

SUMMARY In November, river flows are expected to be normal to above normal in northern and western parts of the UK, but normal to below normal in central, southern, and eastern England, as well as eastern Scotland. Groundwater-fed rivers are likely to remain below normal or low, and groundwater levels will generally be normal to below normal. From November–January, this pattern is likely to persist, and limited rainfall may hinder recovery, leaving southern and eastern areas below normal into early 2026.

Rainfall:

October's rainfall was above average across much of the UK, although this masks notable spatial contrasts. In Northern Ireland, western Scotland, and the far south-east of England, rainfall was above average, with some areas, such as parts of Northern Ireland and the Western Isles, recording more than 170% of their average rainfall. Elsewhere, rainfall was below average across most of England and central and eastern Scotland. The Met Office forecast (issued 27.10.2025) indicates a slight signal for a warm and wet November. Over the November–January period, the forecast suggests colder conditions than in recent years, with an increased likelihood of a drier-than-average three-month period.

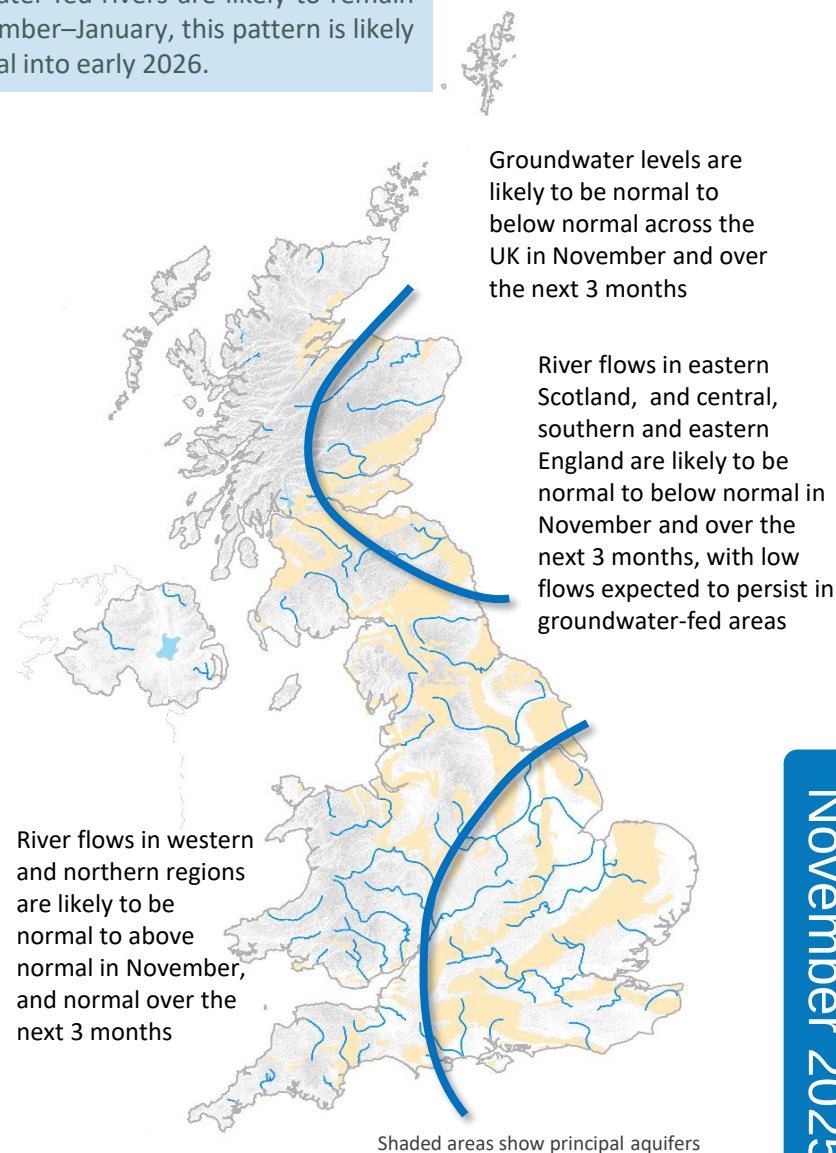
River flows:

River flows in October were generally normal to below normal across most of the country, with some above normal flows recorded in Northern Ireland and north-west Britain. In eastern Britain and in central and southern England, flows remained below normal, with some exceptionally low flows in southern and eastern England (e.g., the Coln and the Stringside). The outlook for November suggests these patterns will largely continue, with flows in northern and western England, western Scotland, and Northern Ireland likely to remain in the normal to above normal range. Rivers in southern and eastern Britain are likely to have normal to below normal flows, particularly in groundwater-dominated rivers that rely on aquifer recharge. This pattern is likely to persist over the November–January period, and if drier-than-average weather materialises, rivers in central and southern areas may begin 2026 below normal.

Groundwater:

Groundwater levels at the end of October remained low in many of the principal aquifers, particularly those in southern and eastern England and central Scotland. Elsewhere, levels were largely normal, with only a few index sites registering above normal. The outlook indicates that groundwater levels are likely to remain in the normal to below normal range through November, with potential recovery to normal in most areas over the next three months. However, below normal to low conditions may persist, especially in eastern England.

The UK Hydrological Outlook provides an outlook for the water situation for the United Kingdom over the next three months and beyond. For guidance on how to interpret the outlook, a wider range of information, and a full description of underpinning methods, please visit the website: www.hydoutuk.net



About the UK Hydrological Outlook:

This document presents an outlook for the UK water situation for the next 1-3 months and beyond, using observational datasets, meteorological forecasts and a suite of hydrological modelling tools. The outlook is produced in a collaboration between the UK Centre for Ecology & Hydrology (UKCEH), British Geological Survey (BGS), the Met Office, the Environment Agency (EA), Natural Resources Wales (NRW), the Scottish Environment Protection Agency (SEPA), and for Northern Ireland, the Department for Infrastructure – Rivers (DfIR).

Data and Models:

The UK Hydrological Outlook depends on the active cooperation of many data suppliers. This cooperation is gratefully acknowledged. Historic river flow and groundwater data are sourced from the [UK National River Flow Archive](#) and the [National Groundwater Level Archive](#). Contemporary data are provided by the EA, SEPA, NRW and DfIR. These data are used to initialise hydrological models, and to provide outlook information based on statistical analysis of historical analogues.

Climate forecasts are produced by the Met Office. Hydrological modelling is undertaken by UKCEH using the Grid-to-Grid and GR6J hydrological models. Hydrogeological modelling uses the AquMod model run by BGS. Supporting documentation is available from the Outlooks website: <https://hydoutuk.net/about/methods>

Presentation:

The language used in the summary presented overleaf generally places flows and groundwater levels into just three classes, i.e. below normal, normal, and above normal. However, the underpinning methods use as many as seven classes as defined in the graphic to the right, i.e. the summary uses a simpler classification than some of the methods. On those occasions when it is appropriate to provide greater discrimination at the extremes the terminology and definitions of the seven class scheme will be adopted.

Percentile range of
historic values for
relevant month

Exceptionally high flow	> 95
Notably high flow	87-95
Above normal	72-87
Normal range	28-72
Below normal	13-28
Notably low flow	5-13
Exceptionally low flow	< 5

Disclaimer and liability:

The UK Hydrological Outlook partnership aims to ensure that all Content provided is accurate and consistent with its current scientific understanding. However, the science which underlies hydrological and hydrogeological forecasts and climate projections is constantly evolving. Therefore any element of the Content which involves a forecast or a prediction should not be relied upon as though it were a statement of fact. To the fullest extent permitted by applicable law, the UK Hydrological Outlook Partnership excludes all warranties or representations (express or implied) in respect of the Content.

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The UK Hydrological Outlook is supported by the Natural Environment Research Council funded NC-UK (NE/Y006208/1) and [Hydro-JULES](#) (NE/S017380/1) Programmes.

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Further information:

For more detailed information about the UK Hydrological Outlook, and the derivation of the maps, plots and interpretation provided in this outlook, please visit the UK Hydrological Outlook website. The website features a host of other background information, including a wider range of sources of information which are used in the preparation of this Outlook. Dynamic access to many of the outputs of the UK Hydrological Portal are available on the [UK Hydrological Outlooks Portal](#).

Contact:

UK Hydrological Outlooks, UK Centre for Ecology & Hydrology, Wallingford, Oxfordshire, OX10 8BB
t: 01491 838800 e: <https://hydoutuk.net/contact>

Reference for the UK Hydrological Outlook:

UK Hydrological Outlook, 11 November 2025, UK Centre for Ecology & Hydrology, Oxfordshire UK, Online, <https://www.hydoutuk.net/latest-outlook/>

Other Sources of Information:

The UK Hydrological Outlook should be used alongside other sources of up-to-date information on the current water resources status and flood risk.

Environment Agency Water Situation Reports: provides summary of water resources status on a monthly and weekly basis for England: <https://www.gov.uk/government/collections/water-situation-reports-for-england>

Flood warnings are continually updated, and should be consulted for an up-to-date and localised assessment of flood risk:

- Environment Agency: <https://flood-warning-information.service.gov.uk/map>
- Natural Resources Wales: <https://flood-warning.naturalresources.wales/>
- Scottish Environment Protection Agency: <https://www.sepa.org.uk/flooding.aspx>

Hydrological Summary for the UK: provides summary of current water resources status for the UK: <https://nrfa.ceh.ac.uk/monthly-hydrological-summary-uk>

UK Met Office forecasts for the UK: <https://www.metoffice.gov.uk/>

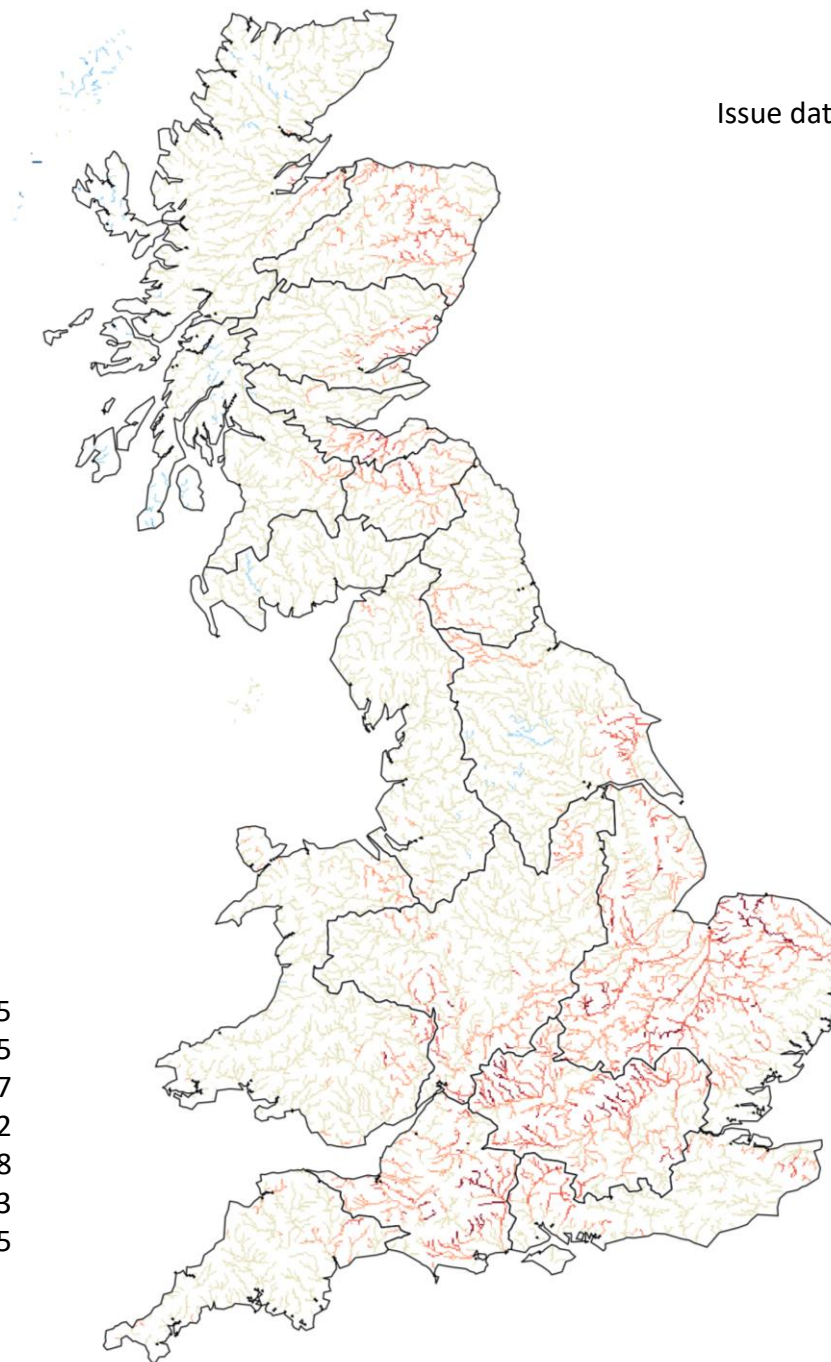
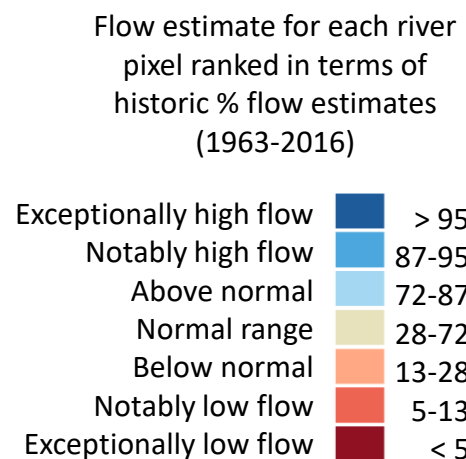
UK Water Resources Portal: monitor the UK hydrological situation in near real-time including rainfall, river flow, groundwater and soil moisture from COSMOS-UK: <https://eip.ceh.ac.uk/hydrology/water-resources/>

This map shows the simulated monthly mean flow across Great Britain for last month, ranked in terms of 54 years of historical flow estimates (1963 – 2016).

Issue date: 05.11.2025

These flows are produced by the 1km resolution Grid-to-Grid (G2G) hydrological model, which is run up to the end of each calendar month using observed rainfall and MORECS potential evaporation as input.

Note that the G2G model provides estimates of natural flows.



Current Daily Simulated Subsurface Water Storage Conditions

Based on subsurface water storage estimated for 31 October 2025

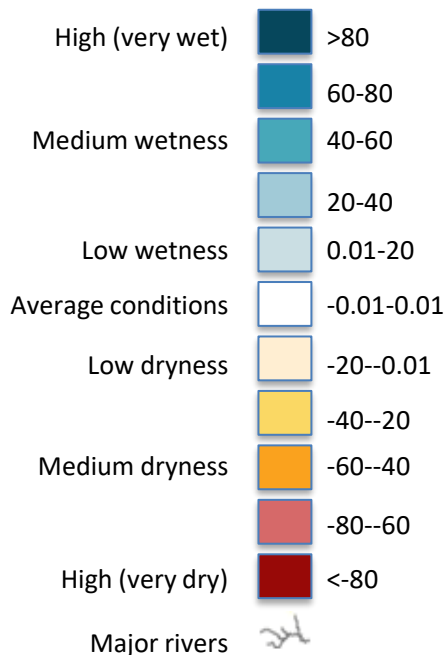
Issue date: 05.11.2025

These maps are based on Grid-to-Grid (G2G) hydrological model simulated subsurface water storage (water in the soil and groundwater), expressed as an anomaly from the historical monthly mean. To highlight areas that are particularly wet or dry, the storage anomaly is presented relative to historical extremes. Rainfall in WET areas with high positive relative wetness could result in flooding in the coming days/weeks. Areas of negative relative wetness indicate locations which are particularly DRY, and little or no rain in these areas could potentially lead to (or prolong) a drought. Maps of soil moisture only are available on the next page.

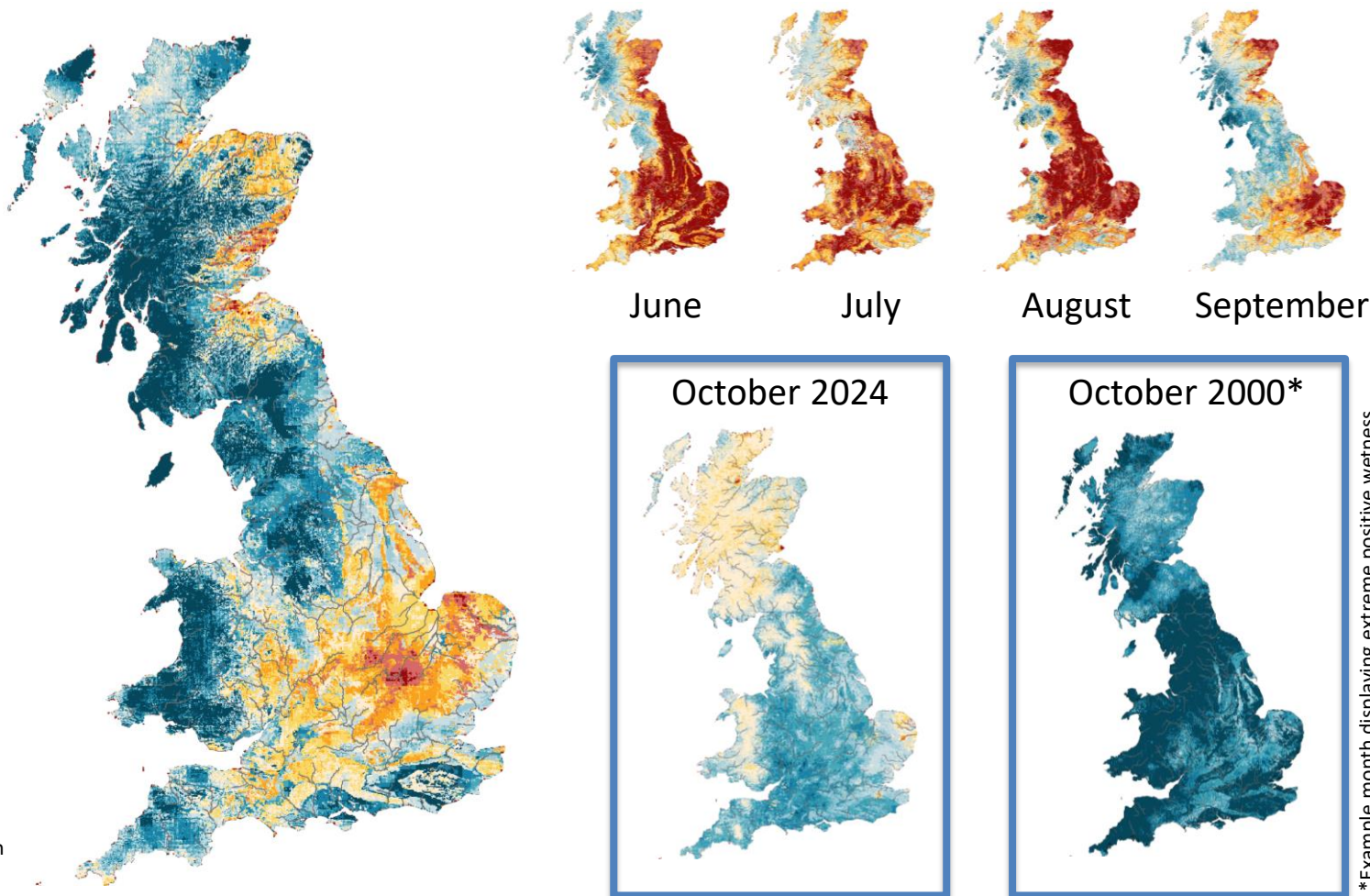
SUMMARY: Subsurface water stores remain higher (wetter) than is usual for the time of year across western parts of Great Britain. In central and southern England, stores associated with deep aquifers remain lower (drier) than usual.

Relative wetness

Water storage anomaly as a % of maximum (positive wetness) or minimum (negative wetness) storage anomaly (zero indicates average value)



Labels refer to estimated storage on final day of named month



Current Daily Simulated Soil Moisture Conditions

Based on soil moisture estimated for 31 October 2025

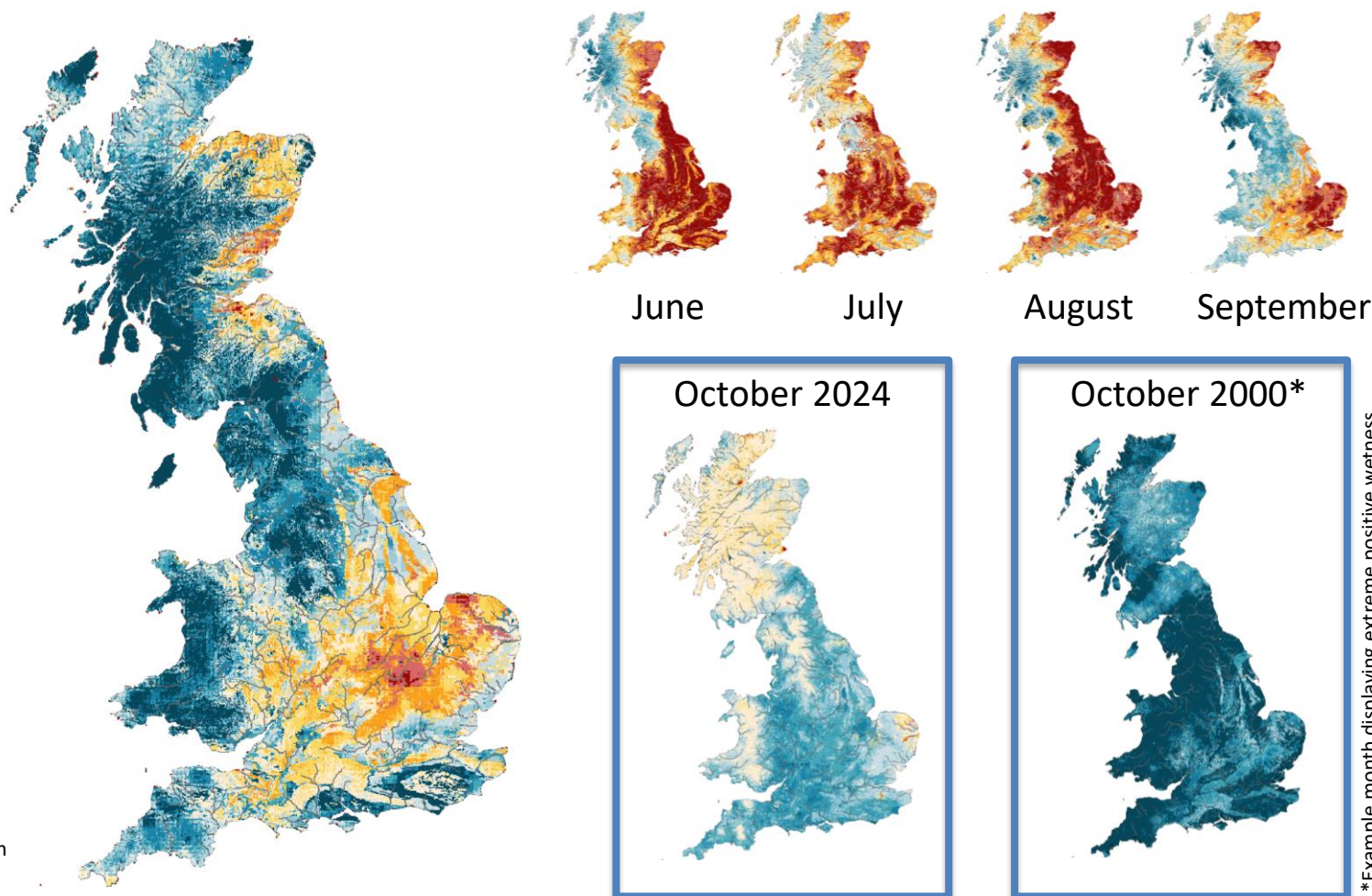
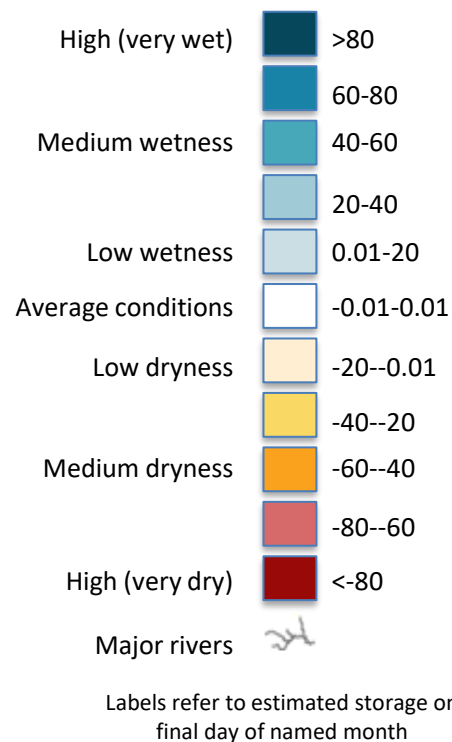
Issue date: 05.11.2025

These maps are based on Grid-to-Grid (G2G) hydrological model simulated soil moisture, expressed as an anomaly from the historical monthly mean. To highlight areas that are particularly wet or dry, the soil moisture anomaly is presented relative to historical extremes. These maps are not a forecast; rather an indication of current conditions. Soil moisture will often look similar to total storage (shown on the previous slide), since total storage comprises both soil moisture and storage in the saturated zone.

SUMMARY: Soil water stores remain higher (wetter) than is usual for the time of year across western parts of Great Britain and North East England. In central and southern England, stores remain lower (drier) than usual.

Relative wetness

Soil moisture anomaly as a % of maximum (positive wetness) or minimum (negative wetness) storage anomaly (zero indicates average value)



Estimate of Additional Rainfall Required to Overcome Dry Conditions

Based on subsurface water storage estimated for 31 October 2025

Issue date: 05.11.2025

These maps show the Grid-to-Grid (G2G) hydrological model simulated subsurface water storage, expressed as an anomaly from the historical monthly mean (1981-2010), presented on a 1km grid and as regional means. Subsurface storage deficits, i.e. where the subsurface water storage anomaly is less than zero, are highlighted in red/pink.

The subsurface storage deficit (mm) can be interpreted as an estimate of additional rainfall that would be required in future months to overcome dry conditions (i.e. rainfall in addition to what is expected on average). Regional mean values of additional rainfall required are provided in the table below.

Regional estimate of additional rainfall required (mm)

SCOTLAND

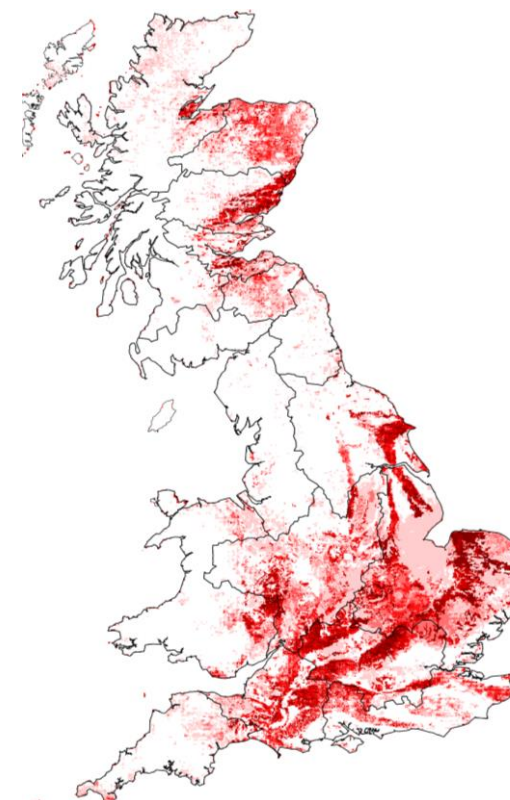
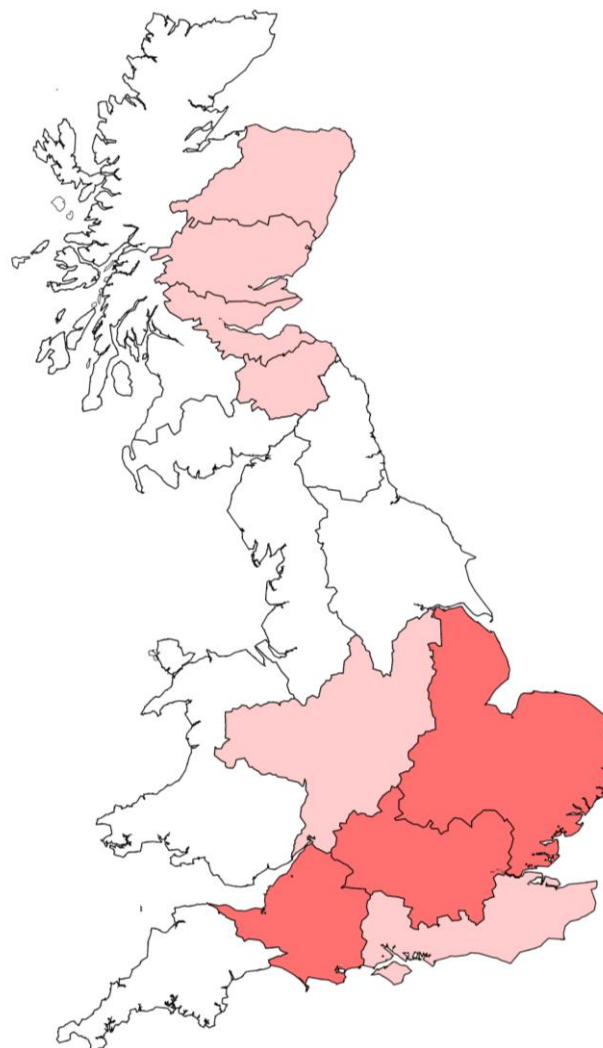
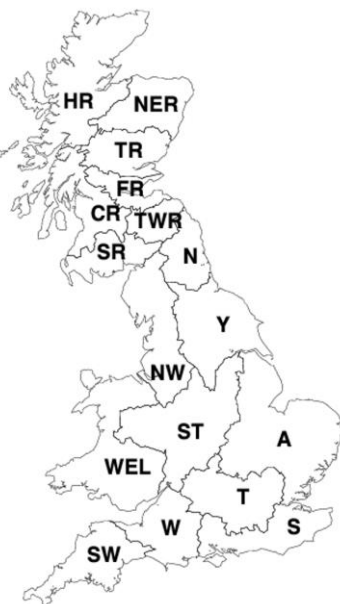
0	HR	Highlands Region
13	NER	North East Region
7	TR	Tay Region
11	FR	Forth Region
0	CR	Clyde Region
6	TWR	Tweed Region
0	SR	Solway Region

ENGLAND

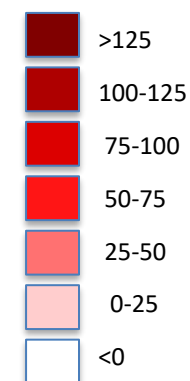
0	N	Northumbria
0	NW	North West
0	Y	Yorkshire
13	ST	Severn Trent
38	A	Anglian
39	T	Thames
27	W	Wessex
1	S	Southern
0	SW	South West

WALES

0	WEL	Welsh
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Water storage deficit
(anomaly; mm)



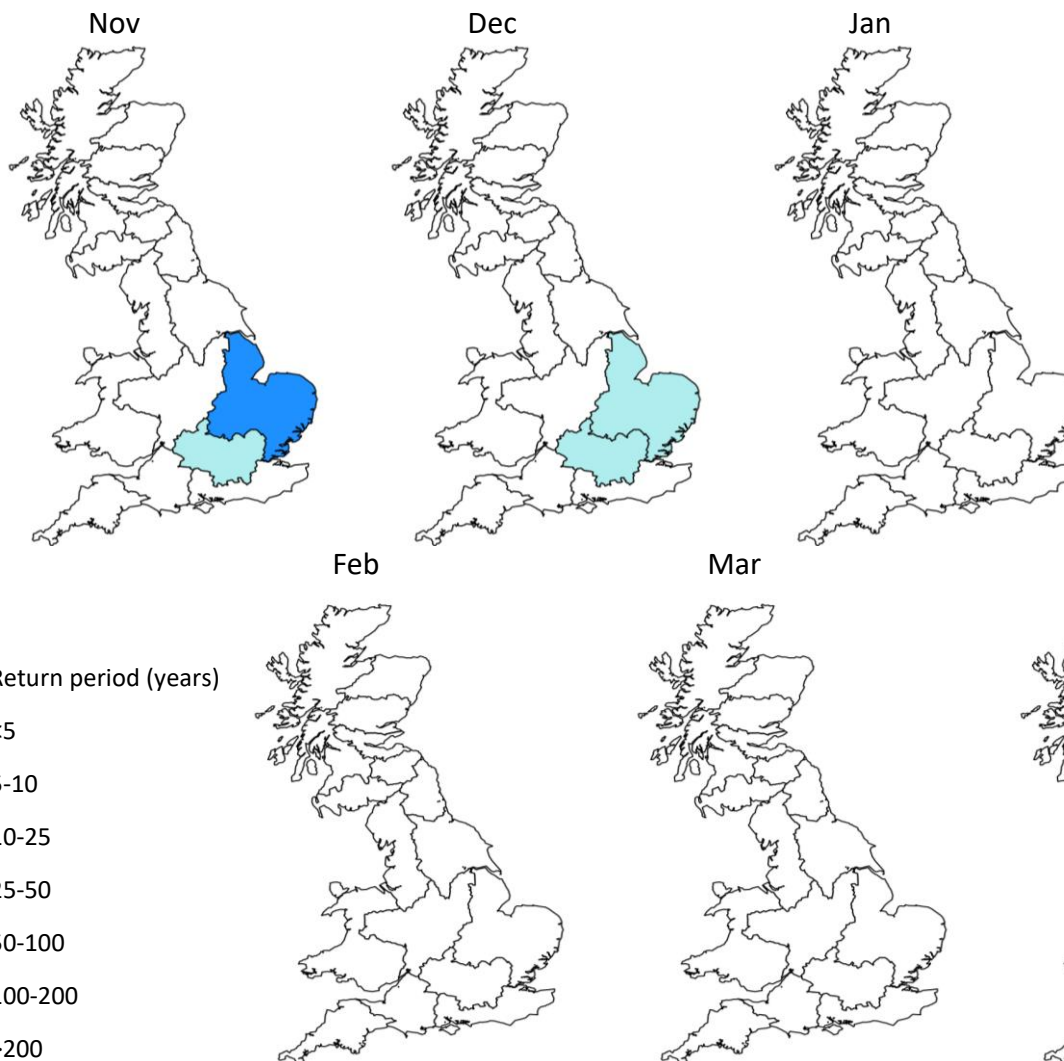
Return Period of Rainfall Required to Overcome Dry Conditions

Period: November 2025 - April 2026

Issue date: 05.11.2025

These maps show the return period of the rainfall required to overcome dry conditions simulated using the Grid-to-Grid (G2G) hydrological model. The maps are coloured according to the return period of accumulated rainfall required to overcome the estimated current subsurface water storage deficit over the next one to six months (areas with no storage deficit will always be white). These maps do not provide a drought forecast; instead they indicate whether particularly heavy rainfall would be required to return to normal conditions for the time of year.

SUMMARY: Subsurface storage deficits persist over southern and central England and Northeast Scotland. However, only a few areas of eastern England require unusually high rainfall (>5-year return period) to recover by the end of 2025.



SCOTLAND

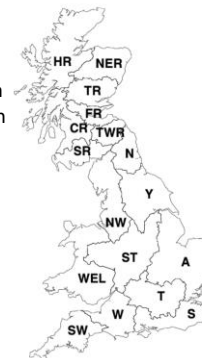
HR Highlands Region
NER North East Region
TR Tay Region
FR Forth Region
CR Clyde Region
TWR Tweed Region
SR Solway Region

ENGLAND

N Northumbria
NW North West
Y Yorkshire
ST Severn Trent
A Anglian
T Thames
S Southern
W Wessex
SW South West

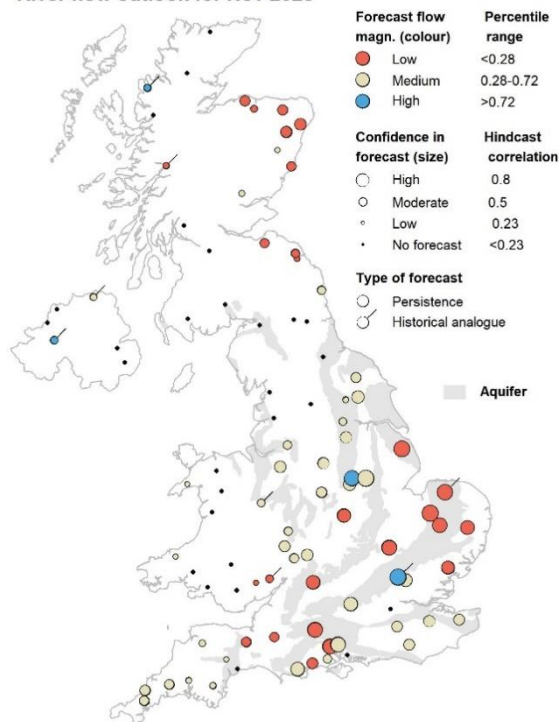
WALES

WEL Welsh



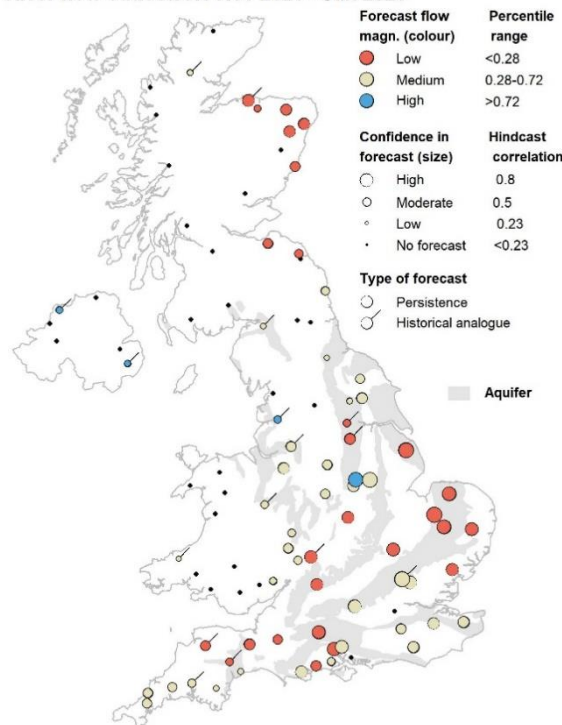
SUMMARY: The outlook for November and the November-January period suggests that river flows in England and eastern Scotland are expected to be in the normal to below-normal range. There are limited forecasts available for the western areas of the UK.

River flow outlook for Nov 2025



1-month flow outlook

River flow outlook for Nov 2025 - Jan 2026



3-month flow outlook

Outlooks from hydrological analogues are based on a comparison of river flow during recent months with flows during the same months in previous years at a set of approximately 90 sites from across the UK. These sites are depicted on the two maps. Years with observed flows that most closely resemble current conditions are identified as the best analogues and the outlook is based on extrapolating from current conditions based on these analogues.

It is, however, often the case that a simpler forecast based on the persistence of river flow provides a better forecast than provided by analogy. This is particularly true for slowly responding catchments associated with aquifer outcrops.

Both methods are considered at each site and the forecast from the method with the higher confidence is presented. A simple classification of flows is used (high, medium and low) as indicated by the colours of the dots, with the confidence

of the forecast being represented by the size of the dot. A tag on the dot indicates which method has been used in each instance.

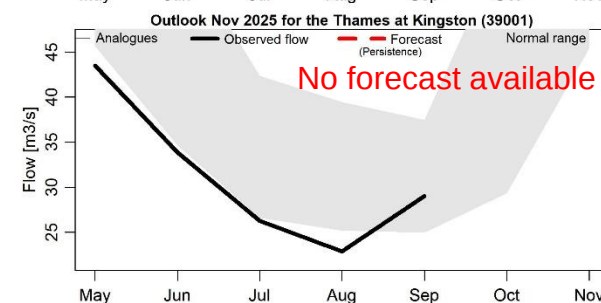
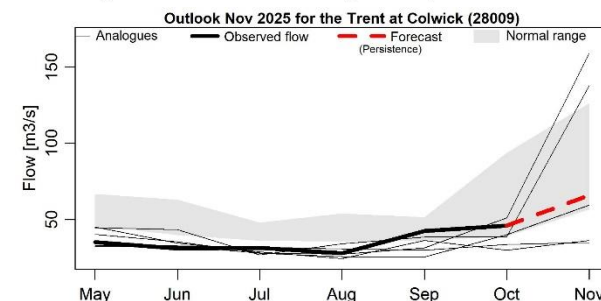
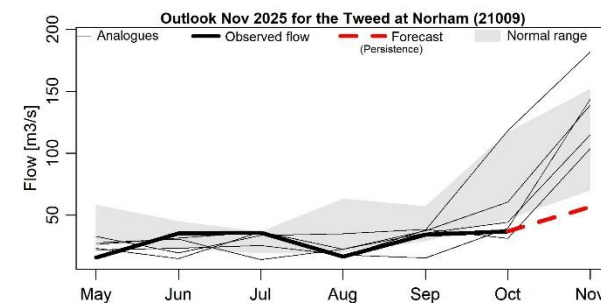
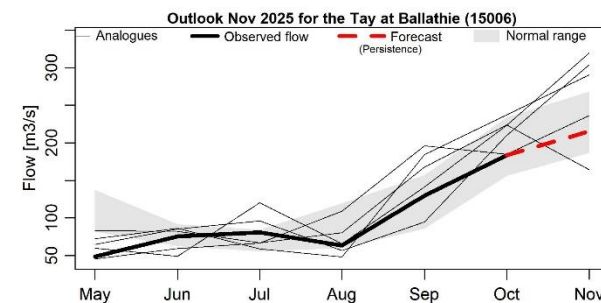
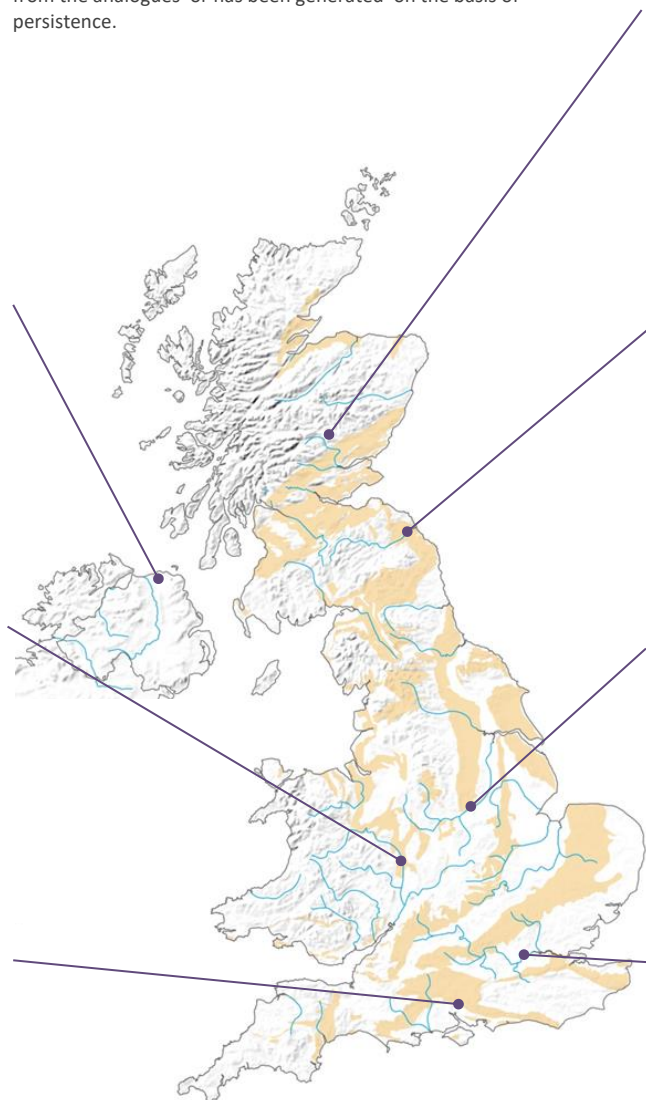
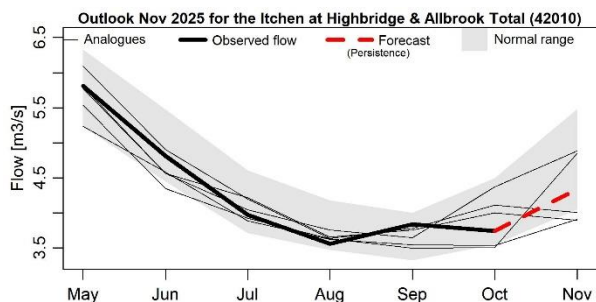
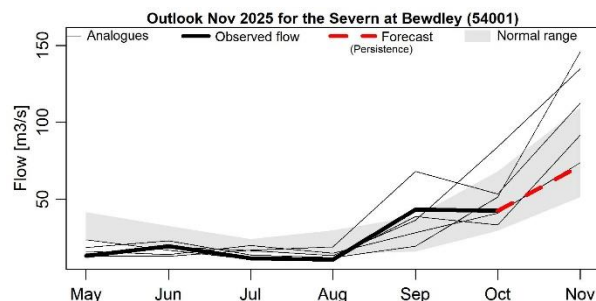
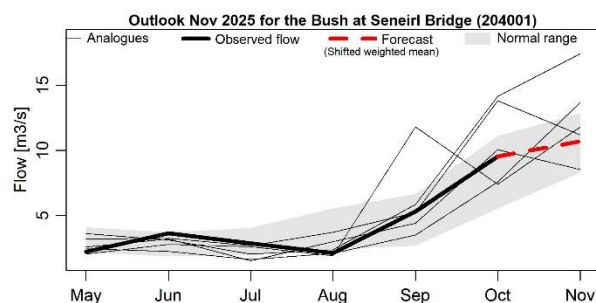
Period: November 2025 – January 2026

Issued on 07.11.2025 using data to the end of October 2025

These figures provide insight into the hydrological analogue methodology for a set of sites from across the UK.

In each of the time series graphs the bold black line represents the observed flow during the past six months. The grey band indicates the normal flow range (the normal band includes 44%

of observed flows in each month). The selected analogues are shown as thin lines and the trajectories that flows took in the following month are also shown. The forecast is shown as the dashed red line, and in each plot it states whether this has come from the analogues or has been generated on the basis of persistence.



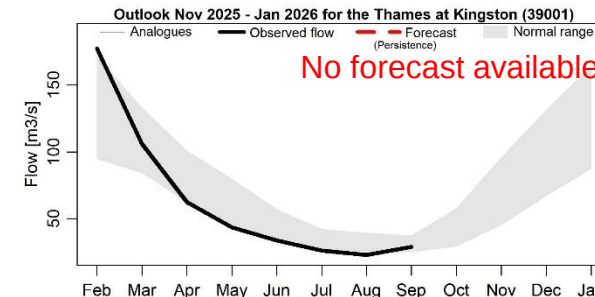
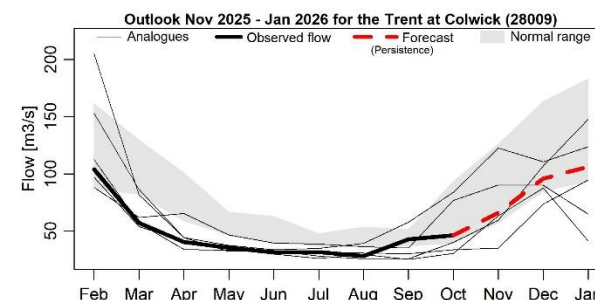
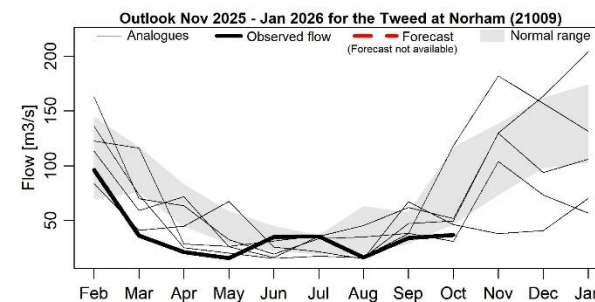
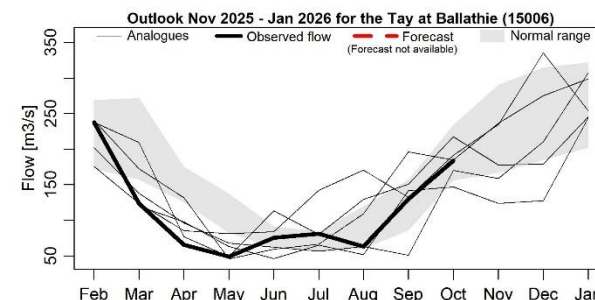
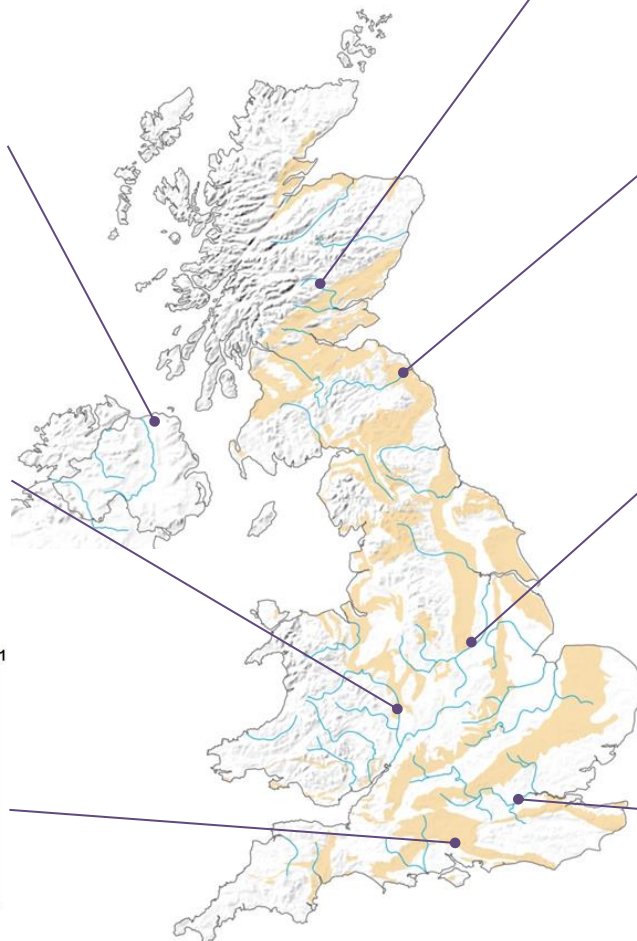
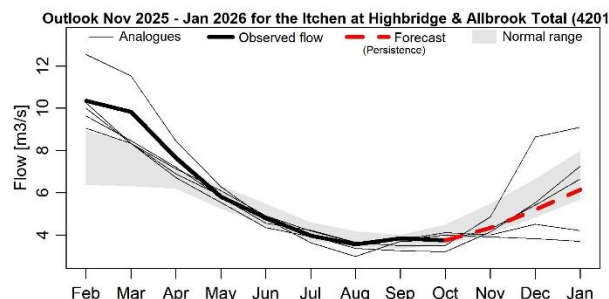
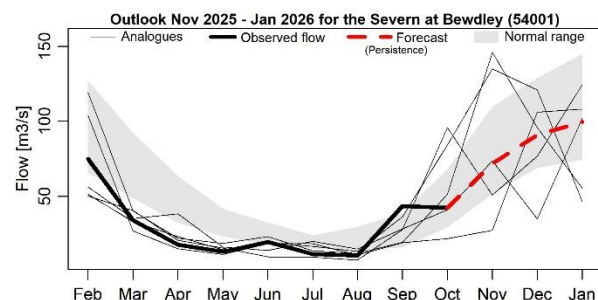
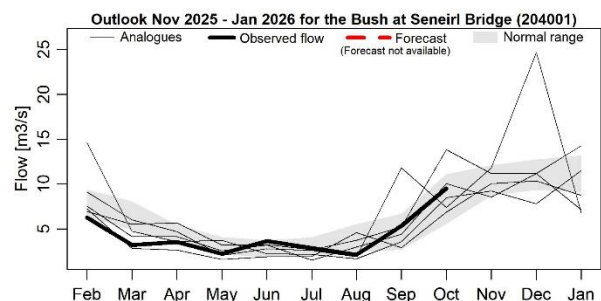
Period: November 2025 – January 2026

Issued on 07.11.2025 using data to the end of October 2025

These figures provide insight into the hydrological analogue methodology for a set of sites from across the UK.

In each of the time series graphs the bold black line represents the observed flow during the past nine months. The grey band indicates the normal flow range (the normal band includes 44%

of observed flows in each month). The selected analogues are shown as thin lines and the trajectories that flows took in the following three months are also shown. The forecast is shown as the dashed red line, and in each plot it states whether this has come from the analogues or has been generated on the basis of persistence.

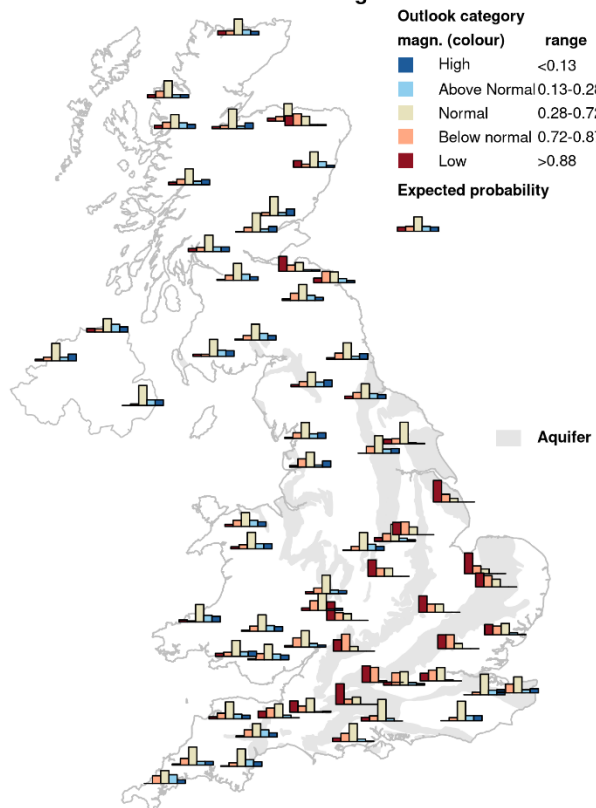


Period: November 2025 – January 2026

Issued on 04.11.2025 using data to the end of October 2025

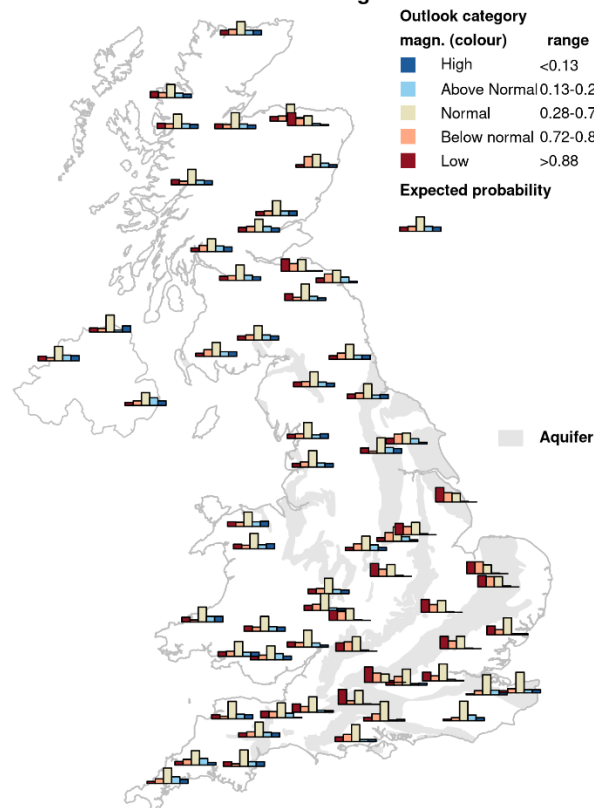
The outlook for November indicates that river flows are likely to be normal to above normal across western areas. In eastern England, flows are likely to be below normal to low. The November to January 2026 outlook indicates that this pattern is likely to persist over the coming few months with a slight decrease in the likelihood of below normal to low flows in southeastern England.

1-month river flow outlook starting Nov 2025



This outlook is based on monthly ensembles of historical sequences of observed climate (rainfall and potential evapotranspiration) that form input to a hydrological model. The outputs are probabilistic simulations of the average river flow over the forecast period (1 to 12 months ahead), at each location. The simulations are generated by the GR6J conceptual rainfall-runoff model from INRAE (France) calibrated on observed or naturalised flows.

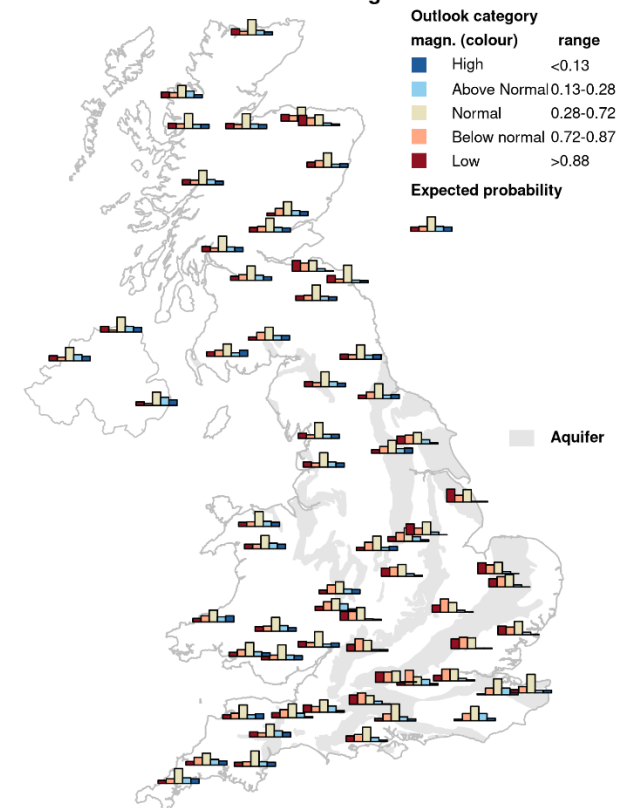
3-month river flow outlook starting Nov 2025



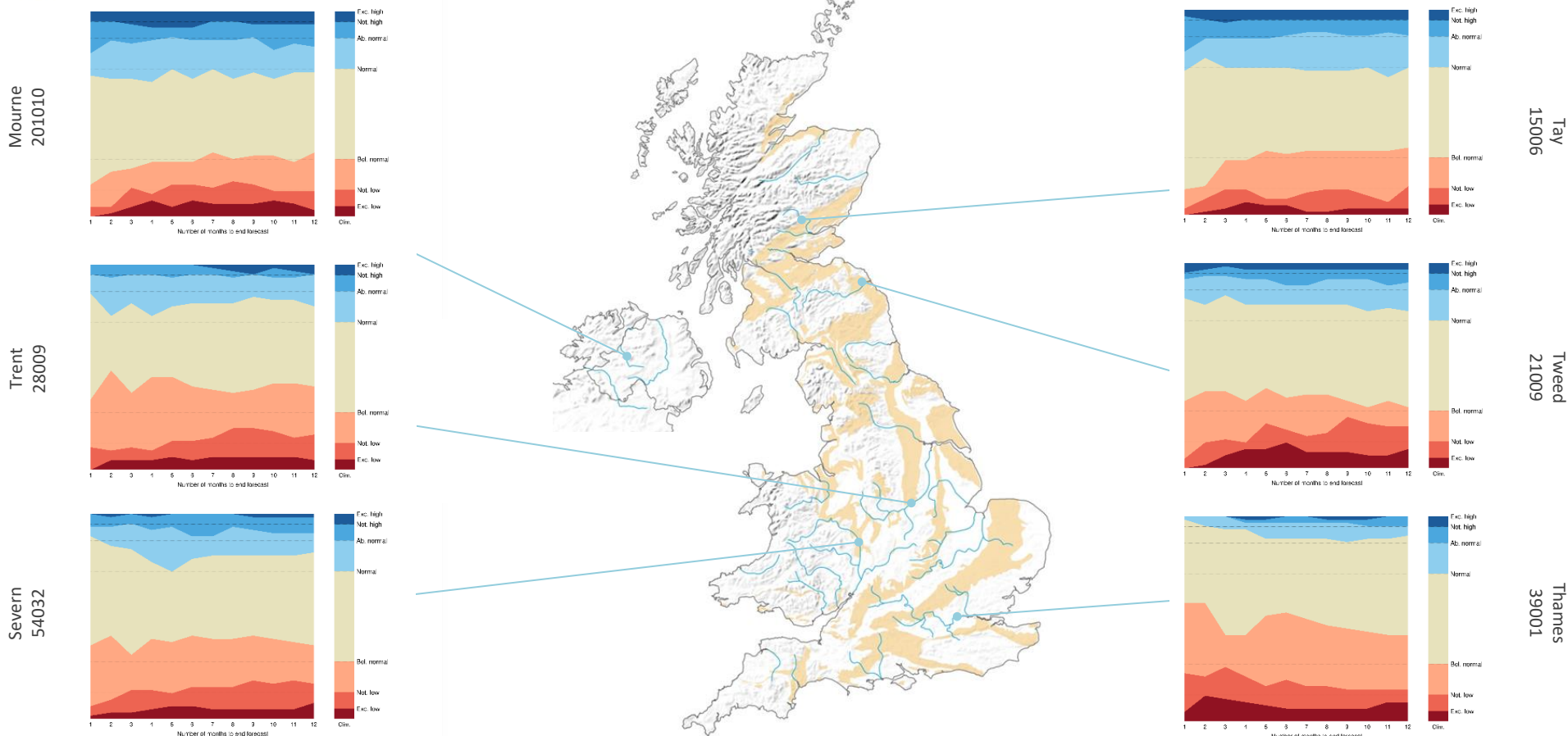
The bar plot maps show the outlook distribution for 1, 3 and 6-month period for 64 catchments across England and Wales. Each bar plot represents the probabilistic distribution of the simulated river flow compared to the historical river flow, for the same n-month period. The probabilities fall within five categories, classified as: low, below normal, normal, above normal and high.

Please note that *Outlooks based on modelled flow from historical climate* from October 2023 onwards were generated using GR6J model, whereas until September 2023, they were produced using GR4J model. For more details, please see the section on River flow from historical climate at this link: <https://hydoutuk.net/about/methods/river-flows>

6-month river flow outlook starting Nov 2025



This outlook is based entirely on historical sequences and therefore does not contain any knowledge of the state of the atmosphere and ocean. It is hence possible that some of the historical sequences used might be inconsistent with current large-scale atmospheric conditions and would therefore be unlikely to occur in the next few months.



This outlook is based on monthly ensembles of historical sequences of observed climate (rainfall and potential evapotranspiration) that form input to a hydrological model. The outputs are probabilistic simulations of the average river flow over the forecast period (1 to 12 months ahead), at each location. The simulations are generated by the GR6J conceptual rainfall-runoff model from INRAE (France) calibrated on observed or naturalised flows.

The stack diagrams show the variation over time of the outlook distribution for a number of individual catchments. Each graph represents variation over time of the number of simulated river flows, in each month ensemble, that fall within each of seven categories: exceptionally low, notably low, below normal, normal, above normal, notably high and exceptionally high. The categories represent cumulative flow conditions, e.g. For 3-month, the simulated total 3-month flow compared to the historical 3-month flow distribution. The monthly variations can be compared to the long-term average distribution of river flows (shown as columns on

the right of each timeline graph).

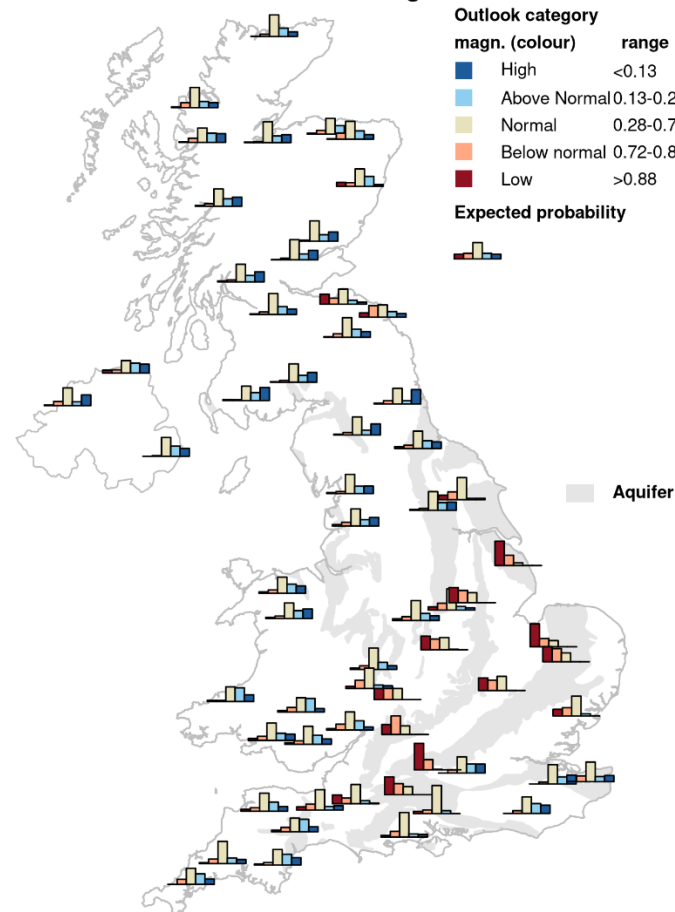
This outlook is based entirely on historical sequences and therefore does not contain any knowledge of the state of the atmosphere and ocean. It is hence possible that some of the historical sequences used might be inconsistent with current large-scale atmospheric conditions and would therefore be unlikely to occur in the next few months.

The outlook for November indicates that flows in the east of England are likely to be below normal to low. Elsewhere in the UK flows are likely to be in the normal range. The November to January 2026 outlook suggests a continuation of this pattern, with a shift towards below normal to normal flows in east of England. Flows elsewhere are likely to be in the normal range.

The historical weather analogues method uses Met Office predictions of average weather 1 and 3 months ahead to provide inputs to a hydrological model. Like the ESP method, observed rainfall and temperature data from past years are used to drive the predictions, however, the analogue method constrains the selection of past rainfall using the weather conditions in the meteorological forecasts (which are summarised for this forecast in the Met Office likelihood of impacts blocks underneath the maps). For each member of the Met Office forecast ensemble, the 10 analogues that best match the predicted average weather pattern (surface pressure map) over the forecast period are selected. Precipitation and temperature sequences constructed from the selected analogue scenarios are corrected to account for historic trends and used as inputs to hydrological models. Here, the GR6J model is run using these inputs, creating an ensemble of hydrological forecasts.

The outputs shown in the maps are the likelihoods of different outcomes for the average river flow over the one-month and three-month forecast periods at each location. The outlooks maps show the distribution for 64 catchments across the United Kingdom. Each bar plot represents the likelihood of the simulated river flow compared to the historical river flow, for the same n-month period. The probabilities fall within five categories, classified as: low, below normal, normal, above normal and high. The expected climatological probability of ensemble members in each of these categories is shown under the legend.

1-month river flow outlook starting Nov 2025

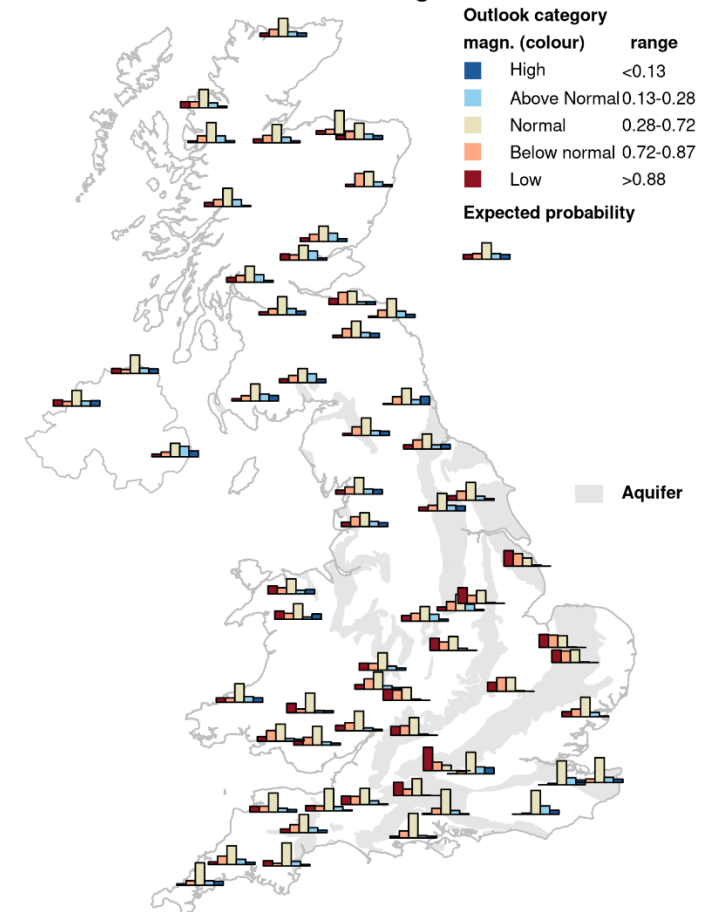


Met Office 1-month likelihood of precipitation impact



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3-month river flow outlook starting Nov 2025



Met Office 3-month likelihood of precipitation impact

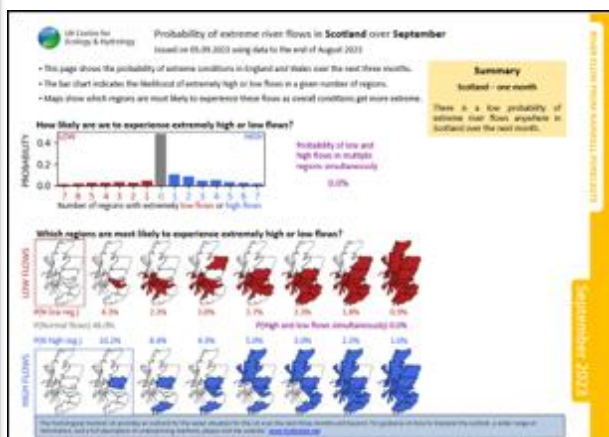


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Forecasts of river flows using Met Office rainfall forecasts

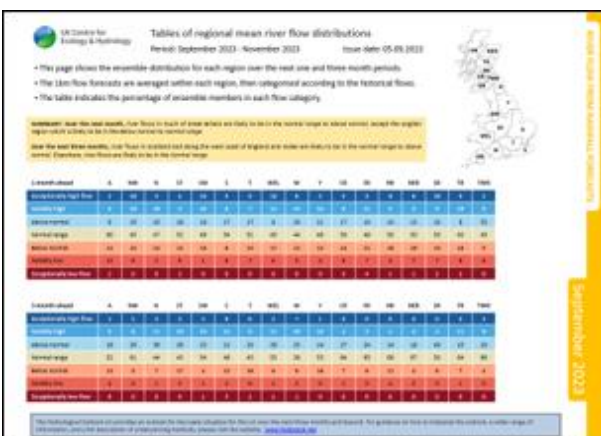
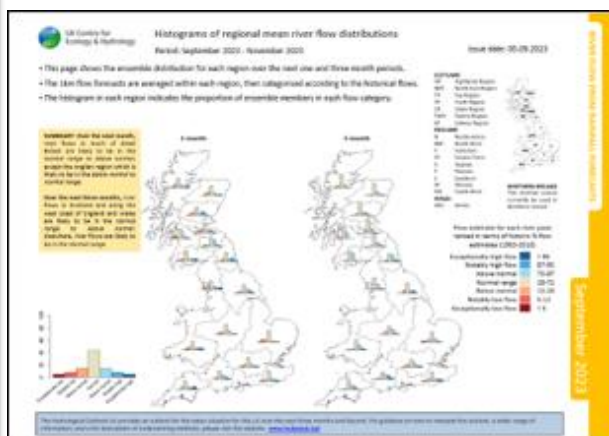
- These (yellow edged) pages summarise river flow forecasts produced by the UKCEH Water Balance Model.
- This model uses an ensemble of rainfall forecasts provided by the Met Office and a hydrological model to forecast river flows for the next one- and three-months ahead.
- A detailed description of these forecast products can be found on the final page, and a full technical description is given in the documentation available via the Hydrological Outlook website.
- Additional forecast products are available on the Hydrological Outlook Portal, via the website.

Probability of extreme river flows



- Use these pages if you are interested in extreme conditions across multiple regions.
- These pages summarise the risk of extremely high or low flows being observed across GB.
- The four pages show the risk for **Scotland** and for **England & Wales** over the next one and three months.
- The slides indicate the **probability of widespread extreme conditions** and which regions are most likely to experience extremely high or low flows.

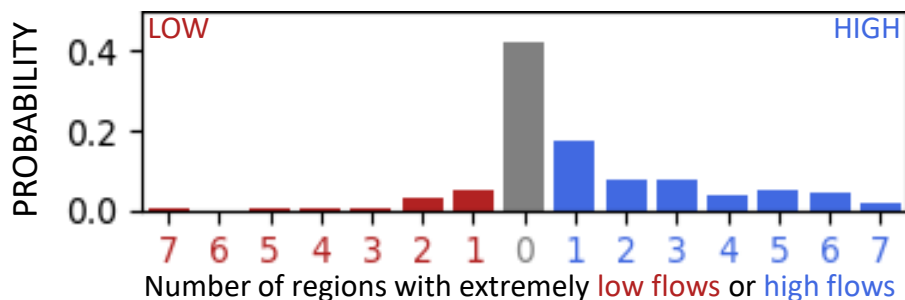
Regional mean river flow distributions



- Use these pages if you are interested in the ensemble distribution in a single region.
- The first page shows the ensemble distribution as a histogram for each region.
- The second page shows the percentage of ensemble members in each band for each region.

This page shows the **probability of extreme conditions in Scotland** over the next month. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

How likely are we to experience extremely low or high flows?



Probability of low and high flows in multiple regions simultaneously

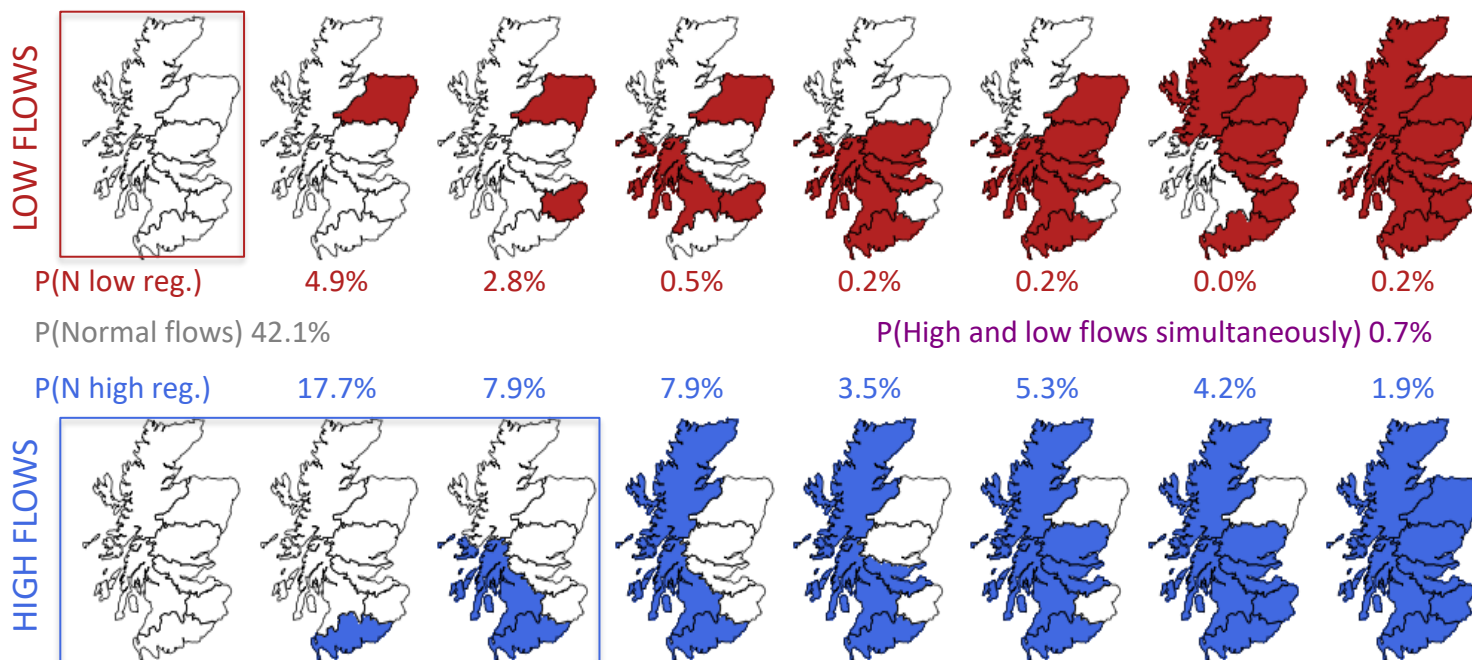
0.7%

Summary

Scotland – one month

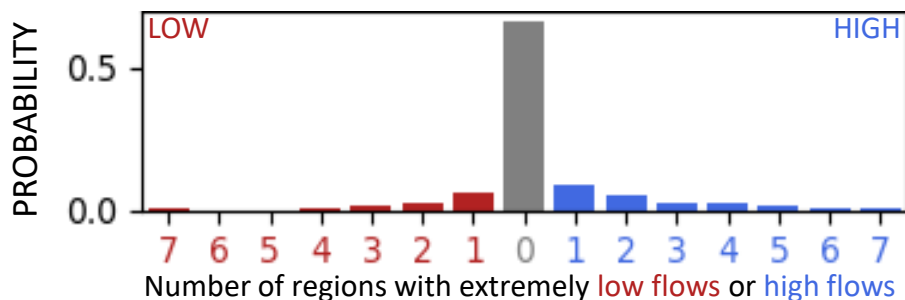
Extreme river flows are unlikely to be observed in Scotland across November. There is a small chance that high flows are observed in southwestern regions.

Which regions are most likely to experience extremely low or high flows?



This page shows the **probability of extreme conditions in Scotland** over the next three months. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

How likely are we to experience extremely low or high flows?



Probability of low and high flows in multiple regions simultaneously

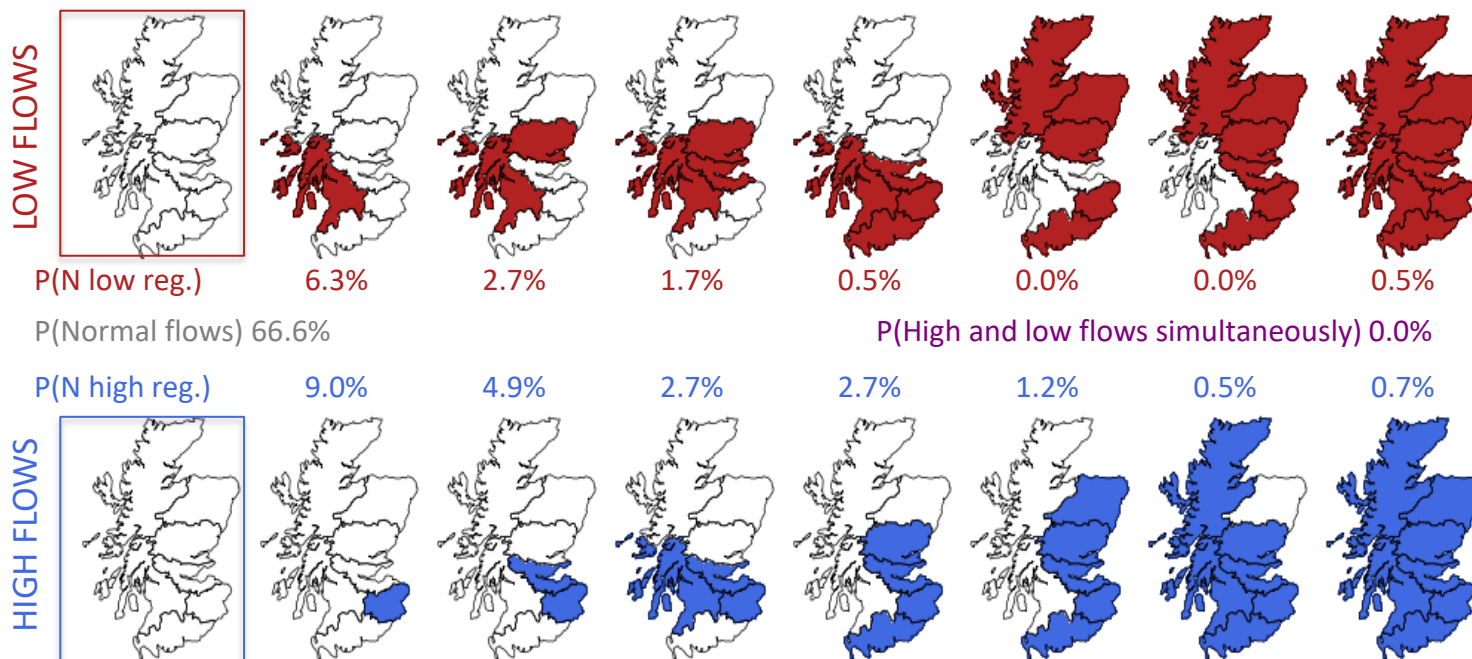
0.0%

Summary

Scotland – three months

Extreme seasonal-mean river flows are not likely to be observed in Scotland across the period from November to January.

Which regions are most likely to experience extremely low or high flows?



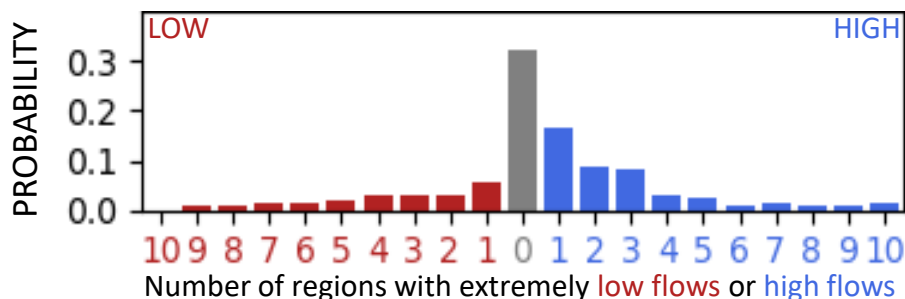
This page shows the **probability of extreme conditions in England and Wales** over the next month. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

Summary

England and Wales – one month

Extreme river flows are unlikely to be observed in England and Wales over the next month. If such flows do occur, they are most probable in northern parts of England.

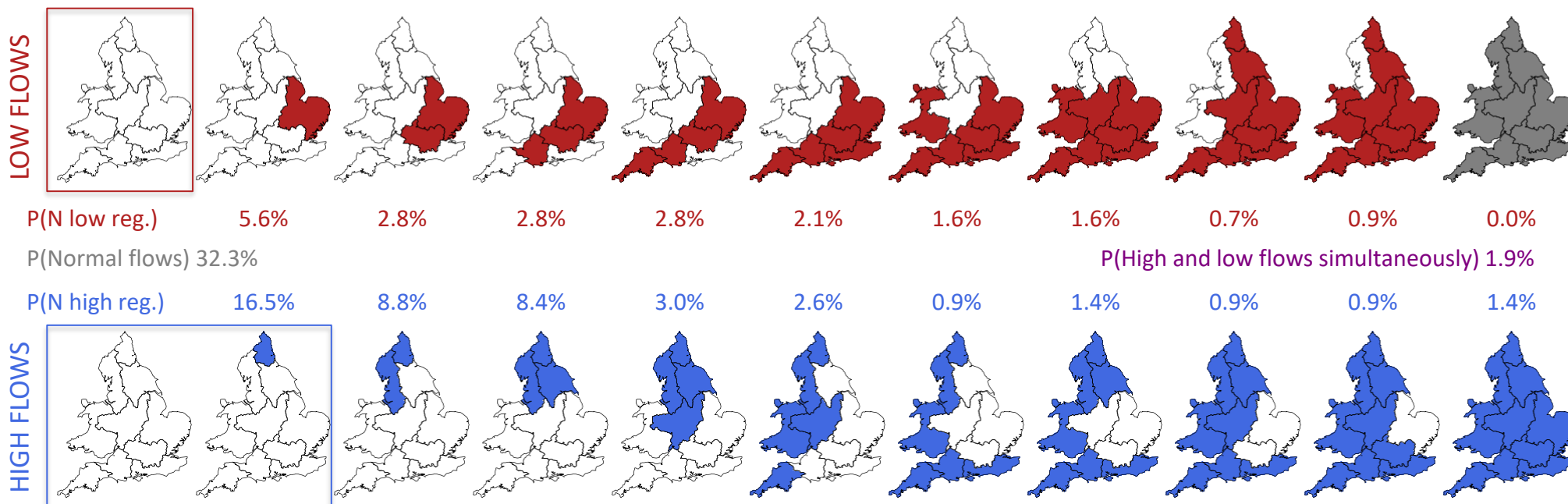
How likely are we to experience extremely low or high flows?



Probability of low and high flows in multiple regions simultaneously

1.9%

Which regions are most likely to experience extremely low or high flows?



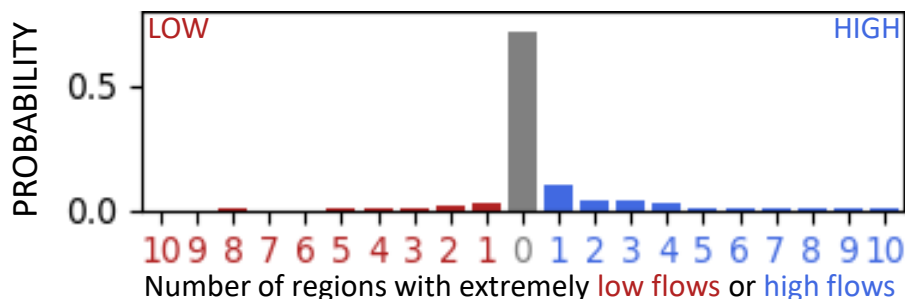
This page shows the **probability of extreme conditions in England and Wales** over the next three months. The bar chart indicates the likelihood of extremely high or low flows in a given number of regions. Maps show which regions are most likely to experience these flows as overall conditions get more extreme.

Summary

England and Wales – three months

Extreme seasonal-mean river flows are unlikely to be observed in England and Wales over the next three months.

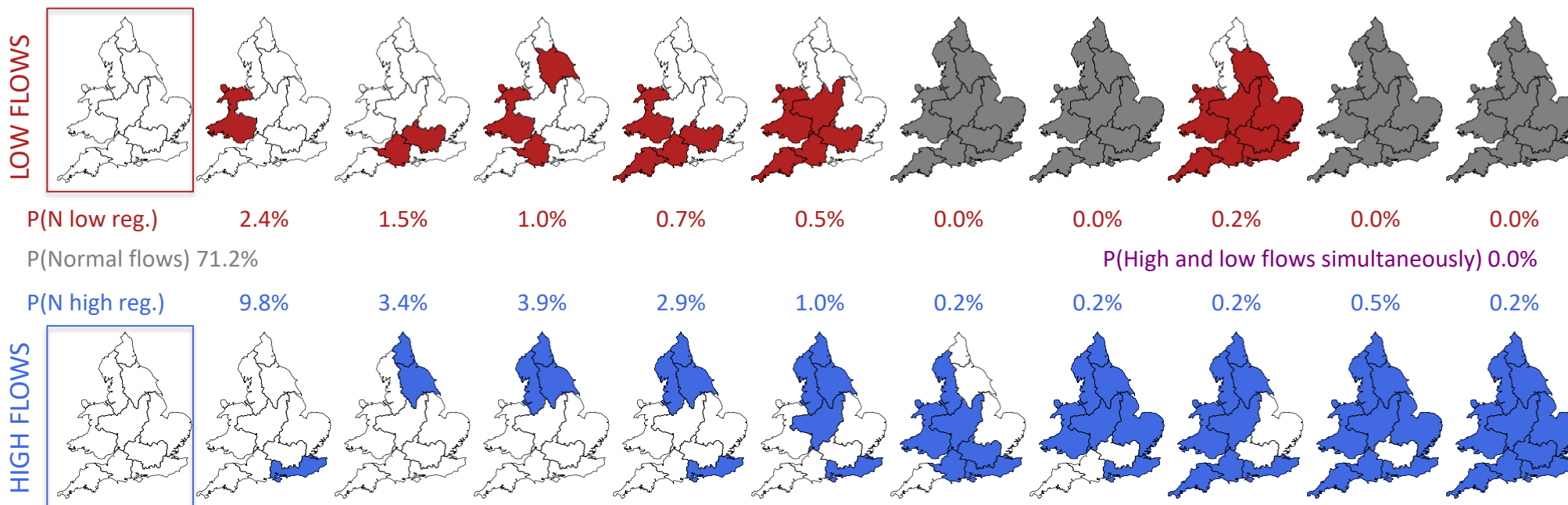
How likely are we to experience extremely low or high flows?



Probability of low and high flows in multiple regions simultaneously

0.0%

Which regions are most likely to experience extremely low or high flows?



Histograms of GB regional mean river flow distributions

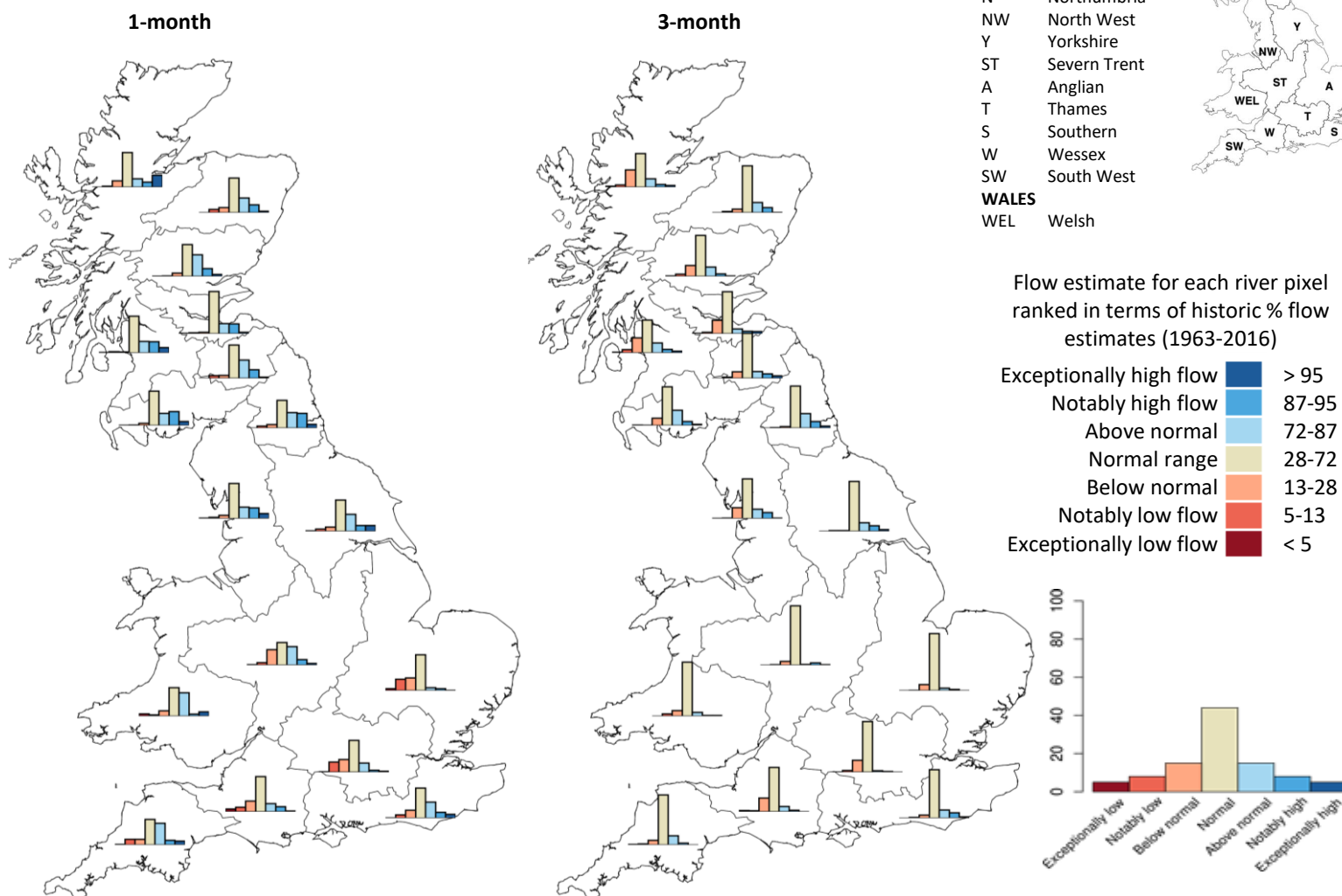
Period: November 2025 - January 2026

Issue date: 05.11.2025

- This page shows **the ensemble flow distribution for each region** over the next 1- and 3-month periods.
- The 1km flow forecasts are averaged within each region, then categorised according to the historical flows.
- The histogram in each region indicates the proportion of ensemble members in each flow category.

SUMMARY: Over the next month, river flows in Scotland, northern and western England, and Wales are likely to be in the *normal range* to *above normal*. Flows in the Anglian and Thames regions are likely to be in the *normal range* to *below normal*.

Over the next three months, flows in much of England, Scotland and Wales are likely to be in the *normal range*, while those in northern England may be in the *normal range* to *above normal*.



Tables of GB regional mean river flow distributions

Period: November 2025 - January 2026

Issue date: 05.11.2025

- This page shows **the ensemble flow distribution for each region** over the next 1- and 3-month periods.
- The 1km flow forecasts are averaged within each region, then categorised according to the historical flows.
- The table indicates the percentage of ensemble members in each flow category.

SUMMARY: Over the next month, river flows in Scotland, northern and western England, and Wales are likely to be in the *normal range to above normal*. Flows in the Anglian and Thames regions are likely to be in the *normal range to below normal*.

Over the next three months, flows in much of England, Scotland and Wales are likely to be in the *normal range*, while those in northern England may be in the *normal range to above normal*.



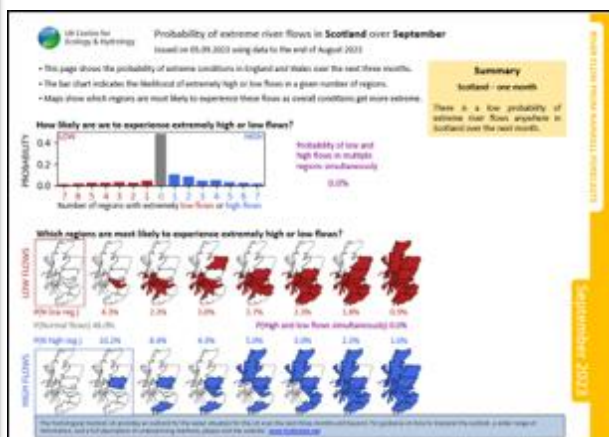
1-month ahead	A	NW	N	ST	SW	S	T	WEL	W	Y	CR	FR	HR	NER	SR	TR	TWR
Exceptionally high flow	0	8	6	3	6	6	1	6	1	9	8	2	18	2	6	3	2
Notably high	3	16	22	8	7	9	3	3	7	9	16	15	7	12	21	12	13
Above normal	4	17	23	28	32	24	14	35	12	26	17	15	13	22	18	32	27
Normal range	54	52	41	34	38	45	48	43	53	47	55	63	52	52	51	47	50
Below normal	19	5	5	23	8	12	19	8	16	6	2	2	9	7	3	5	4
Notably low	17	2	3	4	8	5	15	2	7	3	2	2	1	5	0	1	4
Exceptionally low flow	3	1	0	1	1	0	0	3	4	0	0	1	0	0	0	0	0

3-month ahead	A	NW	N	ST	SW	S	T	WEL	W	Y	CR	FR	HR	NER	SR	TR	TWR
Exceptionally high flow	0	0	3	0	0	2	0	1	0	2	2	3	2	0	2	0	4
Notably high	2	9	10	3	3	8	1	1	2	8	5	4	4	8	6	4	7
Above normal	4	14	22	1	14	12	2	6	8	13	15	7	12	15	23	14	10
Normal range	85	59	63	89	75	72	76	81	66	75	49	63	50	70	58	61	67
Below normal	9	16	2	6	7	4	18	8	20	1	22	20	26	5	11	16	10
Notably low	0	1	0	0	2	1	3	3	2	1	5	2	3	2	0	3	2
Exceptionally low flow	0	0	0	0	1	0	0	0	2	0	1	0	2	0	0	1	0

Forecasts of river flows using Met Office rainfall forecasts

- The data on these (yellow-bordered) pages are based on approximately 400 rainfall scenarios provided by the Met Office, which are used as inputs to a water balance hydrological model.
- River flow forecasts for every 1km grid cell are ranked according to the historical flow estimates and aggregated within each region.
- A full description of this method and these summary products is given in the technical documentation available via the Hydrological Outlook website.

Probability of extreme river flows



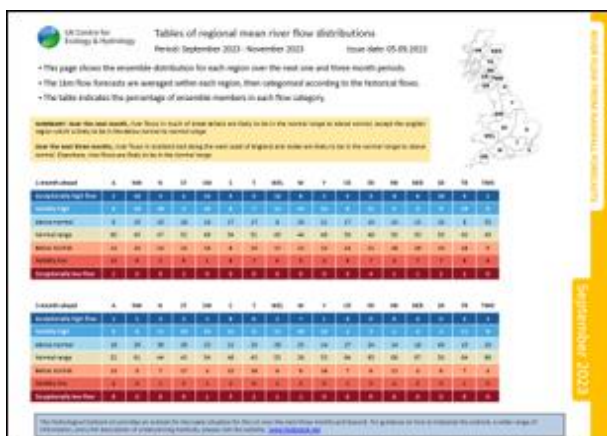
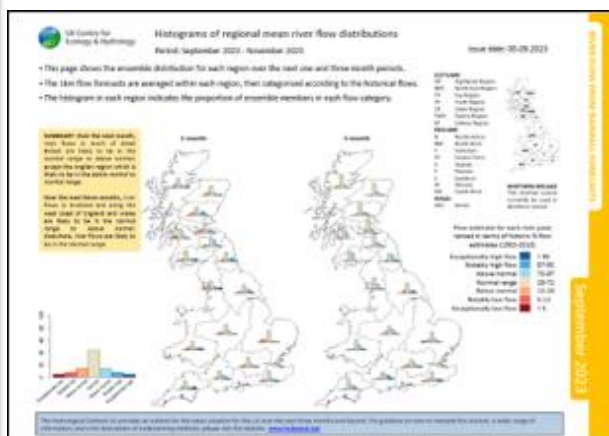
Extreme river flows are defined as those which rank in the lowest or highest 13% of historical flow estimates (1963 - 2016). This definition encompasses the 'Notably' and 'Exceptionally' high/low flow bands used elsewhere in the Outlook.

The bar chart shows the probability of a given number of regions experiencing extremely high/low flows, where scenarios showing both extremely high and extremely low flows in different regions simultaneously excluded. These probabilities are also shown beneath the maps.

Shaded regions on each map are those most likely to experience extreme flows from the set of scenarios with at least a given number of regions experiencing such flows. If shown, grey maps indicate scenarios not observed in the ensemble.

The box drawn around some maps spans the central 50% probability interval, excluding scenarios where extremely high/low flows are observed simultaneously. If these excluded cases constitute a significant probability, details are given in the yellow summary box.

Regional mean river flow distributions



The maps illustrate the ensemble distribution of regional mean river flows. The historical distribution is shown at bottom-left, and allows deviations from the normal distribution to be determined by comparing the forecast distribution to the historical distribution. A summary is given in the yellow box.

The table gives access to the data shown in the histograms. The numbers in the tables are the percentage of ensemble forecasts falling in each of the flow categories. As before results are averaged by region then ranked in terms of 54 years of historical regional flow estimates (1963 - 2016).

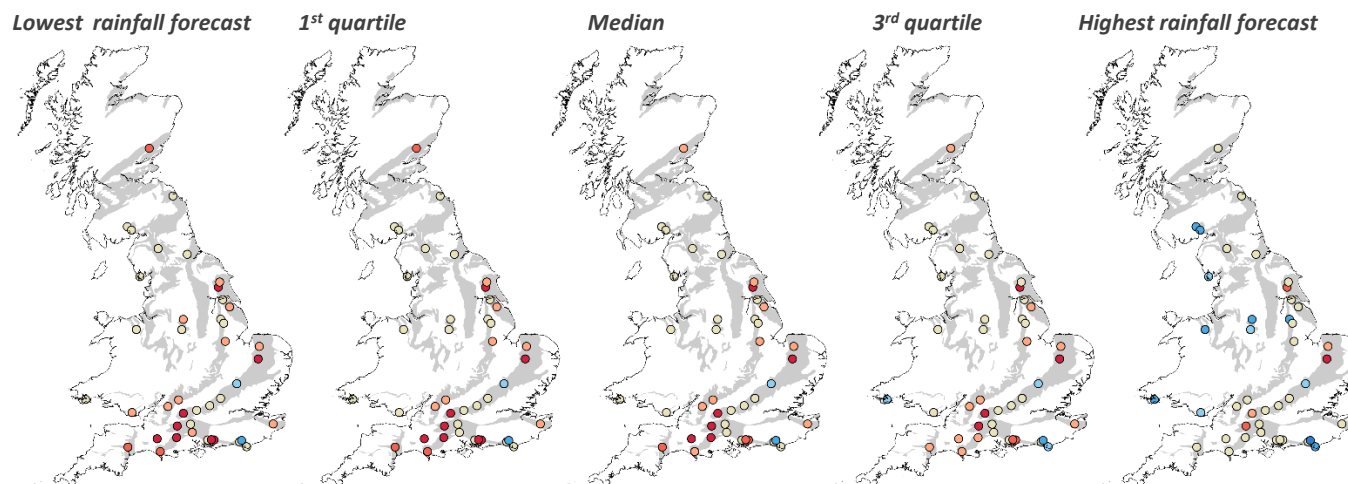
Period: November 2025 – January 2026

Issued on 07.11.2025 using data to the end of October

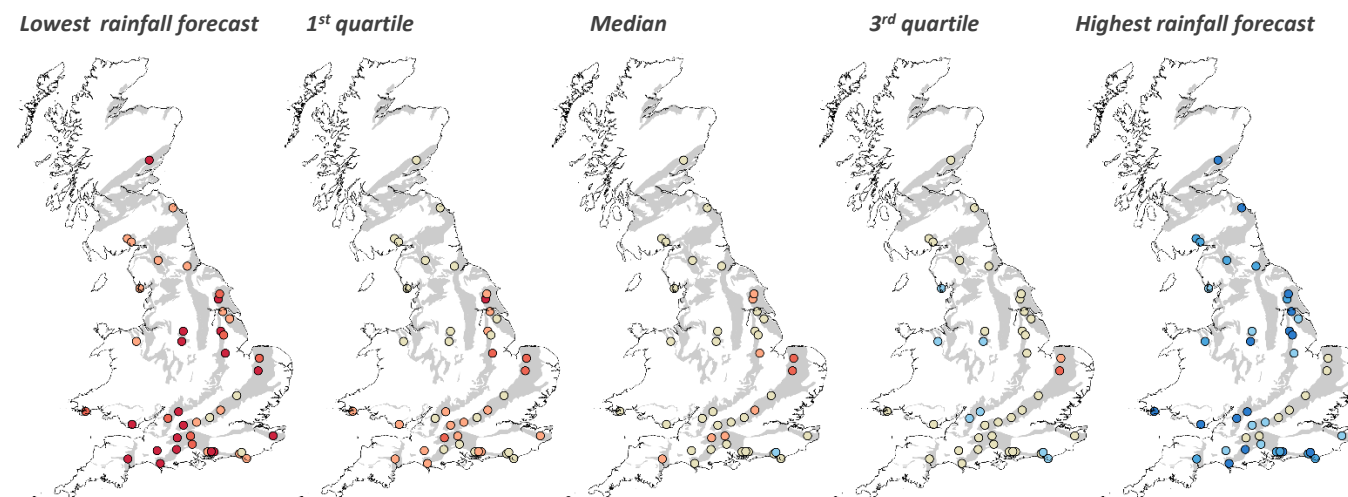
Under median rainfall conditions, groundwater levels across most UK sites are forecast to remain within normal to below normal range over the next month. Below normal to exceptionally low levels are anticipated to persist in parts of eastern and south-western England, as well as central Scotland. Over the next three months, groundwater levels are forecast to trend towards normal, although some below normal to notably low conditions may persist, particularly in eastern and southern England.

These forecasts are produced by running five members of the Met Office ensemble climate forecast through groundwater models of observation borehole hydrographs at 42 sites across the country. The sites are distributed across the principal aquifers.

Based on the distribution of observed historical groundwater levels in a given month, seven categories have been derived for each site: very low, low, below normal, normal, above normal, high, and very high. The forecast groundwater level is assigned to one of these seven categories depending on where it falls within the distribution of the historically observed values.

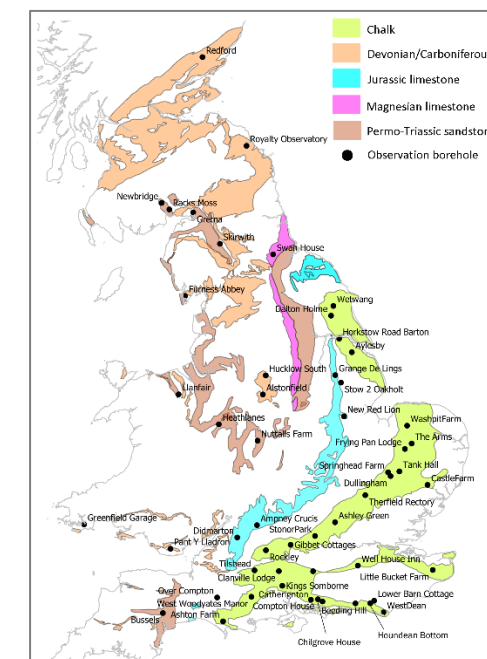


1-month outlook



3-month outlook

Key	Percentile range of historic observed values for relevant month
Exceptionally high levels	> 95
Notably high levels	87-95
Above normal	72-87
Normal	28-72
Below normal	12-28
Notably low levels	5-13
Exceptionally low levels	< 5

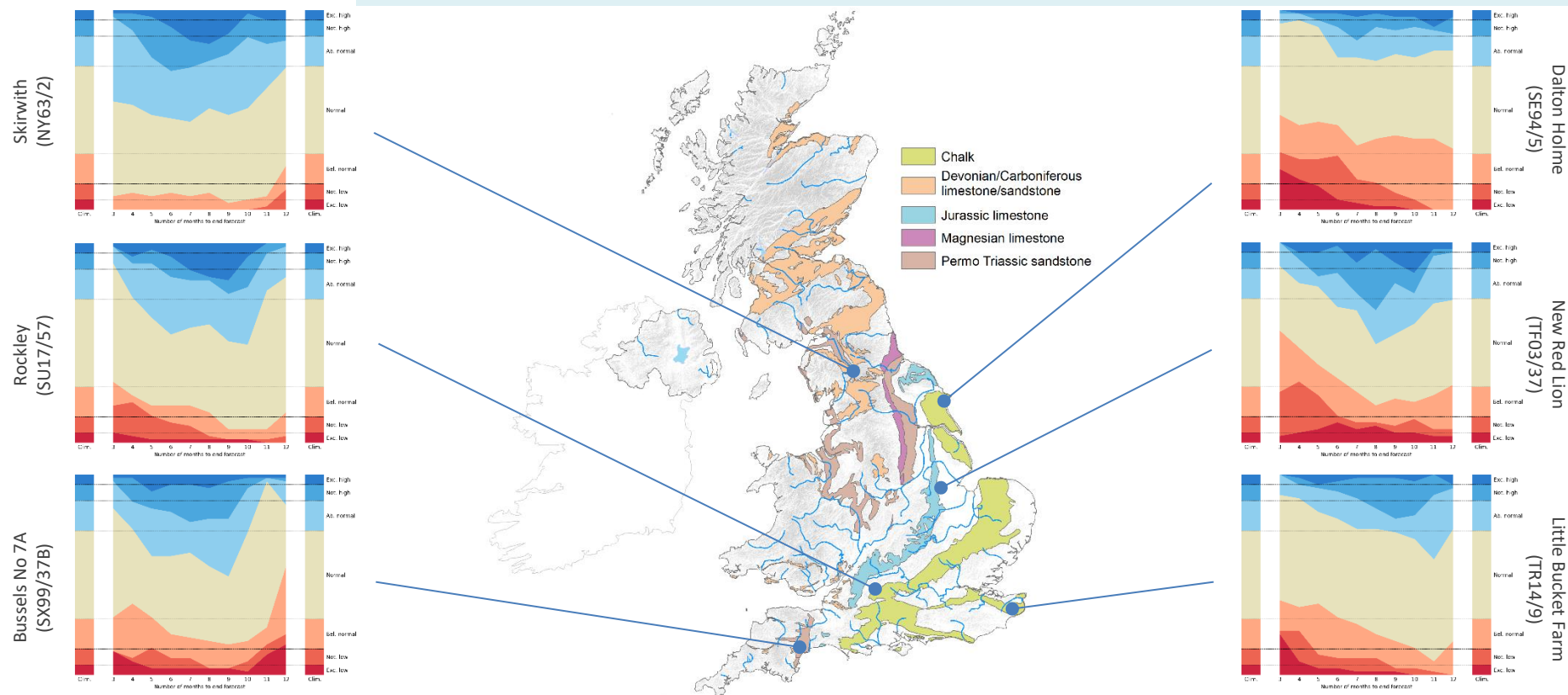


Outlook based on modelled groundwater from historical climate

Period: November 2025 – October 2026

Issued on 07.11.2025 using data to the end of October

Groundwater levels in the Chalk at Rockley, the Permo-Triassic Sandstone at Bussels No. 7A and the Jurassic Limestone at New Red Lion are projected to recover from normal or below normal conditions to above normal over the coming months, peaking from around 8 months ahead. Levels are then expected to return to normal or below-normal conditions within 12 months. In the Chalk at Little Bucket Farm, levels are expected to remain within the normal range, with a gradual shift from slightly drier to a slightly wetter outlook. In contrast, levels in the Chalk at Dalton Holme are expected to remain normal to below-normal throughout the period. In the Permo-Triassic Sandstone at Skirwirth, above normal levels are likely over the next 3-10 months, before a return to normal conditions thereafter.



This outlook is based on monthly ensembles of historical sequences of observed climate (rainfall and potential evapotranspiration) that form input to hydrological models. The outputs are probabilistic simulations of the average groundwater level over the forecast horizon (3 to 12 months ahead), at each location.

The graphs show variation over time of the number of simulated groundwater levels in each monthly ensemble,

that fall within each the seven categories: exceptionally low, notably low, below normal, normal, above normal, notably high and exceptionally high. The monthly variations can be compared to the long-term average distribution of levels, which are shown as columns on the left and right of each graph.

This outlook is based entirely on historical sequences and therefore does not contain any knowledge of the state of

the atmosphere and ocean. It is hence possible that some of the historical sequences used might be inconsistent with current large-scale atmospheric conditions and would therefore be unlikely to occur in the next few months.