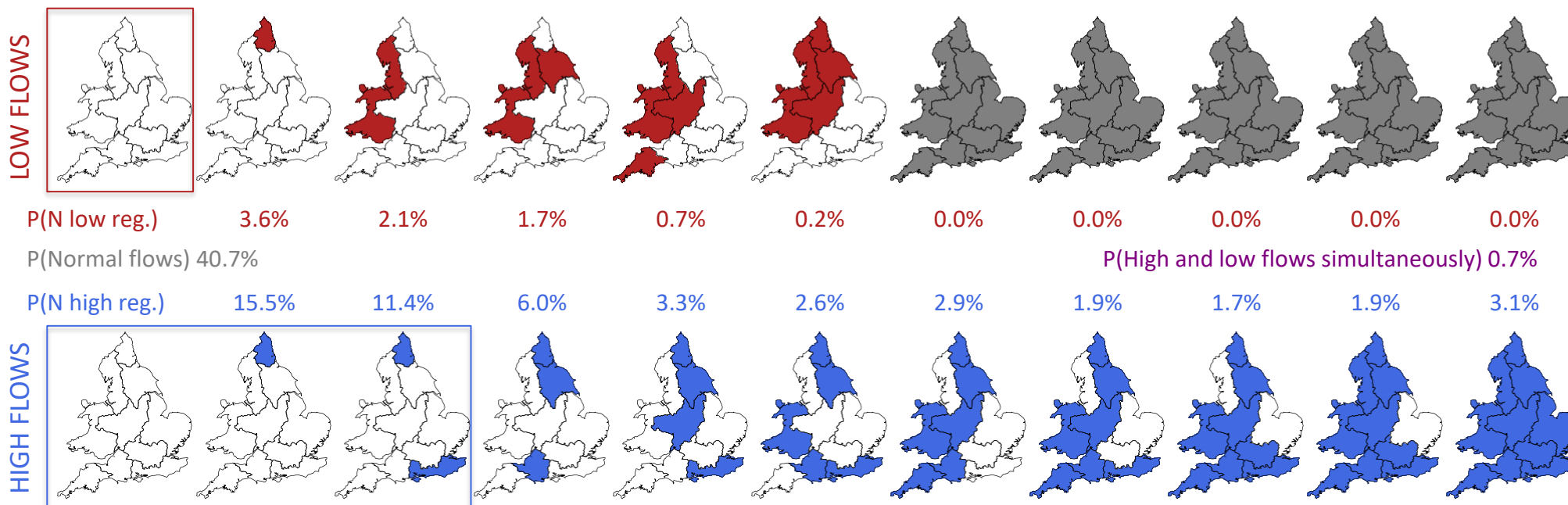
How likely are we to experience extremely **low** or **high** flows?



Probability of low and high flows in multiple regions simultaneously

0.7%

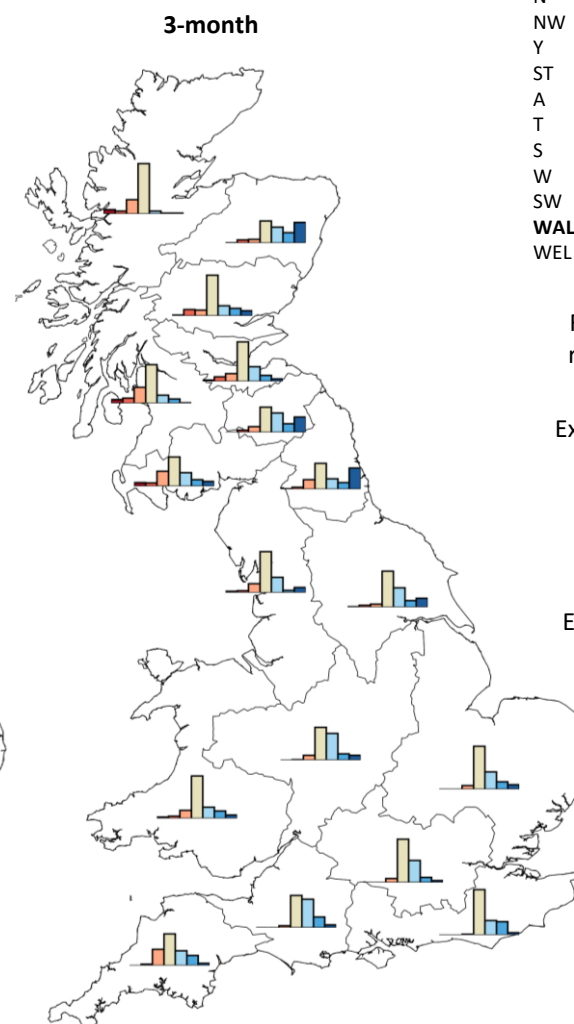
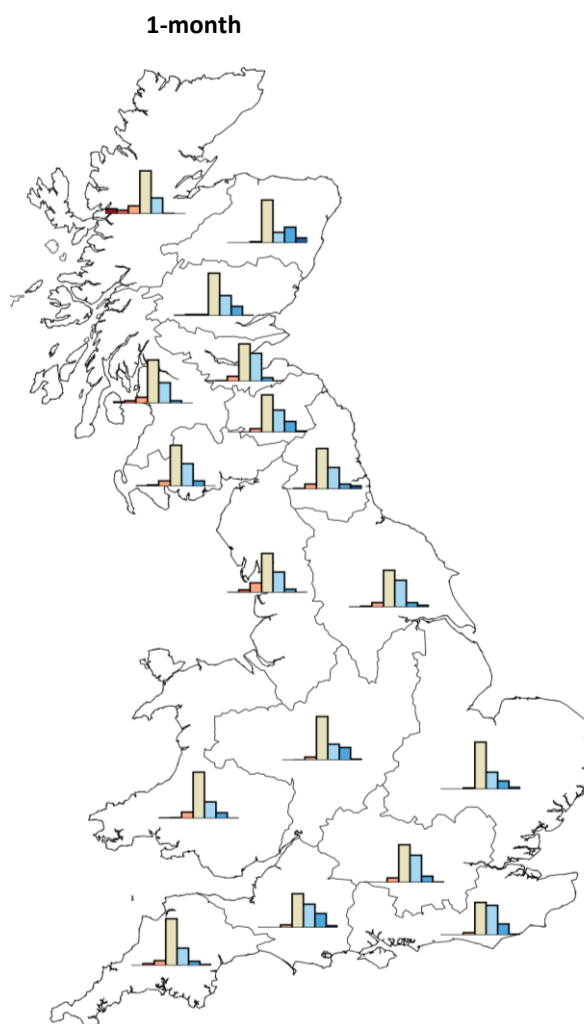
Which regions are most likely to experience extremely **low** or **high** flows?



- This page shows the **ensemble flow distribution for each region** over the next 1- and 3-month periods.
- The 1km flow forecasts are averaged within each region, then categorised according to the historical flows.
- The histogram in each region indicates the proportion of ensemble members in each flow category.

SUMMARY: Over the next month, river flows in all areas are likely to be in the *normal range* to *above normal*.

Over the next three months, river flows in eastern Scotland and northeast England are likely to be in the *normal range* to *notably high*. Elsewhere in England flows are likely to be in the *normal range* to *above normal*. In Wales and western Scotland, river flows are likely to be in the *normal range*.



SCOTLAND

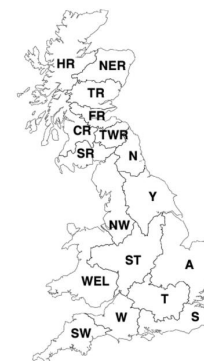
HR Highlands Region
NER North East Region
TR Tay Region
FR Forth Region
CR Clyde Region
TWR Tweed Region
SR Solway Region

ENGLAND

N Northumbria
NW North West
Y Yorkshire
ST Severn Trent
A Anglian
T Thames
S Southern
W Wessex
SW South West

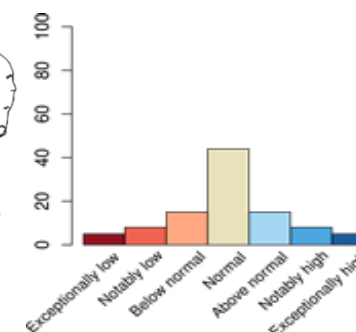
WALES

WEL Welsh



Flow estimate for each river pixel ranked in terms of historic % flow estimates (1963-2016)

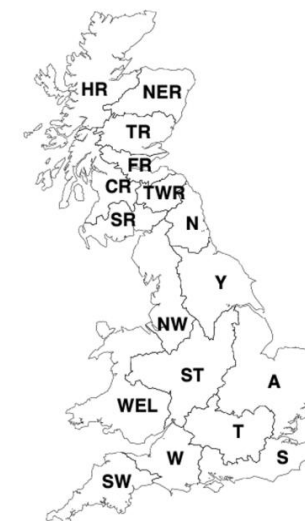
Exceptionally high flow	> 95
Notably high flow	87-95
Above normal	72-87
Normal range	28-72
Below normal	13-28
Notably low flow	5-13
Exceptionally low flow	< 5



- This page shows the **ensemble flow distribution for each region** over the next 1- and 3-month periods.
- The 1km flow forecasts are averaged within each region, then categorised according to the historical flows.
- The table indicates the percentage of ensemble members in each flow category.

SUMMARY: Over the next month, river flows in all areas are likely to be in the *normal range* to *above normal*.

Over the next three months, river flows in eastern Scotland and northeast England are likely to be in the *normal range* to *notably high*. Elsewhere in England flows are likely to be in the *normal range* to *above normal*. In Wales and western Scotland, river flows are likely to be in the *normal range*.

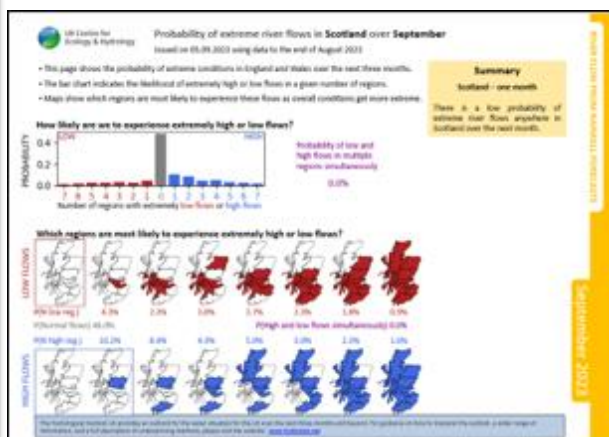


1-month ahead	A	NW	N	ST	SW	S	T	WEL	W	Y	CR	FR	HR	NER	SR	TR	TWR
Exceptionally high flow	2	0	4	1	1	1	0	0	3	3	0	1	0	7	0	1	2
Notably high	11	4	7	17	6	14	8	8	18	6	3	5	1	21	7	12	14
Above normal	22	27	28	21	23	39	36	22	31	35	27	37	21	14	30	26	29
Normal range	62	51	53	57	61	42	49	60	44	48	57	49	56	56	54	56	49
Below normal	2	13	7	4	6	3	6	8	4	6	8	7	11	2	7	2	5
Notably low	0	4	1	0	3	0	0	1	0	2	3	1	5	0	2	2	0
Exceptionally low flow	0	0	0	0	0	0	0	1	0	0	2	1	7	0	1	1	0

3-month ahead	A	NW	N	ST	SW	S	T	WEL	W	Y	CR	FR	HR	NER	SR	TR	TWR
Exceptionally high flow	6	7	28	6	3	3	3	4	4	12	1	3	1	27	6	7	20
Notably high	10	3	9	8	13	18	7	10	14	9	6	8	1	14	9	10	11
Above normal	23	20	14	35	20	19	29	15	37	26	10	19	4	21	18	13	26
Normal range	56	54	34	43	41	59	57	56	42	47	50	52	66	29	38	53	33
Below normal	5	12	12	6	21	1	5	11	3	4	21	10	19	5	20	8	8
Notably low	0	3	3	1	2	0	0	3	0	2	7	6	4	4	4	8	3
Exceptionally low flow	0	2	1	0	0	0	0	2	0	0	5	2	6	0	5	1	0

- The data on these (yellow-bordered) pages are based on approximately 400 rainfall scenarios provided by the Met Office, which are used as inputs to a water balance hydrological model.
- River flow forecasts for every 1km grid cell are ranked according to the historical flow estimates and aggregated within each region.
- A full description of this method and these summary products is given in the technical documentation available via the Hydrological Outlook website.

Probability of extreme river flows



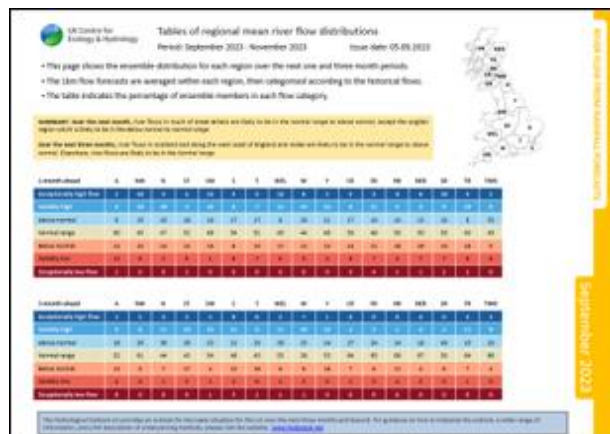
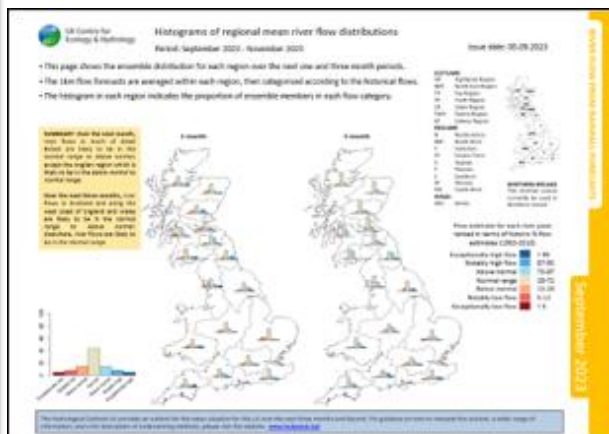
Extreme river flows are defined as those which rank in the lowest or highest 13% of historical flow estimates (1963 - 2016). This definition encompasses the 'Notably' and 'Exceptionally' high/low flow bands used elsewhere in the Outlook.

The bar chart shows the probability of a given number of regions experiencing extremely high/low flows, where scenarios showing both extremely high and extremely low flows in different regions simultaneously excluded. These probabilities are also shown beneath the maps.

Shaded regions on each map are those most likely to experience extreme flows from the set of scenarios with at least a given number of regions experiencing such flows. If shown, grey maps indicate scenarios not observed in the ensemble.

The box drawn around some maps spans the central 50% probability interval, excluding scenarios where extremely high/low flows are observed simultaneously. If these excluded cases constitute a significant probability, details are given in the yellow summary box.

Regional mean river flow distributions



The maps illustrate the ensemble distribution of regional mean river flows. The historical distribution is shown at bottom-left, and allows deviations from the normal distribution to be determined by comparing the forecast distribution to the historical distribution. A summary is given in the yellow box.

The table gives access to the data shown in the histograms. The numbers in the tables are the percentage of ensemble forecasts falling in each of the flow categories. As before results are averaged by region then ranked in terms of 54 years of historical regional flow estimates (1963 – 2016).

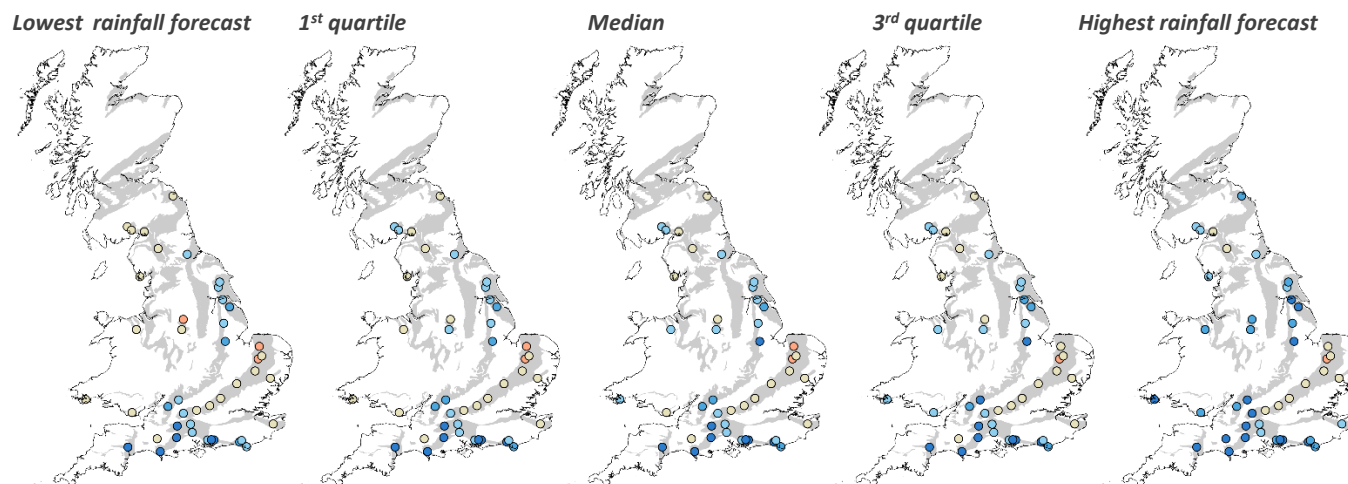
Period: February 2026 – April 2026

Issued on 05.02.2026 using data to the end of January

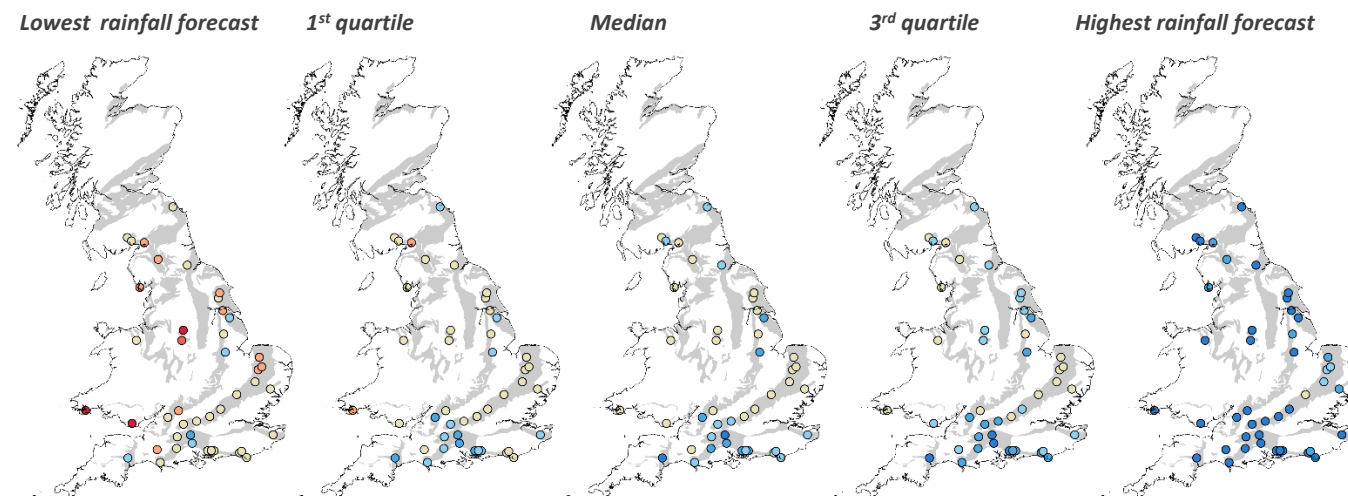
Under median rainfall conditions, groundwater levels in the south-east of England are expected to stay mostly between normal and below normal over the coming month. In contrast, some areas in southern England are projected to reach exceptionally high levels, while levels across much of the rest of the UK are likely to be maintained within the normal to notably high range. Over the next three months, groundwater levels across much of southern England are forecast to stay above normal to exceptionally high, while the remainder of the UK is generally expected to maintain levels within normal to above normal range.

These forecasts are produced by running five members of the Met Office ensemble climate forecast through groundwater models of observation borehole hydrographs at 42 sites across the country. The sites are distributed across the principal aquifers.

Based on the distribution of observed historical groundwater levels in a given month, seven categories have been derived for each site: very low, low, below normal, normal, above normal, high, and very high. The forecast groundwater level is assigned to one of these seven categories depending on where it falls within the distribution of the historically observed values.

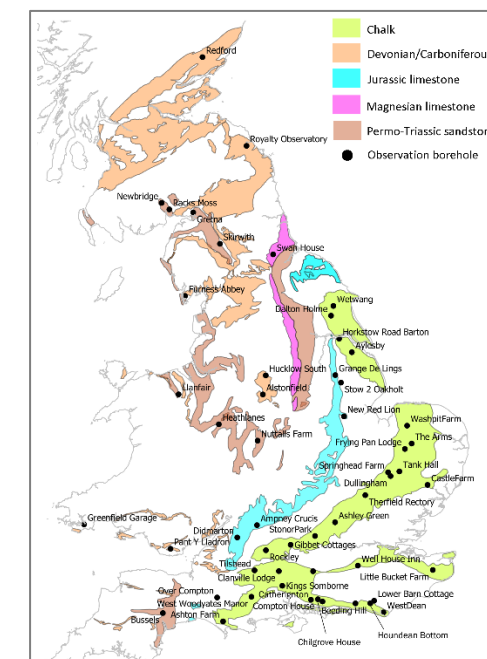


1-month outlook



3-month outlook

Key	Percentile range of historic observed values for relevant month
Exceptionally high levels	> 95
Notably high levels	87-95
Above normal	72-87
Normal	28-72
Below normal	12-28
Notably low levels	5-13
Exceptionally low levels	< 5

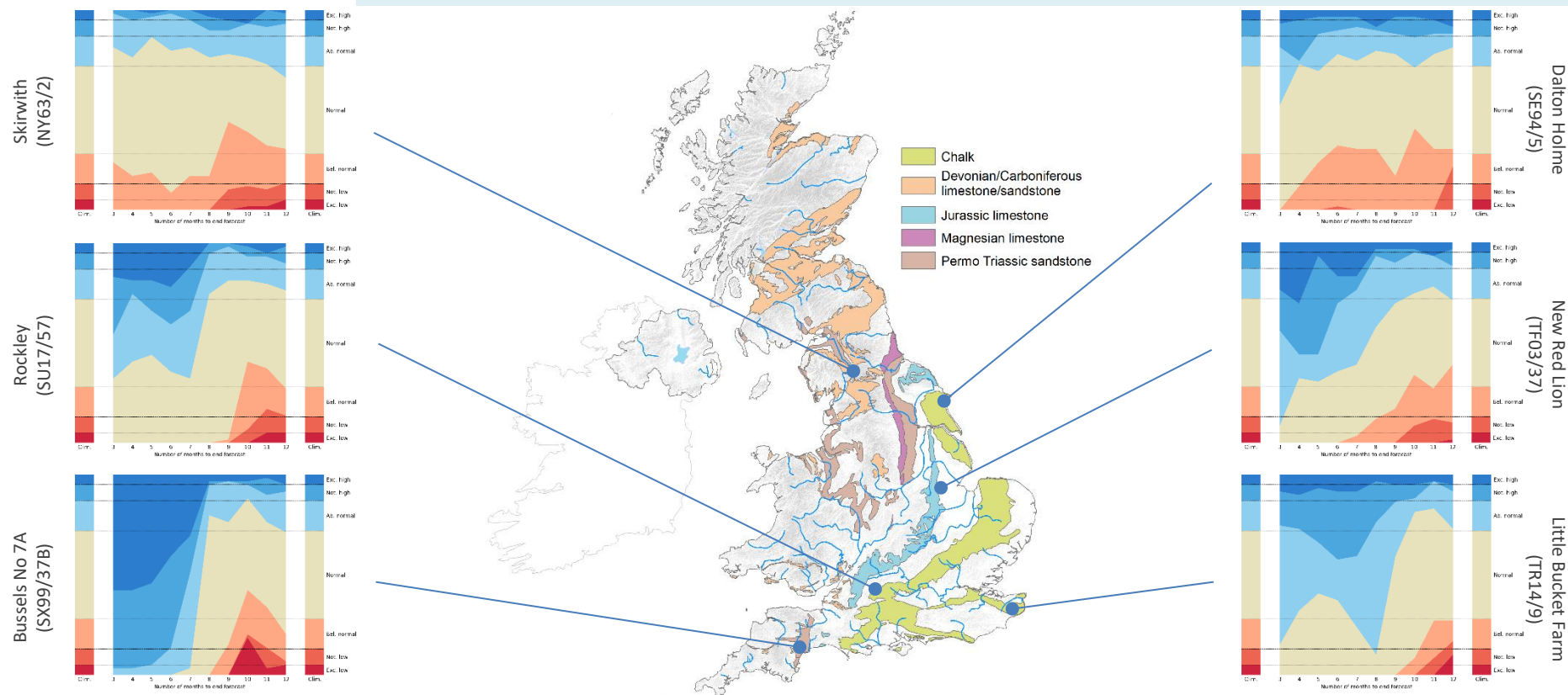


Outlook based on modelled groundwater from historical climate

Period: February 2026 – January 2027

Issued on 05.02.2026 using data to the end of January

Groundwater levels in the Permo-Triassic Sandstone at Skirwith are expected to remain broadly within normal ranges over the next 12 months. In the Chalk at Dalton Holme, levels are projected to steadily decline over the next three to fourth months, reaching and then maintaining more normal levels for the remainder of the year. In the Permo-Triassic Sandstone at Bussels No 7A, exceptionally wet conditions are forecast to persist before returning towards more normal within seven to eight months. In the Chalk at Little Bucket Farm, and the Jurassic Limestone at New Red Lion, groundwater levels are expected to trend towards normal over the next nine to ten months, following wetter than usual conditions. In the Chalk at Rockley, groundwater levels are expected to decrease, returning towards normal over the next seven to eight months.



This outlook is based on monthly ensembles of historical sequences of observed climate (rainfall and potential evapotranspiration) that form input to hydrological models. The outputs are probabilistic simulations of the average groundwater level over the forecast horizon (3 to 12 months ahead), at each location.

The graphs show variation over time of the number of simulated groundwater levels in each monthly ensemble,

that fall within each the seven categories: exceptionally low, notably low, below normal, normal, above normal, notably high and exceptionally high. The monthly variations can be compared to the long-term average distribution of levels, which are shown as columns on the left and right of each graph.

This outlook is based entirely on historical sequences and therefore does not contain any knowledge of the state of

the atmosphere and ocean. It is hence possible that some of the historical sequences used might be inconsistent with current large-scale atmospheric conditions and would therefore be unlikely to occur in the next few months.